

Church Services Pews Village Halls Re-opening Lockdown Laughs Inuit and Vegetables Quiz Truit and Vegetables Quiz Hev'd Bill's First Message John Smith's Poem Norman's WEATHER REPORT



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THE VICAR WRITES...



Two Weddings and a Funeral!

I have said a few times in the last few days that I feel a bit like Hugh Grant! Not really. But I do feel as if I have landed in the Mission Community; with an overrepresentative time spent in Clyst St Mary. Technically it was two weddings and a funeral over three days; but if we make the period eight days, it will have been two weddings and two funerals. I mustn't grumble – I gather Nigel once took four funerals in a week (I think – perhaps even more).

Ages ago, I wrote another article for my previous parish magazine called 'Three Funerals and a Wedding'; this time spread over five days. The most interesting part of the article was that, in this case, it was the wedding that was the most difficult; because I was in 'funeral mode'. However detached we are as clergy, or should be, inevitably we pick up some of the feelings that are 'kicking around' - so what was difficult then was switching from grief to joy and back. This time around the feelings are different, but in a way similar. Daff and I are in the middle of processing not very good news about her son, now in hospital having treatment (don't ask us at the moment for any more details). I received this news just after the funeral today, on Monday. Emotional rollercoasters do cause us some hassle and we need to be aware of that – it's where support mechanisms are so necessary. Let's make sure that the church (in the broadest sense of the word) offers that.

But in case I'm sounding too serious, there was one very amusing aspect to one of the weddings, which I'll finish by telling you about – all who attended church on Sunday, for real, or by *Zoom* forgive me for repeating myself – but it's a good story. All three weddings were very different, all seemed to be appreciative, which was nice; all had good reasons to be held this year, and soon.

Anyway, at this particular wedding, at one of 'my churches', there was an over-keen young man giving away the bride (not the father, I hasten to add). He'd learnt the words he had to say: when I said the well-known words: 'Who gives this woman to be married to this man?', he had to say, 'I do.' Well...he remembered the words all right, but the timing was slightly awry.

A little earlier in the service, I asked another question and paused before I moved on. Bright as a button he piped up, 'I do.' Unfortunately the question was: 'Does anyone know of any reason why these two should not lawfully marry?' Oh dear...

Fortunately I said, 'I'm going to ignore that', assuming it to be a joke in bad taste, and continued. At another point 'I do' was said again, and then I realised who it was. Luckily the third time he got it right, and should have deserved the round of applause he got at the rehearsal. But it's the first time I've ever had an interruption at that point – let's hope it's the last!

The point of my Sunday sermon was that we need to find the right time to say 'I do', when God is nudging us to do something. Perhaps that might be when a neighbour or a friend is on their own rollercoaster; let's pray to have the courage to say 'I do', when asked for support. Blessings. Bill and Daff Lemmey, Woodbury Vicarage revbillwhitecross@gmail.com

WHITE CROSS MISSION COMMUNITY



The churches in the White Cross Community are open weekly for private prayer:

MONDAYS	Woodbury Salterton	3 – 6 pm
TUESDAYS	,	All closed
WEDNESDAYS	Woodbury	10 – 1 pm
THURSDAYS	Farringdon	2 – 5 pm
FRIDAYS	Clyst St George	4 – 7 pm
SATURDAYS	Clyst St Mary	10 – 1 pm
SUNDAYS	Exton	2 – 5 pm
1 1 f -		

Churches are open at these times only for private prayer.

Please also see the schedule of WCMC church services for September towards the end of the magazine. In addition, at 11.30 am every Sunday there will be a *Zoom* service for those who prefer not to travel to church or feel more comfortable at home at the moment or would just like to join us. I will send you a link for these Zoom services (and advice if anyone needs it on how to access *Zoom*) - just email me as I need your email address for the link. Jill Dupain (church admin officer) at <u>dupain@hotmail.co.uk</u>.

Contributions, photos and letters to the editor for the October 2020 issue of the Clyst Valley News should be sent, <u>preferably by email</u>, to the editor, Peter Skelton, at <u>clystvalleynews@gmail.com</u> or to 3 Brockwells Court, Frog Lane, Clyst St Mary, EX5 1BX by Tuesday 15th September 2020 at the latest, please. Please note that contributions may be edited.

YOUR PHOTOS NEEDED FOR THE COVER OF THE CVN!

There must be a lot of budding photographers out there snapping away around our villages. After all, our neck of the woods is rather photogenic. Why not share your results with our readers? Most months we aim to put one nice pic on the magazine cover and we need yours! So please do send in your efforts to the editor, Peter Skelton, who will choose one each month, Try to use relatively high definition settings but that's not a must. Just email them across to <u>clystvalleynews@gmail.com</u> and we'll do the rest. Simples! Thanks.

WHY NOT ADVERTISE IN THE CLYST VALLEY NEWS?

If you are interested in advertising in the Clyst Valley News for 2021, you can be put on our waiting list, with no obligation. Please contact the Editor, Peter Skelton, at <u>clystvalleynews@gmail.com</u> or on 01392 879857.

EDITOR'S NOTE



Hello and welcome to this September edition of the Clyst Valley News. As you can see, we are continuing with the online version of the magazine again this month – the consensus view among those directly involved with the CVN is that the prognosis for the Covid-19 pandemic has not improved sufficiently to enable us to go back to hand delivering the printed version just yet. We continue to review the situation on a month-by-month basis. I remain

acutely sensitive to the needs of many of our regular readers who, for one reason or another,

are not getting to see the magazine at the moment. I can only reassure them once again that we are actively thinking about how best to solve this dilemma – and obviously, the end of the pandemic is going to help a lot! That may be a while away yet so, in the meantime, may I please again ask those of you who can access this online version to look to see how you might share it with friends and neighbours who you think would like to see it? Thank you.

Now the commercial! Please don't forget that I'm happy to send you and/or your fellow villagers your own copy of the CVN direct to your email address every month. All you have to do is email me at <u>clystvalleynews@gmail.com</u> with the following message:

'I am happy to receive the Clyst Valley News at this email address once a month. I understand that the CVN will not pass on my email address to any third party without my further written permission.'

We've had a good response to this offer so far but we need a lot more subscribers! So please do sign up! You can cancel at any time.

This month I am delighted to be including the first monthly contribution by our new vicar, Bill Lemmey, in the magazine. Welcome aboard, Bill!

My thanks to Chris Scanes for this month's cover photo. It shows the work in progress to provide improved flood protection for residents in Clyst St Mary. You can read Chris's interesting Letter to the Editor, accompanied by more photos, in the magazine.

Well, the Skelton family had pretty much given up on plans hatched last year for a summer continental driving holiday, with a week on the Italian lakes, because of the pandemic but when the government removed the quarantine regulations for those returning from the countries we wanted to visit, suddenly it was all on again! So off we went in our own little car-shaped bubble, face masks and sanitiser at the ready, and headed via the Channel Tunnel through France, Germany and Switzerland to our destination on Lago Maggiore. I have to say that we were very impressed with the adherence to Covid-19 rules in all the countries we visited and just got used to wearing our masks a lot; and frequently sanitising and/or washing our hands. With these constraints we were still managing to have a really enjoyable holiday.

However, towards the end of our week in Italy our government re-imposed 14 days' quarantine for travellers entering the UK from France. This was not good news...but what to do? After lengthy deliberation, we cancelled our accommodation bookings in France for our return journey and re-booked ourselves in places in Germany, with the last night just inside the border with Belgium. Our crazy plan was to drive non-stop from there, across the whole of Belgium and on to the Channel Tunnel terminal just in France. By doing this, the rules said that we would not have to quarantine once we got back home. And that's what we did, enduring a 3 am start and a gruelling 460-mile drive from Germany back to Clyst St Mary in one day. No pain, no gain so I guess it was worth it. It was certainly hugely beneficial to get away; and I acknowledge we were extremely fortunate to have this opportunity for a break from the semi-lockdown routines we've all been putting up with for months now.

To end, a little mention of some of the goodies you'll find in this month's CVN. Barbara Scales has another brilliant quiz for us, this month on fruit and vegetables; there's a poignant sonnet from our resident poet, John Smith; we have Norman's regular weather report; you can see more news on how Topsham is successfully emerging from lockdown; there's Lockdown Laughs; and, of course we include encouraging reports on the determination to get back into the swing of village life.

Enjoy the magazine and keep safe; and good luck to all pupils and students going back to school this month for the first time in months. And, as always, a big shout out to all the NHS and frontline workers in our communities for the inspiring job you are doing to keep us safe and sane. Best wishes. Peter Skelton

CLYST ST MARY



Clyst St Mary Church

With Bill, our new vicar, at the helm you will see in the magazine that services for the White Cross Mission Community have been put together alongside Covid safety. Clyst St Mary Church's service will be on Sunday 6th September at 9.30 am and the All Age Service will be on Sunday 20th September at 9.30 am. You are all very welcome and we would like to hear from families regarding

our All Age Services. Our breakfast services cannot happen at present because of compliance with no food and drink to be consumed but we would like to chat about how best to meet the growing pressures on families at present. Call Pat on 01392 877907 or Linda on 01392 875708 if you would like to start up again; and thank you everyone for your patience and hope to see you very soon. Pat and Linda - Churchwardens

Weddings in Clyst St Mary Church



On 1st August our new vicar of the White Cross Mission Community, Rev'd Bill Lemmey, held his first wedding at Clyst St Mary Church. On a bright sunny day he married Rebekah Lambert and Alex Redhead, supported by their families and close friends. In this time of Covid-19, the Church has many dos and don'ts around safety, cleanliness, social distancing so the church was moved around to accommodate the allotted 30 guests. It worked well and the service didn't lose any of its importance, despite the situation. We would like to wish Alex and Rebekah many happy years together in Bristol and it was a pleasure to help them tick all their required boxes to ensure a memorable day.

Sunday 23rd August saw Kennedy

Hiley and Jake Purdey of Clyst St Mary exchange their vows in Clyst St Mary Church. They too had the allotted 30 guests and the church was beautifully decorated with flowers by Margaret Stanfield. Their family and close friends gathered to wish them well for their future and those of us at Clyst St Mary Church join in with our best wishes.



We wish to thank everyone attending both of the weddings for helping us deliver the services as laid down

in Covid guidance and you all made our life much easier in delivering your weddings in a safe way. Good teamwork.

Church Coffee Mornings

ő These have been suspended until further notice.

Wombles



Sadly, we've had to be sensible about 'Wombling' over the past few months and not do it! Looking around the village, I'm afraid it shows! However, as restrictions ease, I feel sure that by applying common sense (who mentioned that?!), we could start to clean up our environment again. So...we're always glad to welcome new volunteers and we have all the

equipment to keep you safe. If you'd like to help, please contact Roger Norman on 01392 874597 or at rogernorman@clyststmary.net and in the next week or so we'll get started again. Many thanks.

Walking Group



It has been so long since we last joined together for a walk and have decided to give it a whirl again. We will all of course look to the rules of Covid as we trial a new start. This means a picnic will be bought along with your drink, etc. We will eat this socially distanced, come rain or shine. We will go in our own cars except if you are in family groups or in a bubble. Obviously outside we will not need to wear masks but if you choose to do so that is absolutely fine. Bring one anyway.

The date is Tuesday 15th September and we will meet as usual in the Village Hall car park for 10 am. We have yet to choose the walk but will ensure it isn't strenuous because this is our first time since February and we want to try out our new way of joining in a walk. If you are new to the area please do come along and join us and try us all out for size!! We all walk at our own risk. Pat and Peter Cusa will be leading this walk and our 'phone number is 01392 877907 if vou have any queries or questions. Look forward to seeing you on the 15th.

RIP John Beattie

Clyst St Mary residents are sad to announce the death of John Beattie. husband of Linda and father to Neil, Keith and Jo. The family have been longstanding residents and active participants in the life of the village. John was a Scotsman and was a wonderful participant in our Burns Nights that we have held in the village over many years. John was a member of the English Department at Exmouth Community College and has left a legacy with many students of an enthusiasm for English and English verse that would have enriched their lives. John always had a poem, a saving, a quote for every occasion and they will be sorely missed. Rest in peace, John; and thank you.

Bishops Clyst Parish Council



The Parish Council has just been notified that Burrington Estates have submitted a number of amendments to their original planning application for Winslade Park under the planning reference 20/1001/MOUT. Full details are https://planning.eastdevon.gov.uk/onlineavailable to view at pplications/applicationDetails.do?activeTab=summarv&kevVal=OADR4KGHLPDo O. Residents are encouraged to make their views known either to East Devon District Council or the Parish Council at bishopsclyst@gmail.com by the deadline of 18th September. The Council will be arranging a special meeting to discuss the amendments and details will be posted in the Parish noticeboards and circulated via the CSM Facebook page.

- Bishops Clyst Parish Council is pleased to advise parishioners that we have, following interviews and despite the Covid-19 restrictions, been able to appoint a new Parish Clerk. Her name is Karan Bennett and she is working from the Parish Council office in Clyst St Mary Village Hall on Monday to Wednesday, 9 am to 1 pm. She can be contacted on 01392 874405 or by email at bishopsclyst@gmail.com.
- We are still in urgent need of new councillors to fill vacancies. Potential new planning rules, continued pressure for development and the unsatisfactory state of the existing

transport infrastructure mean that there is an important and growing role for councillors in ensuring that the community is safeguarded. Please contact our Clerk if you would like to join us. If you need more information or to discuss what is involved, please 'phone our Chairman, Rob Hatton, on 01392 874305.

Village Hall



We are pleased to announce that Clyst St Mary Village Hall is open again for hire following the Covid-19 shutdown. During the shutdown we have taken the opportunity to redecorate the Hall and fit new lights and the Hall is now looking very smart.

There are extra hire conditions related to Covid-19 precautions and there are still some things which are not permitted under the regulations. Please check the government website and speak to the caretaker if you are unsure before booking.

We are developing a new website for the Hall and hoping to move to online booking at some point. If you are a confident computer user and could help us with this, please speak to our Treasurer, Roger Norman on 01392874597. We are prepared to offer payment for this work if we can find a suitable candidate.

Ofste

Clyst Valley Pre-School



Clyst Valley Preschool - Clyst St Mary www.clystvalleypreschool.org - Phone: 01392 876615 Email: admin@clystvalleypreschool.org

Places available for September 2020

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- and take your litter home
- Keep dogs under
- effective control

Enjoy the outdoors

- Plan ahead and be prepared
- Follow advice and local signs

Produced jointly with Natural Resources Wales www.gov.uk/natural-england

Table Tennis Club



The Table Tennis Club has suspended all play for the time being but hopes to be back very soon! If anyone is interested in joining the club, please contact Pam Gardner either by telephone (07714 097220) or by email at pamelamgardner@gmail.com.

FOR THE TENNIS, SHORT BOWLS AND BADMINTON CLUBS PLEASE LOOK OUT FOR NOTICES IN SUBSEQUENT ISSUES OF THE CVN AS TO WHEN ACTIVITIES WILL RESUME.

CLYST ST GEORGE AND EBFORD



Clyst St George Church Services

The first Holy Communion in the White Cross Mission Community was held at Clyst St George at the end of July and since then we have held one service at a Mission church every Sunday. From the beginning of September a new rota of services will commence so the Lay Team at St George's would like to invite you to a Lay Led Morning Worship at 9.30 on Sunday 13th September and a Holy Communion Harvest Service at 9.30 am on Sunday 27th

September. Masks, social distancing and hand sanitizer will be in use. Do come and join us; all are welcome. Jacquie Manser and Paul Bragg, Churchwardens

Nature Garden

Clyst St George has a delightful nature garden by the side of the parish church. The aim of the garden is to grow local Devon indigenous plants and trees and to encourage a Devon meadow with local wild flowers. Should you wish to help develop this 'green' facility, you can come along on the first Saturday of every month from 9.30 to 11 am. (PLEASE CHECK IN ADVANCE.)

Norman's Weather Report



July was a very dry month of course, increasingly warm and only 15 mm (2/3)inch) of rain fell here at Ebford. This made it the second driest July in the last 20 years (only 3 mm in July 2016).

The average over the last ten years was 45 mm and the average between 2001 and 2010 was 66 mm. So Julys are becoming drier, it would seem. Comparable

figures for June over the same years were 68 mm and 58 mm; so Junes are getting wetter!? As I write, a third of August has now passed and without a promised thunder storm is proving to be very hot and dry. This is good for holidays, I suppose but disastrous for lawns and gardens. Norman Cann

Clyst St George Parish Hall



Clyst St George Parish Hall Management Committee are pleased to announce that we are open once more to anyone who wants to hire the Hall. We are not making the Ethel Cann Room available at the moment as it is too small to adhere to the social distancing rules. The Hall has been redecorated and is looking splendid. There are hand sanitising units at strategic points in the building

for the use of the hirers and hirers are asked to be responsible for making sure that they adhere

Protect Enjoy

Respect other people • Consider the local

- outdoors

Protect the natural

environment

to the government guidelines for holding gatherings in a Covid-safe way. Our cleaner will use PPE when working in the Hall and he has special cleaning fluids to make the area as safe as possible. We are not sure when we will resume the coffee mornings, Big Breakfast or the quiz evenings but we hope it will not be long before these things can resume. Watch this space! Enquiries to Claire Marks at <u>clyststgeorgeandebfordvhall@outlook.com</u> or 'phone 07834 234546. Pamela Diffey (Chairperson) 01392 877497

Greetings Cards



We are always grateful to receive cards (except Christmas ones) for remaking and they can be left in the church which is normally open between 9 am and 5 pm each day. Visitors will also find boxes of made up cards for sale covering birthdays, get well, sympathy, new home, thank you, anniversary, etc as well as

cards with no message or wording suitable for any occasion. Do call in and enjoy a few quiet moments browsing and perhaps buy a card. Linda Wilkerson (01392 873699) SUSPENDED UNTIL FURTHER NOTICE

Little Dragons Pre-School

We are pleased with the outcome of our Ofsted inspection in April 2018, where we were judged to be 'good'. We have now re-opened and will be operating at full capacity from September. We are based in Lady Seaward's School and open four days a week, from Monday to Thursday 8.45 am – 3.15 pm during school term times. Do come and visit and meet our highly experienced staff team. For more information please telephone Elly on 07939 995486 (in school hours), email <u>littledragons@live.com</u> or visit our website <u>www.littledragonsclyststgeorge.com</u>.

WOODBURY SALTERTON



Woodbury Salterton Church will continue to be open for private prayer. You are very welcome to come along to the church on a Monday from 3 to 6 pm. What to do is all explained when you enter the church and we would ask you adhere to all the present social norms which enable us to keep you all safe.

There will also be a Holy Communion Service on Sunday, 6th September at 9.30 am; and a Family Service on Sunday 20th September, also at 9.30 am. More details at the end of

the magazine. Masks, social distancing and hand sanitizer will be in use.

Village Hall Activities

Woodbury Salterton Village Hall



The Hall is a great asset to the village and is a great space for community and private events. We have a few regular groups open to all: community coffee morning, first Monday of the month, 9 to 11.30 am; Woodbury Salterton parent and toddler group, Monday mornings, 9 to 11 am; Woodbury Salterton WI, second Wednesday of the month, 7.30 pm; whist, third

Tuesday of the month, 7.30 pm. (PLEASE CHECK IN ADVANCE WHEN THESE ACTIVITIES WILL RESUME.)

Monthly Church Coffee Mornings

These have been suspended until further notice.





At the start of coronavirus lockdown, a group of people in our village set up a support network for those obliged to stay at home. As happened in other villages the length and breadth of the country, volunteers did shopping, visiting and running errands. We appreciate the strong community spirit in Woodbury Salterton and thank warmly all who helped so selflessly.

While we are grateful to all who helped we would like to make a special mention of the prescription picking up service which carried on until the

end of July. Patrick Bricknell went to the surgery at Woodbury nearly every day for 18 weeks collecting prescriptions and delivering them. Thank you Patrick and all the other volunteers who made such a difference to our lives at this difficult time.

WI Coffee Morning



On 16th July a good number of WI members met in the garden of The Digger's Rest and enjoyed coffee and cake and a good observing social distancing.

natter while observing social distancing, Thanks to Arwen and Dan for making this such an enjoyable occasion and for the delicious cakes. It was so good to meet up with friends again and gave us all some feeling of a bit of normality. There will be



another coffee morning there towards the end of August.

Whist Drive

This has been suspended until further notice.



LETTER TO THE EDITOR

Dear Peter Clyst St Mary Flood Protection Scheme Update



I thought maybe your readers would be interested in our long-awaited Flood Protection Scheme. Firstly, many of the trees had to be felled, prior to building a roadway to take the 35-ton pile driver. Also, near the old bridge, the leat stream had to



be rerouted to make way for the roadway. All this, together

with rodding and clearing certain drains and sewers took until the end of July. The pile driving machinery then arrived on site and used a massive auger to drill down where the sheet piling is to go so as to reduce noise and vibration. Now the serious business of pile-



driving has started. This started yesterday (7th August) and is due to finish in about four weeks. After that there is quite a bit of ancillary

work to do, with the whole operation due to complete in October. Attached is a selection of photos I have taken. It should also be said that all the contractor's people are courteous, careful and efficient. It is pleasing to see such skills at work. Regards, Chris Scanes



[Many thanks, Chris. Please also see our cover photo this month. Ed]

AND FINALLY ...

The FORCE Cancer Charity Support & Information Centre is temporarily closed **Dut we are still here to help** Monday-Friday 09:30-16:30 For cancer support and information plus advice on claiming benefits ☎ 01392 406151 Monday-Teriday 09:30-16:30 Tor psychological and emotional support ☎ 01392 406165 Monday 406169 Monday 406169

The Exeter Forum



Meetings of the Forum have been suspended due to the coronavirus outbreak until further notice.

Poetry Corner

A Sonnet of Faith by John Smith (of Clyst St Mary)

Times river flows and fords Cannot be twice crossed although Our memories lead to loving words And bonds unbroken still I know. Orpheus and Eurydice were never Able to accept death's parting, In their future joined forever And always searching for new starting Where breath and human dust can Bow to spiritual concord ever Without an end in lifetime span A living love that nought can sever. And thus to gain the peace that lies In knowing that only the body dies. ©John Smith



Cryptic Quiz on Fruit and Vegetables by Barbara Scales

Please be prepared to think outside the box for some answers; all are the names of a fruit or vegetable.

eggetaetet
1. Hail one and it may tell you how old it is
2. Sounds like the start of a sentence that is the beginning of prayers in church
3. Did the the cooking vessel eat the foot digit?
4. Headwear with the river that flows between Wales and England missing
5. Jack found one in the pie
5. Jack found one in the pie
7. Creative but had to pull this out to get the car started.
8 Did Keith find this whist looking around someone's abode?
9. Did the vehicle go to the scrap heap after developing this?
 10. I will ring this bloom
11. Emerge from this European Country without its end
12. Product of New Zealand?
13. Sounds like a couple
14. Change direction and pinch sharply
15. Tree followed by computer maker
16. Can be black or white
17 Redskin?
18. May have initially been in distress but ended as a male relative
19. Do this to the game to make it messy
20 Obtain fuel from this and meet a family member
21. Sweet as the moment they popped?
22. Known to be chilled?
 21. Sweet as the moment they popped?
24. Sugary blemish on the foot

25. 26 mile vegetable?.....

[Thanks once again to Barbara for compiling this. Answers after Lockdown Laughs. Ed]

Exmouth and District U3A Monthly Meetings



Meetings have been suspended because of the coronavirus crisis but will resume as soon as it is safe to do so. Look out for our announcement and stay safe!

www.healthwatchdevon.co.uk 0800 520 0640

healthwatch Devon

Flu vaccinations to start in September

This year will see the biggest flu vaccination programme ever carried out in the UK, and local surgeries are already gearing up to meet demand and some surgeries are encouraging patients to book an early appointment.

Priority will be given to 'At Risk' patients and those aged over 65 but the additional qualifying group, those aged 50-64 and children, will soon be advised when they can be vaccinated.

This newsletter will carry updates on the vaccination programme. Details will also be available on surgery websites and you will be able to book appointments via online apps including the NHS app and Patient Access.

For details about who should have the vaccine and why, follow the link below to download a leaflet in a range of languages.

Find out more

No extra charge for PPE if receiving health service dental care

The Department of Health has confirmed that dentists are not permitted to charge patients who receive health service dental care additional amounts for PPE. However, if dental treatment is provided privately, dentists are able to request a supplement for PPE.

In response to questions posed by The Impartial Reporter requesting clarity on the introduction of additional fees for PPE used during dental appointments, a Department of Health (DoH) spokesman stated: 'Fees charged to patients for health service dental care are regulated and set out in the Statement of Dental Remuneration. Dentists are not permitted to charge patients receiving health service dental care additional amounts for PPE.'

The Department spokesman noted that should the Health and Social Care Board (HSCB) be made aware that health service patients are being charged in excess of the statutory charges, then the matter will be investigated.

READ MORE



Healthwatch Devon helps people get the best out of their local health and social care services by gathering feedback about experiences of using these services

Talk to us on: 0800 520 0640 Click to find out more

Mobile Library Service Back in Business

Fridays 18th September, 16th October, 13th November and 11th December

Village	Stop	Arrive	Depart
Aylesbeare	Nightjar Inn	09.50	10.10
Clyst St Mary	Cat and Fiddle	10.30	10.50
Clyst St Mary	Winslade Park	11.00	11.20
Clyst St George	School	11.30	11.50
Exton	Station	12.10	12.30
Woodbury Salterton	Kennels	12.50	13.10
Woodbury	White Hart	14.00	16.00

NEW Choose and Collect service Devon Libraries from Exmouth Mobile Library



Devon Mobile Libraries will be back on the road bringing books to you from July 13th 2020. To make sure that customers and staff are safe, we will only be offering a new type of contactless service for the time being. It's called **Choose & Collect**.

What is Choose and Collect?

- a free delivery of up to 5 books or audiobooks per person.
- selected by staff based on your reading preferences.
- you collect from your usual mobile library stop selections available for adults and children

How do I make sure I get a Choose and Collect delivery

- Even if we rang you to offer you your first delivery, we regret we can't do this every month. You must contact us to order again.
- Order at least 1 week before the mobile library visits your village or stop. You can check Exmouth Mobile Library timetable on our website:
- www.devonlibraries.org.uk/web/arena/mobilelibraries
- Order a delivery by emailing exmouth.library@librariesunlimited.org.uk or calling 01395 272677.
- Remember to tell staff you are a mobile library customer. New customers are welcome, just mention you wish to join the mobile library.

What else do I need to know?

- If you are experiencing any Covid-19 symptoms please don't come to the library. We will bag up your books ready for collection, they will have already been issued to your library card to reduce contact.
- Please use our hand sanitiser station and follow social distancing rules when you collect and return items. All returned items will be guarantined for 72 hours.
- We can only deliver pre-ordered selections for now, and regret that staff can't check the shelves for items while you wait during this phase of reopening.
- Items will be collected and returned at the entrance of the mobile library. You
 won't be able to enter the vehicle to browse or choose for yourself.
- We look forward to seeing you again, please be patient while we get used to this new way of working.

Facebook.com/de **Devon Libraries is part of** Unlimited 🚹 🕥

STOP PRESS! As of September people will be allowed back on to the mobiles. Social distancing will exist and masks will have to be worn. We have hand sanitiser and are asking everybody to sanitise before touching the books, leaving them as safe as possible to handle. Any returned books will be quarantined for a minimum of 72 hours and a restriction remains on quantity of issues which at present is five per card.

Topsham's the Place for the Last of the Summer Time



There's still time to enjoy Topsham's shops, pubs, restaurants and other businesses - and some sultry afternoons on the estuary - before summer draws to an end. With outdoor dining and a vast range of takeaways we've shown the new normal can

be really rather special, and safe. Now we're talking with traders and residents to see how we can continue this into autumn, coping with social distancing during more difficult weather; please check www.lovetopsham.co.uk for the latest news.



Topsham's Fore Street.

The most obvious new feature in town is the Topsham bunting. It's previously been reserved only for our Charter Day celebration but as the days shorten so we hope the flags and pendants will keep our spirits high and serve as a symbol to visitors that the town remains fully open for business.

And while you're here, do please check out our latest new benches. They're ideal for late summer picnics. chatting with friends and watching the estuary, and they're located at various spots around town such as the Recreation Ground, and down at the Quay. These benches are provided for visitors and locals by Love Topsham with a much-appreciated contribution from local Councillor

Andrew Leadbetter's Devon County

Council locality fund. If you're dropping in to us on a Saturday in the near future you might catch the final notes of our Summer of Sounds - specially selected buskers invited to play at

make those shop queues and lunchtime drinks a little more enjoyable each Saturday, usually between 10 am and 1 pm - let us

know what you think of them! Meanwhile someone familiar to many Topsham visitors, Mary Lambert, has now become a Love

Fingers 'n' Fumbs in Topsham's Topsham supporter. Mary is best Fore Street as part of the known for her family's beautiful home,

Summer of Sounds programme. Wixels, which so many visitors have seen, often at charity open days. Do watch out for brief videos on our social media channels, where Mary proudly explains why she is a Love Topsham cardholder. Talking of which, a Love Topsham Card is a 'must have' this autumn for making the most of trips to our town. A minimum donation of just £3 per month, which helps fund activities to make the town so special - and allows you to have some bargain purchases with many shops giving special offers to cardholders.

As ever please check www.lovetopsham.co.uk when you can. Until next time, see you in town!

Enjoy takeaways from local eateries at Topsham's new picnic benches at the Recreation Ground as well as the Quay.

the shopping area on Fore Street and at the Quay. The aim is to



Mary Lambert, well known and long-term local resident, with her Love Topsham Card.

Estuary League of Friends



Café Take Away Menu. The Bradbury Café is open for a take away service. All orders can be placed by calling 01392 879009. Orders must in by 11 am on that day and is a COLLECTION ONLY service! Everything is cooked to order with fresh, locally sourced

ingredients by our in-house chef at Nancy Potter House. Below is our take awav menu.

Meal Home Delivery. Would you or your loved one(s) like a hot delicious



League of Friends are offering two different meal choices each day. For example, one day you can have cottage pie with yeg and gravy OR chicken curry and rice. YUMMY! And it comes with a dessert for £6! If you fancy any of these meals, please call the office on 01392 879009.

Shop Donations. Estuary relies heavily on our income from the two charity shops. This income isn't possible without donations of clothes, shoes, books, bric-a-brac and small

pieces of furniture. Donations for us from now onwards will be only be accepted at Nancy Potter House on a Monday and Wednesday between 9 am and 4 pm. Please note the charity shops will not be able to receive donated items. Please ring the doorbell at the hub and a member of staff will guide you to a safe area to leave them. This will enable us to sort, price and prepare them for sale in the shops and have staff available to place them in accordance with new Covid guidelines into a secure disinfection process. Please don't leave them outside our shops on the pavement or outside the hub doors as this not only causes a trip hazard but also puts our staff at risk having to handle them unnecessarily. We appreciate your support and can't wait to welcome you back in to the charity shops which will be following social distancing guidelines fully. Thank you.

National Lottery. We are delighted to have been successful in our application to the National Lottery Community Fund (Protecting Vulnerable during the Coronavirus Outbreak). The award of £100,000 will enable Estuary League of Friends to continue to assist all those in need in our community over the next six months. Thank you The National Lottery Community Fund!

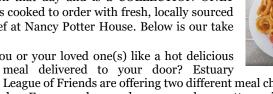


Home Help. We provide tailored services for people of all ages who require our help and assistance to live as independently as possible in their own homes. We provide cleaning, ironing; help with your laundry, and general housework.

- Running occasional errands Provide a list of your shopping needs whether from the local ٠ shop or supermarket and we will collect for you. We can also collect prescriptions and help with banking, sorting mail and completing forms or paperwork.
- Sitting Service This is a subsidised scheme for carers, which enables them to have daytime or evening breaks from their caring responsibilities. We can take the person you care for, for a walk, visit or drive.

If you would like to start any of our services, please give us a call on 01392 879009 and we will get you booked as soon as possible.

Nail Cutting. We have now restarted our nail cutting service! Nail cutting will be held on Tuesdays and Wednesdays at Nancy Potter House by appointment only. £13 one-off first payment for clippers (which you can keep) and then £10 for each clinic booking, Start time: 9.15 am onwards; finish time 4 pm. If you would like to book an appointment, please call us on 01392 879009.





Booked Laundry / Post Office/Takeaway Menu

Jacket Potato's

Served with salad

Cheese

Tuna

Beans

Chilli

Curry

Special's

Fish and chips

Chilli with Rice

Sausage and chips

Chicken Curry with Rice

9inch Wonky Pizza

or Sweetcorn

Choice of 3 toppings:

Pepperoni, Ham, Peppers, Pineapple,

Tuna, Extra Cheese, Onions, Mushrooms,



Sandwiches

Served with salad

Cheese	4.00
Ham	4.00
Tuna	4.00
Bacon	4.00
Egg Mayo	4.00

Paninis

Served with salad

Cheese	4.00
Ham	4.00
Tuna	4.00
Bacon	4.00

Topsham Post Office Is Open For 1 To 1 Appointments. Our Opening Days & Times: Tuesday: 9.30am – 3.30pm Thursday: 10am – 3pm

To book your appointment please call 01392 879009.



4.00

4.00

4.00

4.00

400

0.00

0.00

6.00

6.00

6.00

Pasties or Sausage Rolls

Pasty	1.50
Savsage Roll	1.50
Pasty and Chips	3.00
Sausage Roll and chips	3.00
Chips	1.50
Cheesy Chips	2.00

Drinks 1.50 Tea 2.00 Hot Chocolate Cadbury hot chocolate Coffee 2.00 Americano Coffee 2.00 Mocha Coffee 200 Cappuccino 1.00 Cans Selection of canned sof drinks

Lockdown Laughs

-Did you know that it takes three sheep to make one sweater? -Amazing! I didn't even know they can knit.

I returned a sweater that was picking up static electricity. They gave me another one. Free of charge.

Three conspiracy theorists walk into a bar. Coincidence?

A man goes into a fish 'n' chip shop with a salmon under his arm. He asks, 'Do you sell fish cakes here?' 'No,' was the reply. 'Shame, it's his birthday.'



Beauty is here



My favourite three things are eating my family and not using commas.

One fine afternoon an elderly gentleman tries to get into his local betting office. Much to his surprise, the door is locked. After a few more futile attempts at opening the door a man sticks his head out of a window. It turns out to be the bookmaker himself. 'Sorry, but we're closed today!'

The elderly gentleman promptly replies, 'But there's a sign on the door saying "Open 9 - 4" and it's only half past eleven!'

To which the bookmaker says, 'But those are not the

opening hours; they are the odds that we're open today."

A commercial traveller was passing through a small town when he came upon a huge funeral procession.

'Who died?' he asked a nearby local.

'I'm not sure,' replied the local, 'but I think it's the one in the coffin.'

Regular reader John Flitney 'phoned in to say that one thing the lockdown has taught him is that eggs fry much better if taken out of their shells!

Answers to the Cryptic Quiz on Fruit and Vegetables

1. Cabbage	Lettuce	Potatol	4. Banana
5. Plum	6. Apple	7. Artichoke	8. Lemon
9. Carrot	10. Cauliflower	11. Brussels spr	out 12. Kiwi fruit
13. Pear	14. Turnip	15. Pineapple	16. Pepper
17. Tomato	18. Damson	19. Squash	20. Pumpkin
21. Peas	22. Cucumber	23. Beetroot	24. Sweetcorn
25. Runner bea	n	-	-

KITSO Personal Specialists... Wills Probate Powers of Attorney Trust Creation Inheritance TaxPlanning **Disputed Wills & Estates** Conveyancing AGA To discuss a home visit contact: Charlie Siegle on 01392 455555 GRAN' charlie.siegle@kitsons-solicitors.co.uk The Forum, Barnfield Road, Exeter www.kitsons-solicitors.co.uk SDM Plumbing & **Bathrooms Ltd** Bathroom design & installation Wall & floortiling Showers fitted, service to taps & toilets, outside taps fitted. Radiators moved or replaced. Trading Standards Approved CRBchecked Contact Steven Medlock BEng (Hons) 07779020426 / 01395 268958 www.sdmplumbing.co.uk Window Cleaner High reach hot water system · Frames and doors all in Gutters/Facias Cleaned Excellent references if required For that personal service contact Sean Harris Telephone: 01404 814963 Mobile: 07737 419077



WCMC SERVICES SEPTEMBER 2020





Sunday 6th September

09.30	WST	Holy Communion	Rev'd Bill
09.30	CSM	Holy Communion	tba
11.15	AYL	Morning Worship	Rev'd David Ireson
11.15	WBY	Holy Communion	Rev'd Bill
18.30	ΕΧΤ	Evening Worship	Rev'd Roz Harrison
11.30	ZOOM	Morning Worship	Rev'd Margaret Scrivener
Sunday 13 th	September		
09.30	EXT	Holy Communion	Rev'd Margaret Scrivener
09.30	FAR	Holy Communion	Rev'd Bill
09.30	CSG	Morning Worship	Jacquie Manser
11.30	ZOOM	Morning Worship	Rev'd Bill
Sunday 20t	* September		
09.30	AYL	Holy Communion	Rev'd Chris Cant
09.30	CSM	All Age Worship	Christine Grist
09.30	WST	Family Service	Debbie Jung
18.30	WBY	Evening Prayer (BCP)	Rev'd Geoffrey Wrayford
11.30	ZOOM	Morning Worship	Carolyn Keep
Sunday 27⁵	^h September		
09.30	CSG	Holy Communion Harvest	Rev'd Bill
09.30	WBY	All Age Worship	tba
18.30	FAR	Evening Worship	Christine Grist
11.30	ZOOM	Morning Prayer	Rev'd Bill

If you wish to join the Zoom services on a Sunday then please email <u>Dupain@hotmail.co.uk</u> for the link.

AYL Aylesbeare FAR Farringdon CSM Clyst St Mary CSG Clyst St George WBY Woodbury WST Woodbury Salterton EXT Exton



Fly from your local airport this winter to:

Alicante | Malaga | Malta | Gran Canaria | Lanzarote | Tenerife | Geneva & Chambéry Amsterdam & Paris | London City | Manchester | Newcastle | Belfast & Dublin Edinburgh & Glasgow | Guernsey & Jersey



Exeter Airport is pleased to sponsor the Clyst Valley News