

CLYST VALLEY NEWS

JULY 2020



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MESSAGE FROM REV'D NIGEL MASON



It gives us great pleasure to share the news that the new Vicar, Rev'd Bill Lemmey, is to be Instituted on Monday 13th July to the White Cross Mission Community (that is, the parishes of Aylesbeare, Clyst St George, Clyst St Mary, Farringdon, Woodbury with Exton, Woodbury Salterton). We welcome Bill and his wife Daff to our villages, from the parishes of Porlock, Selworthy and Luccombe in the Diocese of Bath and Wells, where they have been since 2009.

Bill was ordained in the Diocese of Winchester in 2005 (as deacon) and in 2006 (as priest). He studied theology at Westcott House, Cambridge and currently is in his third year of studying part-time at Sarum College (Salisbury) for an MA in Christian Spirituality, with an emphasis on poetry.

Before studying for Ordination Bill read a degree in maths and obtained a PGCE so he taught briefly in Oxford and Bedford. He then became a youth worker in Bournemouth and ran a family centre in Taunton. He became a church youth worker before opening second-hand bookshops in Crewkerne and Lyme Regis.

Bill's hobbies are walking and praying (he participated in the diocesan pilgrimage from Yeovil to Glastonbury, whilst in 2016 he undertook a personal pilgrimage from the parish of Porlock to Holy Island, Lindisfarne). Bill loves to read, for he was a specialist in selling Penguin editions and is interested in crime fiction.

Prayer, people and community are all important to Bill in his ministry and sharing the Gospel in love (with the image of the Good Samaritan in Luke 10) with 'mission in whatever you do'. We look forward to meeting and getting to know Bill and Daff and I am sure they shall be given a warm welcome.

Our church buildings are open for private prayer! Alongside government advice and directions from the Church of England, the churchwardens have produced risk assessments and wisely, acting cautiously, have decided to open churches at designated times on specific days, with Woodbury Salterton (Mondays 3 – 6 pm); Woodbury (Wednesdays 11 am – 1 pm); Farringdon (Thursdays 2 – 5 pm); Clyst St George (Fridays 4 – 7 pm); Clyst St Mary (Saturdays 10 am – 1 pm) and Exton (Sundays (2 – 5 pm). All of this is kept under review (so times may be extended or varied); sadly at this time of writing services are not permitted within the buildings – but we wait for further government advice! [See notice also below.] Rev'd Nigel revdnigel540@gmail.com



WHITE CROSS MISSION COMMUNITY

These churches in the White Cross Community are opening weekly for private prayer:

MONDAYS	Woodbury Salterton	3 – 6 pm
TUESDAYS	All closed	
WEDNESDAYS	Woodbury	10 – 1 pm
THURSDAYS	Farringdon	2 – 5 pm
FRIDAYS	Clyst St George	4 – 7 pm
SATURDAYS	Clyst St Mary	10 – 1 pm
SUNDAYS	Exton	2 – 5 pm



Churches are only open for private prayer. No services are allowed at the moment.

Contributions, photos and letters to the editor for the August 2020 issue of the Clyst Valley News should be sent, preferably by email, to the editor, Peter Skelton, at clystvalleynews@gmail.com or to 3 Brockwells Court, Frog Lane, Clyst St Mary, EX5 1BX by Wednesday 15th July 2020 at the latest, please. Please note that contributions may be edited.

YOUR PHOTOS NEEDED FOR THE COVER OF THE CVN!



There must be a lot of budding photographers out there snapping away around our villages. After all, our neck of the woods is rather photogenic. Why not share your results with our readers? Most months we aim to put one nice pic on the magazine cover and we need yours! So please do send in your efforts to the editor, Peter Skelton, who will choose one each month to take pride of place on the front cover. Go on! Don't be shy! The best results are when you use relatively high definition settings but that's not a must. Just email them across to clystvalleynews@gmail.com and we'll do the rest. Simples! Thanks.

WHY NOT ADVERTISE IN THE CLYST VALLEY NEWS?

If you are interested in advertising in the Clyst Valley News for 2021, you can be put on our waiting list, with no obligation. Please contact the Editor, Peter Skelton, at clystvalleynews@gmail.com or on 01392 879857.

EDITOR'S NOTE



Hello and welcome to this July edition of the Clyst Valley News – once again online and in full colour! We don't think it's quite time yet, despite the gradual relaxing of lockdown measures, to take any sort of risk with the manual delivery of the printed version. We're reviewing the situation month by month and hope it won't be too long before we can come to some decisions about what we want to do when a form of normality returns to our strangely disjointed world!

I would greatly appreciate the views of you, our readers, as to what you think we should do in the future. The options, as I see them, are:

- Continue indefinitely and exclusively with this online version of the CVN (ie abandon for good the printed version).
- Revert exclusively to the (black and white) printed version of the CVN, delivered directly to households and businesses.
- Move forward with a hybrid approach, whereby we print and distribute the CVN, possibly on a reduced scale (ie fewer than the normal 1300 copies) AND continue in parallel to post online the digital, colour version.

Of course, there is a fourth option: stop producing the CVN at all. I'm hoping that wouldn't be anyone's preferred way forward!

Please do let me have your thoughts; they will greatly help us to make the right decision. May I also take this opportunity to remind readers that I have posted on the Facebook village sites my offer to send out individual pdf copies of the CVN directly to your email inboxes. All you need to do is drop me a line with your email address and the statement **'I am happy to receive the Clyst Valley News at this email address once a month. I understand that the CVN will not pass on my email address to any third party without my further written permission.'** The address to contact me at is, as I'm sure you know, clystvalleynews@gmail.com. Simples!

I'm grateful once again to our contributors for managing to come up with content for the magazine at a time when most village activities have been curtailed. There's a lot of stuff to catch your fancy – do look out especially for news on the partial re-opening of our churches; Barbara Scales' latest cryptic quiz; another lovely, informative walk from Clyde Bish; a poignant poem from our resident poet, John Smith; Norman Cann's fascinating weather report from Ebford; and plenty more besides.

A big thank you to Sienna and Tristan from Woodbury Salterton C of E Primary School for our cover photo this month. Lovely, vibrant artwork created at home. Well done both of you! I am sure many of you out there will be cheered by the latest announcements from the government about the planned opening up of, among other establishments, pubs and restaurants from 4th July; and of course getting barbers and hairdressers back in business will be an extremely welcome move for the large numbers of hirsute readers desperate for a trim (unfortunately I do not count among them...). Understandably, distancing and other measures will be in place so do be careful, won't you? The last thing we want right now is another spike in the infection rate.

Personally, I've been excited by the return of Premier League footie to our screens. It's a bit surreal, playing in empty stadia but it's still great to have some live sport back. And what about the Grecians getting to the League Two play-off final at Wembley! Fantastic achievement. Can they do it this time? Fingers crossed! We've also got the prospect of some cricket later in the summer. Slowly, slowly...

I hope you enjoy the magazine. My usual plea that if you've got any items that you think will be of interest for the August CVN, then please do ping them along to me at clystvalleynews@gmail.com. Stay safe and keep well. Once again, a huge debt of gratitude to all the NHS and frontline workers in our communities for the brilliant job you are doing to keep us safe and sane. Best wishes. Peter Skelton.

CLYST ST MARY



Clyst St Mary Church

Clyst St Mary Church would like you to know that we are very pleased to be able to open our church for private prayer. You are very welcome to come along to the church on a Saturday from 10 am to 1 pm. What to do is all available when you enter the church and the sanitisers are there so we would ask you adhere to all the present social norms which enable us to keep you all safe. As we move through the weeks, we may be able to add another day so

please look out for notices and the Facebook pages.

Thank you and we hope that you will make use of the chance to catch a breath and sit for a while. Pat Cusa, on behalf of the Parish Church Council

Coffee Mornings



These have been suspended until further notice.

Walking Group

Walks have been suspended because of the coronavirus outbreak until further notice.



Wombles



Obviously and sadly, we have had to suspend our litter picking activities over the last few weeks - although the litter doesn't get any less...which might lead to the question as to whether those going out more at this time are the mess-makers in our society?!

However, I appreciate that many of you are walking for exercise and already two very kind volunteers have borrowed the equipment to 'go it alone'. If you'd be happy to do this, please let me know and I'll leave the gear outside my garage for you to collect. If full sacks are too much for your own bins, I will arrange to get them collected from opposite the village shop. Roger Norman (01392 874597 or rogernorman@clyststmary.net)

Village Hall



We are in urgent need of new members to help in the management of the Hall if we are not to lose this important village asset. If committee work is not for you, we also need helpers for maintenance and repairs. If you think that you would like to get involved, please get in touch. At our website www.clyststmaryvillagehall.co.uk you can view a calendar of current Hall bookings and hire charges as well as downloading hire forms and conditions of hire. We have several Saturdays and Sundays available for hire in the post-coronavirus period. Anyone wishing to start a regular club should contact the caretaker for the special rates available to regular hirers.

Clyst St Mary Primary School



The end of the school year is fast approaching and with it, hopefully, the end of the strangest and most challenging period in education for many years; but some things don't change and we will, as usual, be

wishing our Year 6 children a fond and proud farewell as they move on to the next phase of their lives at secondary school. Sadly coronavirus will prevent the usual formal (Leavers Assembly) and informal (beach BBQ) goodbyes so we are making plans to hold a 'Goodbye Event' in the autumn term or as soon as social distancing guidance permits. We wish all our Year 6 children the very best for the future.

Since all our traditional summer term events have had to be set aside we have decided to hold a fun event which the whole community can participate in so come and join us on our virtual journey from Clyst St Mary Primary School to Cape Town in South Africa! Children, staff and families are recording how far they are cycling, walking and running so as a school community, we can make the 8,134 mile trip to Cape Town by Friday 17th July. On our journey we will pass through many countries, and the children will learn about the countries as we visit them. There is a dedicated page on our website <https://www.clyststmary.devon.sch.uk/clyst-to-cape/> that will be updated daily with people's mileage, a map showing where we are and fun photos!

We will be raising money for NHS Charities Together, Show Racism the Red Card and the fund for the new school toilets at Clyst St Mary. There are 8,134 miles to Cape Town and our aim is to raise £8,134. This is one way that the Clyst St Mary community can contribute to both important local and national issues as well as a way to raise money to improve the school environment.

We have a Just Giving page and would be very grateful for any donations that you could make. www.justgiving.com/crowdfunding/csmmps.

Have a lovely summer, stay safe and we'll see you all again in September.

Table Tennis Club



The Table Tennis Club has suspended all play for the time being but hopes to be back very soon! If anyone is interested in joining the club, please contact Pam Gardner either by telephone (07714 097220) or by email at pamelamgardner9@gmail.com.

FOR THE TENNIS, SHORT BOWLS AND BADMINTON CLUBS PLEASE LOOK OUT FOR NOTICES IN SUBSEQUENT ISSUES OF THE CVN AS TO WHEN ACTIVITIES WILL RESUME.

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From My Front Door - Your Choice (Another Enjoyable Local Walk)



If the Clyst St Mary-to-Sowton footpath is open, this walk can be used as an extension to last month's perambulation to explore the footpaths around Sowton Village. In which case it starts from where the previous walk turned back - at the War Memorial. But if you're not able to walk across the fields (or you don't want to add to the length of the existing walk), it can be used as a stand-alone exploration with alternative start points reached either by a short drive or a cycle ride.

For the former, turn right off the Honiton Road (old A30) at the Black Horse on to Sowton Lane. Follow the lane right at the Memorial and drive to where the road ends at a row of bollards where there is ample space for parking. Now walk 50 metres back down the lane to the footpath sign on the left where you can join the walk at point 9.

If you are cycling, take Frog Lane, then Bishop's Court Lane out of Clyst St Mary and continue past Bishop's Court Gardens and the East Lodge of Bishop's Court to the footpath sign on the left. Lock your bike to the fence by the stile and join the walk at point 4.

If you are adding this walk as an extension to the one printed last month then start at point 1 below.

1. Facing the War Memorial turn right, pass through the gateway and walk along the drive.



This is known locally as the Back Drive. The gate piers, of limestone, square-section, with pyramidal caps are Grade 2 listed. Sadly the wooden gate is no longer present. The West Lodge itself was built in 1834 as were the other lodges. About 450 metres along the drive you will cross a bridge over the mill leat. The cast iron railings, made about 1834, are also Grade 2 listed!



They are quite decorative having intersecting arches with quatrefoil panels between the lower rails, and the handrail. Sadly only one set survives. (Perhaps the other set was sacrificed for the war effort?)

2. Just before a gate the path bears left to a stile. Cross into the field.

From where you are standing, ahead and to the right gives the best view of Bishop's Court, originally the summer palace (and escape from disease outbreaks!) of the Bishop of Exeter. Built (or perhaps altered) by Bishop Branscombe in 1268 it was in use as such for 300 years and hosted Edward I and his queen when on a visit to Exeter. The final section of the drive skirts this field then swings right, crossing the boundary where the hedge changes to wire. The building still retains a considerable amount of its original early 13th century structure and is accompanied by an early 14th century tithe barn (where the local taxes in kind to the bishop were stored) and a stable block – a rare 16th century survival. Not surprisingly all are Grade 1 listed. Also located near here, probably in the attic of a cottage, was a Radio Sub-Station (call-sign Golding 2A) of the Special Duties Branch of the local Auxillary Unit. The exact location is unknown, intentionally, as these were set up by Churchill to report on Nazi activity after an invasion and were manned by locals who could justifiably be visible in the community, for example, doctors, clergymen and publicans. (René, the bar owner in 'Allo, 'Allo has such a radio in the bedroom of his mother – although it is unlikely that most would have had flashing bed-knobs!)

3. If you follow the direction indicated by the footpath pointer across the field you will come to an oak tree with a fallen branch and beyond it a stile leading into Bishop's Court Lane. Turn left here.

4. Walk up the lane to where a track leaves the road on the left at 3 Fawns Cottage.

This 17th century cottage is built with a mixture of Heavitree stone, brick and cob (which is primarily a mixture of clay and straw, often with dung to add to the stickiness). Once dry it is surprisingly weatherproof provided it has a damp-proof foundation and covered at the top, in this case by a thatched roof – 'A good hat and pair of boots!' Now it is often rendered, just to make sure.

5. Continue on the track. Cross the stile into the field and follow the hedge on your right over a shallow ditch until you reach a gate on your right. Here the footpath turns sharp left. Cross the field and leave through an opening on the opposite side. Follow the hedge on your right through the next three fields under the pylon line and cross the gated bridge over the River Clyst.

The River Clyst starts its 24-mile journey to join the Exe from near the hamlet of Clyst William. This settlement is not named after anyone. The name derives from the Anglo-Saxon word 'aewelm', meaning 'river source'.

6. Cross the next field to a bridge over a stream.

This is the mill leat. The weir on the River Clyst where the leat originates is only a few hundred metres upstream from here, with the probable overflow weir and channel to prevent the leat from bursting its banks just to your right. The leat bed is very overgrown compared with the leat in Clyst St Mary, but there the leat forms part of the flood defences. Here the river does not cause such problems (although Sowton Lane has been known to flood and old OS maps carry the legend 'Liable to Flood').

While you are here keep a look out for swallows and swifts flying low over the leat and drainage ditches hunting insects on the wing.

6. Cross the bridge then follow the hedge-line by the side of the drive to the lane.

Whichever way you look from here you will see one of the many listed buildings that grace the village of Sowton.

Along the lane to the right is Starrs Farmhouse. This was built during the early to mid-17th century. It is a through-passage plan house built of plastered cob and Heavitree stone with a gabled-end thatched roof. The hall is to the left, and the parlour to the right of the passage. A room to the rear of the parlour was probably originally a dairy. This arrangement follows the original plan of a longhouse in mediaeval times, except then the family lived on the parlour side of the passage and the animals on the other!

To your left is Venns Farmhouse, another three-room plan house, possibly with a cross passage, with its adjoining barn and farm building range, again probably having its origins in the 17th century. At the far end of the farm buildings there is a raised entrance to facilitate the easy loading of wagons.

Across the road are 3, 4 and 5 Sowton Lane. These three cottages were formerly a single farmhouse, again dating from the early 17th century but remodelled and partially rebuilt in the 18th century. The new-build to the right is where 1 and 2 stood but these were damaged in a fire and subsequently delisted.

Just about every other building in Sowton is listed. Seriously. Clyst St Mary has a number, but there is no contest. Perhaps this is a legacy of the Prayer Book Rebellion - Sowton was bypassed whereas Clyst St Mary was put to the torch and had to start again. Just an idea.

7. Opposite and slightly to the right is the start of the next footpath, which runs between the new-build and the listed cottages. This opens into Thomas's Field. (I don't know who Thomas was/is!) Aim for the gate ahead then follow the hedge. When it turns right, continue ahead aiming for a stile. Cross the stiles into the next field and follow the hedge-line on your left.

The early OS maps show this area as tree-covered Sowton Break (which extended into the field you will cross into next) with a forest drive running through it. You are probably taking a direct line across the field but the modern OS map still shows the path following the original curving line of the drive - and if you look on the satellite image on Google Maps you can still see the ghost of the drive following that line.

After you cross the stiles you will be in the field where HCE grow their turf.

8. Where the path meets the lane cross the stile then turn left.

9. Walk down the lane to the Memorial at the junction.

Soon you will pass into quite a deep cutting. This is the result of centuries of foot, horse and wheeled traffic wearing down the rock, no doubt assisted by rain running down what would have been an unsurfaced lane for most of its life. These hollow-ways are pointers to the longevity of a particular route.



The rock type forming the sides of the hollow-way is Dawlish Sandstone. (I know we're nowhere near Dawlish but rocks are named after the area where they were first described.) The rocks are red because they contain iron which oxidised (=rusted) as they were being formed in a hot desert climate for at this time the tectonic plate carrying the south-west peninsula was much nearer the equator. What you are looking at are fossilised sand dunes! Look closely and you can see the layers of sand as they were blown up one after the other over the dune, and boundaries where the angle of the slope of these layers alter – evidence of a change of wind direction in the desert around 280 million years ago.

Further down the lane is Virginia Cottage. Like much of Sowton it is early 17th century. Another three-room plan house, but in a different order, the heated rooms to either end, with an unheated service room between. Rather hard on the servants!

Near the bottom of the hill the drive to Sowton Rectory leads up on the right. It was built in 1722, primarily of brick, with a slate and leaded roof. So quite a prestigious abode befitting the Rector, who, along with the doctor and other local worthies, managed the Sowton Trust, a charitable organisation for the support of the poor and needy of the parish. A form of the Trust still exists (and may be being called upon in these difficult times).

[Once again, warmest thanks to Clyde Bish who researched and compiled this lovely, interesting walk; and to Roger Norman for the photos. Ed]

CLYST ST GEORGE AND EBFORD



Church News

Clyst St George Church will be opening on Friday afternoons from 4 to 7 pm for private prayer. We have had to follow Diocesan guidelines so the church looks different in that we have had to rope off areas. Please pay attention to the signage; the church will be quarantined for 72 hours after opening and cleaned before the next open period. We ask for your understanding during this difficult time. No doubt there will be

changes over the coming weeks. Best wishes, Paul Bragg and Jacquie Manser, Churchwardens

CSG Parish Council Chairman's Report July 2020

Slowly life is moving to a new normal, school partially reopened and the church open for private prayer on Fridays, but do check as things ease.

Whilst food shopping is now easier, I thought it would be an idea to give recognition to those local businesses that have given us good service during lockdown. To nominate a local firm just 'phone or email me; the recipients will receive a certificate of thanks from the Parish Council.

With all the good weather some have had picnics on the cricket field - it makes a lovely change, especially with young children. However please take your litter home with you. On the subject of litter, facemasks and disposable gloves should be disposed of in your black bin, preferably in a sealed bag. Not in the recycling! Dog owners please remember to pick up after your pet wherever you are in East Devon; it's a local order and you could be fined.

Keep safe. John Manser

john@jmanser.co.uk

01392 874861

Norman's Weather Report



My reluctance to predict anything for May was well justified as it turned out to be mega dry, with only 9 mm of rain falling on the 5th, followed by four weeks of drought here at Ebford. The 20-year average for May is 51 mm, almost exactly two inches.

The Met Office reports that the spring months of March, April and May together have apparently been the fourth driest since records began in 1862. I recorded only 98 mm (about four inches) for these months and can confirm that the spring of 2011 was the driest on record with only 46 mm (about two inches) here at Ebford.

As I write on 11th June, one of our now common mini-monsoons has just begun with an overnight drop of 23 mm! Watering can now cease for a few days until the mid-summer sunshine returns. Norman Cann

Lady Seaward's C of E Primary School



The children from Year 1 at Lady Seaward's C of E Primary have been working really hard on the school garden. The beds were cleared and the garden was tidied up by the gardener who ensured everything was ready for them to start their task! They began by putting fresh compost in the raised beds then split the beds into things the children can eat, including herbs and different berries while the other beds were filled with flowers. They really enjoyed being in the garden despite the drizzle!

The garden also now has a new bird feeder and bird bath and the children have lots of ideas to make the garden look beautiful; they even have plans for Lady Seaward's own resident scarecrow!!

Clyst St George Parish Hall



All our users will be aware that we have taken the decision to close the Hall until further notice. It is a regrettable decision but our main priority is to keep our Hall users safe.

For the villages of Clyst St George and Ebford there are groups set up to care for the vulnerable members who will now be in isolation. The Ebford Residents Group is happy to receive any

requests for help and they can be contacted by email to jralismith@hotmail.co.uk and for Clyst St George residents Claire Marks is organising assistance and she has an advertisement on the Clyst St George and Ebford Facebook page. Furthermore the Estuary League of Friends is arranging assistance for local residents and Darts Farm is taking orders for food delivery. We are extremely lucky that we live in an area where there is so much support for and within the local community. Pamela Diffey, Chairperson

Greetings Cards



We are always grateful to receive cards (except Christmas ones) for remaking and they can be left in the church which is normally open between 9 am and 5 pm each day. Visitors will also find boxes of made up cards for sale covering birthdays, get well, sympathy, new home, thank you, anniversary, etc as well as cards with no message or wording suitable for any occasion. Do call in and enjoy a few quiet moments browsing and perhaps buy a card. Linda Wilkerson (01392 873699)

SUSPENDED UNTIL FURTHER NOTICE

Nature Garden

Clyst St George has a delightful nature garden by the side of the parish church. The aim of the garden is to grow local Devon indigenous plants and trees and to encourage a Devon meadow

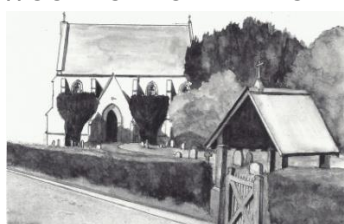
with local wild flowers. Should you wish to help develop this 'green' facility, you can come along on the first Saturday of every month from 9.30 to 11 am. (PLEASE CHECK IN ADVANCE.)

Little Dragons Pre-School

We are pleased with the outcome of our Ofsted inspection in April 2018, where we were judged to be 'good'. We still have a few spaces for children so do come and visit and meet our highly experienced staff team. We are based in Lady Seaward's School and open four days a week, from Monday to Thursday 8.45 am – 3.15 pm during school term times. For more information please telephone Elly on 07939 995486 (in school hours), email littledragons@live.com or visit our website www.littledragonsclyststgeorge.com.

NB THE PRE-SCHOOL IS CLOSED UNTIL FURTHER NOTICE.

WOODBURY SALTERTON



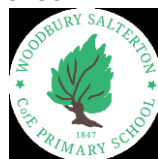
Monthly Coffee Mornings



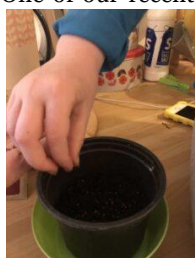
These have been suspended until further notice.

Woodbury Salterton C of E Primary School

It has been super to welcome back more pupils to Woodbury Salterton in addition to the key worker group that have been in school since the outbreak of the pandemic. The pupils and staff have adjusted to their new learning environment and routines; and have responded brilliantly to the social distancing and regular reminders about hand washing and hygiene. The school is now split into three bubbles – Yellow, Blue and Red. Some of the children's learning in school can be seen in the latest news section of the website. The reopening has meant a whole new way for staff to plan for lessons and daily routines and the Executive Head Teacher, Mrs Katy Gray and the joint chairs of governors have written to thank the whole staff team for all their extra efforts and enthusiasm. Staff have thoroughly enjoyed seeing some of the children again back in school and continue to think of activities for those who are continuing their learning at home for the time being.



One of our recent themes has been *Growth* and the children have been discovering lots of interesting facts about growing flowers, plants and the growth in our local environment and around the world. We wanted to share some of the wonderful examples from our website of home learning with you all.



• *Elanor is really enjoying the 'Growth' topic. She has set up a garden centre in the garden, investigated seed packets, talked to her grandma (a retired professional gardener) and made a big collage picture all about flowers. You will definitely need to give a few of the teachers some advice about gardening when you return to school. What a fantastic start to this topic*

Elanor – keep up the hard work!

- *The topic of growth was right up Shelby's street. Shelby and her family have already been busy planting things in their garden since lockdown and have started growing: strawberries, baby sweetcorn, carrots, pumpkin, runner beans and sunflowers. Shelby's is the winning sunflower at the moment! Well done Shelby!*



We have also lots of fantastic creations and art work that the children have been producing at home. The children have linked some of their work to the themes of home learning. We were most impressed by Sienna and Tristan's work and wanted to include it. [It's on the cover. Ed] For more information about the continuing work of our school please visit our website and see the latest news section <https://www.woodbury-salterton.devon.sch.uk/category/latest-news/>.

Whist Drive



This has been suspended until further notice.

Village Hall Activities

Woodbury Salterton Village Hall



The Hall is a great asset to the village and is a great space for community and private events. We have a few regular groups open to all; please pop in and say hi: community coffee morning, first Monday of the month, 9 to 11.30 am; Woodbury Salterton parent and toddler group, Monday mornings, 9 to 11 am; Woodbury Salterton WI, second Wednesday of the month, 7.30

pm; whist, third Tuesday of the month, 7.30 pm.

(PLEASE CHECK IN ADVANCE WHEN THESE ACTIVITIES WILL RESUME.)

AND FINALLY

The FORCE Cancer Charity Support & Information Centre is temporarily closed

but we are still here to help

Monday-Friday 09:30-16:30

For cancer support and information
plus advice on claiming benefits
☎ 01392 406151
✉ support@forcecancercharity.co.uk

For psychological and
emotional support
☎ 01392 406168 / 406169
✉ help@forcecancercharity.co.uk



Put Devon First Urges Leading Charity



A new campaign encouraging people who live in Devon to put their county first as it begins its recovery from the coronavirus pandemic has been launched by the charity Love Devon. As Devon navigates its slow and cautious route out of lockdown, it is encouraging people to put **#DevonFirst**.

Love Devon is the trading and fundraising arm of Devon Communities Together which works with a very broad range of people, from rural and coastal communities to more urban centres, people like you, or people you might know. The charity supports them to tackle a wide variety of challenges facing their communities in areas including affordable housing, entrepreneurship, rural isolation and loneliness, community buildings, sport and play, health and wellbeing, and responding to climate change.

The charity's Acting CEO Nora Corkery said: 'Funds are stretched and resources are set to get tighter as the recession deepens. Yet the need for support has never been greater. Those who donate to Love Devon will be helping our team of community project workers to make a real difference to people living in the county.' The projects include supporting older and vulnerable people who are struggling more than ever with loneliness and isolation or who are worried about physically reintegrating into their communities, as lockdown restrictions are lifted.

The charity will also be working with village halls across Devon as they reopen their doors and try and adjust to new ways of operating to remain at the heart of their communities; working with young people as they face challenges around unemployment and new ways of working; and supporting communities to develop and adapt their community emergency plans and increase their resilience.

Nora added: 'With the support from those who live in Devon, we can do all this and more and help rebuild Devon.'

To get involved, the charity is urging people to set up a regular donation for which they will receive a welcome pack including a reusable shopping bag. Donations can be set up online by visiting www.devoncommunities.org.uk/donate. Love Devon is also encouraging people to use the hashtags #DevonFirst and #RebuildDevon where possible.

Cryptic Quiz on Countries of the World

by Barbara Scales

See how many you can work out...

1. Don't cry for me!...
2. I'm nuts about this country.....
3. Uncle from Wimbledon Common.....
4. Humped animal minus its end and the beginning
of Wayne's last name?...
5. Is Ada able to do this?...
6. It's quite cold here.....
7. Could be bone or clay.....
8. A huge mammal.....
9. Lots of bacteria here?.....
10. Could be a bit slippery.....
11. In need of food?.....
12. Radio?.....
13. A short Malcolm goes into the water head first
14. Prince intensely yearns for.....
15. Perform a song with a minute opening.....
16. Susan initially is in agony.....
17. Eaten at Christmas.....
18. Sounds like a male goose follows the person being addressed.....
19. The territory ruled by the king is all together.....
20. Vegetable in its hideaway.....
21. Sounds like the organ in the mouth got top grade in the exam.....
22. Carry this chair?.....
23. Mention these things found on a beach.....
24. Ah! it appears a fish was called this.....
25. Paddington was from here.....

[Thanks again to Barbara for compiling this. Answers after Lockdown Laughs. Ed]

The Exeter Forum



Meetings of the Forum have been suspended due to the coronavirus outbreak until further notice.

Exmouth and District U3A Monthly Meetings



Meetings have been suspended because of the coronavirus crisis but will resume as soon as it is safe to do so – we hope in September. Look out for our announcement and stay safe!

There's No Need to Miss Your Topsham Favourites



As Topsham takes the road to recovery from the coronavirus, it wants to welcome back visitors from near and far who help to make the town so special for so many. The dozens of independent shops and businesses have always been a draw, especially when a meal or a coffee or that all-important retail therapy can be paired with a walk or cycle alongside our beautiful estuary. Now that is possible again but always in a safe and responsible way, sticking by government guidelines. You'll notice several differences as we reshape Topsham's unique style to today's needs.

For in-person shopping, you'll spot that almost all of our re-opened businesses offer social distancing guidance; many of the eateries



The Boathouse is takeaway only and brimming with treats

now offer a takeaway option and Love Topsham's volunteers have been working on extending the availability of seating in the town to accommodate locals and visitors alike to enjoy what's on offer.

Many businesses have resumed exclusive discount offers for holders of the Love Topsham Card - if you haven't yet got one, it's a perfect way to bag a bargain while also showing solidarity with the town and the essential 'shop local' concept.



The Salutation Inn now has fresh fish and other goodies services: many offer deliveries too.

And do you want something extra special? Perhaps a cake for that big birthday, help with health and beauty products, or even a delivery to keep Fido fed? Just make contact with the retailers and businesses themselves, to discuss what you need. Topsham has proved extremely versatile as everyone adopts to the 'new normal' and you'll find contact details for businesses on the Love Topsham website.

We've made it a little easier for cyclists with more bicycle racks at Matthews Hall and St Margaret's Church; Topsham's car parks and on-street parking systems have all now been reinstated; and the frequent train service continues, although government warnings remain in place on caution being required when using public transport.

But of course if you're missing your Topsham favourites and can't get to the town in person right now, just a click or two could bring much of the town to you. Please check out

www.lovetopsham.co.uk to see the many businesses that have expanded their online



New cycle racks at St Margaret's Church



Poetry Corner

Abandonment

By John Smith (of Clyst St Mary)

Along the well-trod path
The gate lies at its rest
The work now over, gently nestled
Among new season's
Grass and meadow flowers.

For twenty years, then aged,
Nose resting on the ground.
Walkers faithfully lifting it,
Like an old retainer
Kept on out of habit.

Until at last, some kindly soul
Has helped it to final rest
Against the hedge. And there it sleeps
Its last sleep, slowly
Returning to nature.



Yet even in death it serves,
Bringing art into the scene.
Had I skill with brush and paint
I could fashion beauty
To hang upon my wall.

©John Smith

Estuary League of Friends



Volunteer Thank You. We would like to say a huge thank you to all of our wonderful regular volunteers who help with the smooth running of Estuary League of Friends. And also a massive thank you to all of our new volunteers who have stepped forward

THANK YOU
TO ALL OUR AMAZING VOLUNTEERS!

and done so much to support the vulnerable in the community in and around Topsham during the Covid crisis. We couldn't have done it without you!

Sandwiches

Served with salad

Cheese	4.00
Ham	4.00
Tuna	4.00
Bacon	4.00
Egg Mayo	4.00

Paninis

Served with salad

Cheese	4.00
Ham	4.00
Tuna	4.00
Bacon	4.00

Jacket Potato's

Served with salad

Cheese	4.00
Tuna	4.00
Beans	4.00
Chilli	4.00
Curry	4.00

Special's

Fish and chips	6.00
Sausage and chips	6.00
Chilli with Rice	6.00
Chicken Curry with Rice	6.00
9inch Wonky Pizza Choice of 3 toppings: Pepperoni, Ham, Peppers, Pineapple, Tuna, Extra Cheese, Onions, Mushrooms, or Sweetcorn	6.00

Pasties or

Sausage Rolls

Pasty	1.50
Sausage Roll	1.50
Pasty and Chips	3.00
Sausage Roll and chips	3.00
Chips	1.50
Cheesy Chips	2.00

Drinks

Tea	1.50
Hot Chocolate	2.00
Cadbury hot chocolate	2.00
Coffee	2.00
Americano	2.00
Coffee Mocha	2.00
Coffee Cappuccino	2.00
Cans Selection of canned soft drinks	1.00

Café Take Away Menu. The Bradbury Café is now open for a take away service. All orders can be placed by calling 01392 879009. Orders must in by 11 am on that day and is a COLLECTION ONLY service! Everything is cooked to order with fresh, locally sourced ingredients by our in-house chef at Nancy Potter House. Above is our take away menu.

Meal Home Delivery. Would you or your loved one(s) like a hot delicious meal delivered to your door? Estuary League of Friends are offering two different meal choices each day. For example, one day you can have cottage pie with veg and gravy OR chicken curry and rice. YUMMY! And it comes with a dessert for £6! If you fancy any of these meals, please call the office on 01392 879009.



Shop Donations. Estuary relies heavily on our income from the two charity shops. This income isn't possible without donations of clothes, shoes, books, bric-a-brac and small pieces of furniture. Donations for us from now onwards will be only be accepted at Nancy Potter House on a Monday and Wednesday between 9 am and 4 pm. Please note the charity shops will not be able to receive donated items. Please ring the doorbell at the hub and a member of staff will guide you to a safe area to leave them. This will enable us to sort, price and prepare them for

sale in the shops and have staff available to place them in accordance with new Covid guidelines into a secure disinfection process. Please don't leave them outside our shops on the pavement or outside the hub doors as this not only causes a trip hazard but also puts our staff at risk having to handle them unnecessarily. We appreciate your support and can't wait to welcome you back in to the charity shops which will be following social distancing guidelines fully. Thank you.

National Lottery. We are delighted to announce we have been successful in our application to the National Lottery Community Fund (Protecting Vulnerable during the Coronavirus Outbreak). The award of £100,000 will enable Estuary League of Friends to continue to assist all those in need in our community over the next six months. Thank you The National Lottery Community Fund!

Home Help. We provide tailored services for people of all ages who require our help and assistance to live as independently as possible in their own homes. We provide cleaning, ironing; help with your laundry, and general housework.

- Running occasional errands - Provide a list of your shopping needs whether from the local shop or supermarket and we will collect for you. We can also collect prescriptions and help with banking, sorting mail and completing forms or paperwork.
- Sitting Service - This is a subsidised scheme for carers, which enables them to have daytime or evening breaks from their caring responsibilities. We can take the person you care for, for a walk, visit or drive.

If you would like to start any of our services, please give us a call on 01392 879009 and we will get you booked as soon as possible.

- **Nail Cutting.** We have now restarted our nail cutting service! Nail cutting will be held on Tuesdays and Wednesdays at Nancy Potter House by appointment only. £13 one-off first payment for clippers (which you can keep) and then £10 for each clinic booking, Start time: 9.15 am onwards; finish time 4 pm. If you would like to book an appointment, please call us on 01392 879009.
- **Booked Laundry / Post Office**





**Estuary League
of Friends**

**booked
laundry
SERVICE**

Price List:

Wash, Dry and Fold:

Small (up to 6kg) £10.00

Medium (up to 7kg) £12.00

Large (up to 9kg) £14.00

Excluding duvets and large items.

Ironing will be charged
at £14.60 per hour



**Collection and
delivery available;
please call
01392 879009.**

Duvets and Large Items:

Polyester Duvet

Single £11.00

Double £13.00

King Size £15.00

Feather Duvet

Single £15.00

Double £18.00

King Size £22.50

Pillows

Polyester £5.00

Feather £7.00

**Thick Blankets /
Bedspread**

Small £10.00

Medium £12.00

Large £15.00



**Topsham Post Office Is Open
For 1 To 1 Appointments.**

Our Opening Days & Times:

Tuesday: 9.30am – 3.30pm

Thursday: 10am – 3pm

**To book your appointment please
call 01392 879009.**

***No appointment, No entry!**



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Maintain minimum
distance of at least
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DO NOT ENTER IF YOU ARE SICK

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**healthwatch
Devon**

The Unsung Heroes Supporting Doctors and Nurses

Devon and Cornwall's hospital laboratories have played a vital role throughout the coronavirus (COVID-19) pandemic. This week their efforts were highlighted as part of Biomedical Science Day. [This week their efforts were highlighted as part of Biomedical Science Day.](#) Since the outbreak began they've set up the infrastructure to process hundreds of COVID-19 swab tests every day; delivered thousands of COVID-19 antibody tests and provided point of care testing in extended intensive care units and community sites, closer to patients.

We Must Do All We Can to Combat Health Inequalities: Response by Imelda Redmond, National Director, Healthwatch England, 10th June 2020



Following the events in the US and news here about [the disproportionate impact COVID-19 has had on people from Black, Asian, and Ethnic Minority communities](#), our National Director, Imelda Redmond said:

'We stand in solidarity with people from the Black, Asian and Minority Ethnic communities we serve. Recent events must make us all stop,

question ourselves and ask what we can all do better.

'What can we do to stand up against racism? How can we help society understand the reasons why people from Black and Asian communities have been so disproportionately affected by the COVID-19 outbreak? What more can we do to ensure equality and celebrate diversity?

'Local Healthwatch services have done much to champion the voices of those who are often overlooked or go unheard, but we must do more to help change the ways things are done.

'In our work to help communities recover from the COVID-19 pandemic, we need to all listen to the stories of those affected, make sure that everyone's voices matter and that lessons are learned.

'If you have had an experience of health and care support, whether good or bad, that services could learn from, I appeal to you come forward, talk to your local Healthwatch and have your say. **Together we can play our part in tackling health inequality and creating a fairer society for all.** How can I share my experience? We are calling out for people from Black, Asian, and Minority Ethnic backgrounds to share their healthcare experiences during COVID-19, to help services learn and improve.

You can share your experience by completing our [online form](#), or contacting your local Healthwatch.

Devon Charity Supporting Village Halls to Reopen Following Changing Guidelines



Independent charity Devon Communities Together has been supporting village halls and other community buildings throughout Devon during the past few months and is now

working with these vital rural hubs to help them safely navigate their way out of lockdown as Government guidance begins to make reopening possible.

Village halls have been closed since the lockdown was imposed and were due to be considered for re-opening when the Government's plan reaches stage three. However, on Monday 15th June the government changed the rules to permit holding indoor markets in community buildings, and it is expected that wider reopening of these important assets will be allowed from 6th July. Therefore, Devon Communities Together is circulating guidance on how to prepare for re-opening, based on the national guidance provided by Action with Communities in Rural England (ACRE), the national charity which champions and supports community-led projects and assets in the countryside.

The extensive guide, prepared by ACRE in conjunction with the network of county village hall advisors, helps halls through the regulations and guidance provided by government, local authorities, public health and professional bodies. Halls are encouraged to contact their user groups to work out how they could return whilst complying with social distancing requirements, good hygiene practices and knowing what to do if a user becomes ill. The guide provides checklists and model documents to help committees get their halls open safely.

Nora Corkery, acting CEO of Devon Communities Together (pictured), said: 'DCT has provided



extensive help to village halls ever since Covid-19 started to have an impact on communities. We have provided advice and guidance on a wide range of subjects and guided halls to apply for the Government's Covid relief funding, through our helpline and our village halls advisor. We have extended our service beyond our membership and have tried to reach all of Devon's village halls and similar community buildings.

'We look forward to the time when halls can re-open and welcome back their users. The requirements are demanding and we are pleased to be

able to assist the volunteer committees that run such important community facilities.'

Deborah Clarke, ACRE's Rural Evidence and Village Halls Manager said, 'Over the past couple of months we have been contacted by numerous volunteers who manage village halls wanting to know how and when they can re-open and help their community recover from Covid-19. That's why we've been working with relevant government departments to make sense of the emerging regulations and produce this guidance which is tailored to village halls. I encourage all village hall committees to read this information as it will allow them to put in place measures needed to make their buildings safe for use before they are given the green light to open their doors once again.'

To access specialist support in reopening your village hall or other community building, please contact 01392 248919 or email info@devoncommunities.org.uk.

Lockdown Laughs



I went to the zoo and saw a baguette in a cage. The zookeeper said it was bread in captivity.

What's it called when you apologise using dots and dashes? Remorse code.

A minister was asked to dinner by one of his parishioners, who he knew was an unkempt housekeeper. When he sat down at the table, he noticed that the dishes were the dirtiest that he had ever seen in his life. 'Were these dishes ever washed?' he asked his hostess, running his fingers over the grit and grime.

She replied, 'They're as clean as soap and water could get them.'

He felt a bit apprehensive, but blessed the food anyway and started eating. It was really delicious and he said so, despite the dirty dishes. When dinner was over, the hostess took the dishes outside and yelled, to her dogs, 'Here Soap! Here Water!'

How to tie the strongest knot ever.

Step 1. Put headphones in pocket.

Step 2: Wait one minute



his absence his name had been removed from the town register. He sent his wife to the town hall make a complaint to the mayor. 'I'm sorry,' said the mayor, 'I must have taken Leif off my census.'

I've just replaced my car engine with the motor from my washing machine. I'm going to take it for a spin later.

Postman: Is this letter for you? The name is smudged.

Man: No, it can't be for me, my name is Smith.

The wind blew the roof off my shed last night so my neighbour offered to help me out...Ta Pauline!

Scientists have proved conclusively that people who have more birthdays live longer.

When Lord Nelson died he was 5 feet tall. His statue in London is 15 feet tall. That's Horatio of 3:1.

The police station was broken into last night and vandals smashed all the toilets. A police spokesman said earlier today that they still had nothing to go on.

Fred goes into a hotel and says to the receptionist, 'I'd like a room please.'

Receptionist: 'Single, sir?'

Fred: 'Yes, but I am engaged.'

One day a Viking named Leif returned after a long sea voyage and found that during



The Countryside Code

Respect Protect Enjoy

Respect other people

- Consider the local community and other people enjoying the outdoors
- Leave gates and property as you find them and follow paths unless wider access is available

Protect the natural environment

- Leave no trace of your visit and take your litter home
- Keep dogs under effective control

Enjoy the outdoors

- Plan ahead and be prepared
- Follow advice and local signs

Produced jointly with Natural Resources Wales



www.gov.uk/natural-england

There has been a theft at Euro Disney. A man has been charged with taking the Mickey.

Answers to the Cryptic Quiz on Countries of the World

- | | | | |
|--------------|-----------------|--------------------|----------------|
| 1. Argentina | 2. Brazil | 3. Bulgaria | 4. Cameroon |
| 5. Canada | 6. Chile | 7. China | 8. Wales |
| 9. Germany | 10. Greece | 11. Hungary | 12. Luxembourg |
| 13. Maldives | 14. Philippines | 15. Singapore | 16. Spain |
| 17. Turkey | 18. Uganda | 19. United Kingdom | 20. Sweden |
| 21. Tonga | 22. Sudan | 23. Seychelles | 24. Rwanda |
| 25. Peru | | | |



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For further information contact
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www.devonvillagehalls.co.uk/clyststgeorge



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Aerial (drone) view of Clyst St Mary, courtesy of Dragonfly Images. Thanks to Andy Dowden.



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