

CLYST VALLEY NEWS

FEBRUARY 2021



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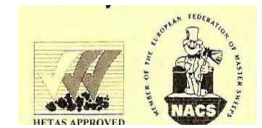
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THE VICAR WRITES...



We are just about to celebrate the week of Christian Unity, and for one ZOOM service I included a meditation upon the following gospel passage: Matthew 20: 20-27. I will include part of the meditation at the end of this article. For those of you not familiar with this passage (do look it up), it's where two disciples who are brothers (John and James) ask Jesus, spurred on by their mother, for a special place in heaven. Unsurprisingly, Jesus rebukes them for their lack of understanding.

In these days of some countries potentially 'jumping the queue' for coronavirus vaccines, it's a sober reminder for us all. Perhaps it's brought home even more sharply when some 70+ year - olds may be receiving the vaccine before 80 year- olds, let alone some of the keyworkers not being immunised yet.

This passage appropriately reminds us of the need for humility, a theme of the church's for this (last) month. The meditation goes as follows, narrated by either James or John, with my comments in [square brackets]. It's based upon a reflection from Nick Fawcett, 'No ordinary man' 2000: 140-141, # 38:

*I've never been so embarrassed;
the way his [Jesus'] face fell as we stood before him
will be etched on my memory forever.*

*Oh, he tried to let us down gently...
but I could tell he was disappointed...that we should even have thought of asking.*

*To be fair, it was our mother's idea;
even though we played along quite happily...*

*Think of the future, she told us
What's going to happen then?*

*And she was genuinely troubled...
we'd packed in our jobs... everything, to follow Jesus,
and she wanted to know, quite simply, what was in it for us.
Yes, it might sound shabby now,
a sordid quest for gain,
but at the time it sounded quite reasonable,
a quite natural thing to ask.*

*[For those of us who have sacrificed things during the lockdown;
do any of these sentiments ring a bell?]*

*After all, we'd no idea what the future might bring,
what demands it might make of us,
what sacrifices expected,
so it seemed only fair to seek some assurances...*

...[W]e'd been the first to respond, so why not be the first to benefit? - it wasn't like we were jumping the queue.

*Only that's not how others saw it!
[Here they are referring to the other disciples; to say they were displeased is an understatement]*

*They were incensed, more angry than I'd ever seen them.
As to the[ir] accusations...that's best left unsaid.
But with Jesus it was different.*

*There was no anger from him,
no disgust...rather...anxiety, concern.*

*It was as though we were spoilt children
with no idea what we were asking -
We'd followed him,
listened to his words, witnessed his deeds,
but we'd taken in precious little of what he tried to show.*

*We knew he was special, the promised Messiah, the Son of God,
but we hadn't begun to understand what that meant.*

*We thought we were serving him,
but we were still serving self,
...all that really mattered to us.*

*No wonder he shook his head.
It was a moment I prefer to forget, except for one thing:
it taught us something we needed to learn,
something we should have seen sooner*

*the truth that those who wish for greatness will never find it,
that those who strive to be first will be last,
and that the last will be first.*

Words not just for current and previous presidents, but also for our humble (I hope) selves.
May we learn to serve others during this pandemic – I speak to myself. Amen.
Bill and Daff Lemmey, Woodbury Vicarage revbillwhitecross@gmail.com

WHITE CROSS MISSION COMMUNITY

ZOOM Services during Lockdown in the White Cross Mission Community

Morning Prayer, 09.30, Mondays, Wednesdays and Fridays
Compline Service, 19.00, every Sunday, starting 24th January
Morning Prayers, 11.30, every Sunday
Children's Service, 09.30, every other Sunday, starting 24th January



Please email Jill at dupain@hotmail.co.uk for the ZOOM address (it is the usual Rev'd Bill ZOOM address for those who have been on ZOOM before).

Churches Open for Private Prayer

Aylesbeare: Sundays, 10 am – 12 noon
Clyst St George: Closed due to building work
Clyst St Mary: Sundays, 10 am – 3 pm
Exton: Wednesdays, 10 am – 1 pm and Sundays, 2 - 4.30 pm
Farringdon: Thursdays, 2 – 5 pm
Woodbury: Wednesdays, 10 am – 1 pm
Woodbury Salterton: Wednesdays, 3 – 6 pm and Saturdays, 9 am – 12 noon

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If you are interested in advertising in the Clyst Valley News for 2021, now's the time to get in touch - with no obligation. We have a few spare slots still. Please contact the Editor, Peter Skelton, at clystvalleynews@gmail.com or on 01392 879857.

Contributions, photos and letters to the editor for the March 2021 issue of the Clyst Valley News should be sent, preferably by email, to the editor, Peter Skelton, at clystvalleynews@gmail.com or to 3 Brockwells Court, Frog Lane, Clyst St Mary, EX5 1BX by Monday 15th February 2021 at the latest, please. Please note that contributions may be edited.

EDITOR'S NOTE



Hello and welcome to the February edition of the Clyst Valley News. This shortest month of the year always seems to come around far too quickly for my liking! (I have come firmly to the view that time moves more quickly for retired folk...)

Well, sadly, we're not seeing the effects of the launch of vaccination yet but I'm confident, as we reach a sort of critical mass, the pandemic statistics will start to register the beginning of the end of this awful scourge. Let's hope so. Given this state of play, we're not printing this issue but, as always, we review the position every month and we very much hope to be back in print and delivery mode as soon as it is safe to do so. Thank you for your patience.

My thanks to Norman Cann from Ebford for this month's delightful cover photo taken from his own window a little while ago. Looking forward to seeing this year's lambs before too long. And don't forget Norman's regular weather report in the Clyst St George and Ebford section of the magazine.

This is the month when we say farewell to some of our regular advertisers, whom we thank for promoting their businesses in the CVN; and offer a warm welcome to the newcomers who join us for the next year at least. We hope the CVN brings you increased interest from our community. Please check them out. And don't forget we still have some advertising slots available. Rates are very reasonable – just send me an email for more details.

I wonder how many of our readers were glued to the TV screen the other afternoon, as I was, engrossed in the inauguration ceremony in Washington DC of the 46th President of the United States, Joe Biden? Amidst all the doom and gloom enveloping the world – and accepting that the area around the Capitol had to be cordoned off by an unprecedented military presence –

I thought it was refreshing to be able to witness the moment that a note of normality and decency returned to politics across the pond. The sense of relief was palpable. Let's hope this mood is catching...

Setting aside for now the undeniable fact that the formal, peaceful transfer of power at the top of USA politics is, whether we like it or not, a global phenomenon attracting millions of viewers across our planet (I wonder how many people tune in to watch the installation of a new prime minister in, say, Sweden, for example?), the actual ceremony was for me hugely entertaining. The swearings in of the new President and, even more excitingly, the new Vice-President, the first woman, the first person of black heritage and the first person of Indian-American heritage to occupy this post, were quite emotional. The speeches were to a degree a bit predictable and the big-name performances of the patriotic songs pretty impressive. However, for me, and many, many others, the star of the show was a young woman called Amanda Gorman. This demure 22 year-old is the USA's Youth Poet Laureate and she recited with such confidence and (I thought) humility her own specially composed poem, 'The Hill We Climb', creating in that moment a sublime, inspiring antidote to all the craziness and hate of the past four years. I leave you this month with this short excerpt from Amanda's poem. Enjoy the magazine and Valentine's Day, if you can! Best wishes, Peter Skelton



To compose a country committed to all cultures, colors, characters, and conditions of man.
And so we lift our gazes not to what stands between us, but what stands before us.
We close the divide because we know, to put our future first, we must first put our differences aside.

We lay down our arms so we can reach out our arms to one another.

We seek harm to none and harmony for all.

© Amanda Gorman

~~~~~ **YOUR PHOTOS NEEDED FOR THE COVER OF THE CVN!**



There must be a lot of photographers out there snapping away around our villages. After all, our neck of the woods is rather photogenic. Why not share your results with our readers? Most months we aim to put one nice pic on the magazine cover and we need yours! So please do send in your efforts to the editor, Peter Skelton, who will choose one each month. Try to use relatively high definition settings but that's not a must. Just email them across to clystvalleynews@gmail.com and we'll do the rest. Simple!

~~~~~ **SUBSCRIBE TO THE CLYST VALLEY NEWS NOW! IT'S COMPLETELY FREE!**

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CLYST ST MARY



Clyst St Mary Church

We are sad to announce that along with the other six Mission churches we have shut Clyst St Mary Church. Our main services will not be happening but we are opening the church for private prayer every Sunday from 10 am to 3 pm. Notices and information are available at the church and of course we hope that you will adhere to these and keep yourselves and anyone else who may be

there safe.

We will inform everyone as soon as possible when we will be allowed to open for some services in the future. In the meantime if you would like to talk to someone in the church, please contact the Churchwardens Pat on 01392 877907 or Linda on 01392 875708. Take care everyone, stay safe and God Bless.

Proposed Pastoral Reorganisation

A Notice giving the objects of proposed pastoral reorganisation affecting this parish is displayed near the main door of the church and on the Church of England website. The Notice includes the last date by which representations regarding the proposed reorganisation may be made to the Church Commissioners. The proposal is to transfer the area covering the County Showground and Cat & Fiddle from Clyst Honiton to Clyst St Mary.

Church Coffee Mornings



These have been suspended until further notice.

Coppers!



Despite the lockdown, several packets of coppers have either been handed over in church or left with Don Axford in Frog Lane in support of church funds. Our sincere thanks to you all, you know who you are; it has helped to keep our heads above water financially in what has been a very trying time, in more ways than one. Shopping online means that there is not a lot of small change about but if you do have any that is weighing your pockets or purses down, it will be gratefully received. Either leave it in church or with Don Axford at 34 Frog Lane. If in difficulty to deliver, Don will collect, obeying social distancing rules, etc, if you ring him on 01392 873615.

Don retired as Clyst St Mary PCC Treasurer as from 1st January and Gill Fenwick is taking over but he will still be around to collect your loose change.

Clyst St Mary Primary School



sunshine and spring bulbs to tell us the new season is on its way to revitalise us.

Regrettably we have had to cancel the last few visits planned for prospective parents of children due to start school in September and by the time you read this the deadline for applications will have passed. We have a new virtual tour on our website which can be found at <https://www.clyststmary.devon.sch.uk/welcome/>. This provides a flavour of our ethos and all

So not quite the New Year we had hoped for but the days are lengthening and there are occasional glimpses of spring

we offer children joining us and we hope that it goes some way to replacing the face-to-face visits we'd much prefer to have.

The new term and its return to online learning for many of our children has seen us all honing our technology skills further with each class having daily, live Google Meets for learning and wellbeing and assemblies shared within school and beyond. The use of technology for learning has been supported by the delivery of books and paperwork to children working exclusively at home as we aim for children to continue using traditional creative skills: writing, drawing, etc alongside technology and we'd like to thank staff and governors who went the extra mile (literally!) to deliver these items. We have also loaned a number of Chromebooks to our families to support children's access to learning.

We know that children will be learning remotely, until at least the middle of February and maybe beyond, so we are planning to hold many of this half term's annual events online. Our School Council representatives have been meeting, socially distanced in the playground and online and planned a rainbow event for 29th January when the children dressed up in rainbow colours to raise funds for one of the wards at the RD&E. We hope people kept an eye on our website for what will have been a very colourful video and photos.

It is especially important, with children's currently increased use of technology, to keep online safety at the forefront of all our minds and this is always a keen focus for our school. February's annual, global Safer Internet Day (9th February) is traditionally a big event in school when the children amaze us with their knowledge and understanding of the positives and negatives of technology and this year will be no different. Please visit our website after the event and find out what the children can teach us about the online world.

Life is tough for many in our school and wider community at present. Being at home, trying to work and homeschool kids, is a very demanding task and the opportunities for relief are limited by the need to restrict social contacts and control COVID-19. Spring and all the hope it brings is just round the corner - watch out for the signs, daffodils, catkins and blossom on trees whilst in your gardens and out exercising and allow them to lift your spirits.



Bishops Clyst Parish Council



Broadclyst Neighbourhood Plan. This is to let you know that Reg 14 Draft of the Broadclyst Parish Neighbourhood Plan went live on 4th December 2020 and will close on 28th February 2021. Please use the link to take you to the Consultation

Page: <https://www.broadclyst.org/neighbourhood-plan/community-consultation>.

Devon Carbon Plan Consultation. The consultation of the Interim Devon Carbon Plan is now live! The plan is a collaborative roadmap to creating a net-zero Devon where people and nature thrive and is Devon's response to the global climate emergency.

The time has now come for you to offer further thoughts and feedback. Residents are asked to take part in the Interim Devon Carbon Plan consultation, which begins on Monday 7th December and lasts for ten weeks. Devon Climate Emergency (DCE) partnership wants to hear your views on key actions that outline some of the transformational changes which are required to create a thriving net-zero Devon.

The Interim Devon Carbon Plan will be updated to a final plan after the Citizens' Assembly, now in 2021 due to COVID-19.

The actions cover a broad range of topics which will allow us to build back better. Addressing the climate and ecological emergency is an opportunity to create a fairer, healthier, more resilient and prosperous society.

DCE is requesting feedback from Devon's citizens to indicate to what extent they agree with the proposed actions. Have your say at: www.devonclimateemergency.org.uk/InterimCarbonPlan. *Contact the Parish Council.* Karan Bennett, PC Clerk, working from the PC office in Clyst St Mary Village Hall on Monday to Wednesday, 9 am to 1 pm. Call 01392 874405 or email bishopsclyst@gmail.com.

Village Hall



Having undertaken redecoration, repairs and improvements during the last six months, it's frustrating that our regular users are unable to enjoy the 'refreshed' facilities! However, we are **open for business if your use is permitted within the government**

guidelines!

If you know that this is the case, our new Bookings Coordinator, Ali West, would be delighted to discuss availability with you and can be contacted (preferably) through bookings@clyststmaryvillagehall.co.uk or on 01392 949088.

Clyst St Mary Wombles



Of all the tasks with which I've ever been connected, this is possibly the most potentially disheartening! Obviously, during the pandemic, we've temporarily suspended our regular 'sweeps' and in the knowledge that this is the case, wouldn't you think that our resident litter louts might take a break? No way!!

We've only lived in the village for 41 years but can recall that one of the punishments meted out at the primary school used to be 'litter picking' (around the school grounds). I remember our daughters being 'aware' that such a fate was to be avoided if possible but it didn't leave any lasting scars (of which I'm aware!) and it did reinforce the message delivered at home, that litter is simply antisocial! Sadly, looking at our village, it seems

that no one cares any more 😞. But some do!!!

The good news is that the Clyst St Mary Wombles are only temporarily sheltering! So what's the plan, I hear you ask? Well, we can't yet safely forage together again (Old Uncle Bulgaria is quite mature you know) but already, our 'youth section' (under 70s 😊) has started up on her own and the gear is all here in my garage! So...if you'd like to make a start (maybe solo or with a socially distanced friend), why not borrow a 'picker', hoop, tabard and bag (bags are non-

returnable 😊) and get the ball rolling? If you contact me with a time that you'd like to collect, I'll leave the gear in my drive and will ensure it is sanitised before and after use.

We really would welcome some younger members and particularly residents in the village itself. It is something that you can do whilst taking your exercise and know that the village will be a nicer place for everyone to live in after your effort! Thank you.

Roger Norman, rogernorman@clyststmary.net or 01392 874597.

Walking Group

Due to present meeting restrictions we are having to put the monthly walks on hold for now until the Government may make changes to the COVID rules.



Clyst Valley AFC – to Expand!!



With the likelihood of the football pitches at the old Winslade Manor recreation ground coming back into use, Clyst Valley AFC is making plans to take advantage of these exciting opportunities for the benefit of more of the community. Having been restricted to the use of only one football pitch for many years, the proposals by Burrington Estates to create two more adult pitches and two junior pitches in the village means that Clyst Valley can expand the club in order to offer football to more age groups of both sexes. At present we run two adult and one Under 18 team but would like to consider running a third male team, a male veterans' team, ladies' teams and commence a youth section for all age groups of boys and girls. While we recognise that planning permission has still to be granted we would like to hear from anyone that would be interested in playing or in helping with this expansion. Please don't hold back; if you or your children have any interest please let us know as quickly as possible so that we can gauge the interest and start to formulate our plans. Our website is currently being re-built so please register your interest by emailing the Club Chairman at petercain@fhq.co.uk.

Clyst Valley Pre-School

Clyst Valley Preschool - Clyst St Mary
www.clystvalleypreschool.org - Phone: 01392 876815
Email: admin@clystvalleypreschool.org

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Table Tennis Club



The Table Tennis Club has suspended all play for the time being but hopes to be back very soon! If anyone is interested in joining the club, please contact Pam Gardner either by telephone (07714 097220) or by email at pamelamgardner9@gmail.com.

[For the tennis, short bowls and badminton clubs please look out for notices in subsequent issues of the CVN as to when activities will resume.]

CLYST ST GEORGE AND EBFORD



Clyst St George Church

Along with the other six Mission churches, we have had to close Clyst St George Church. Our usual services will not be taking place and the church will not be open for private prayer while we undertake essential building works.

We will inform everyone as soon as we are able to re-open the church. For more information, please contact Jacqui Manser at jacqui@jmanser.co.uk.

Clyst St George Parish Council Chairman's Notes, February 2021

Spring is creeping over Devon – well, snowdrops and daffodils are out, giving us hope of a new start in this new year. What better time to give the hedgerows and verges a spring clean? (If you are able), when you walk the dog or take exercise you can help by removing litter you can reach. The effect will last all year and we can feel a pride in living in such a beautiful area.

The Parish Council is keeping our budget the same as last year; the grass cutting will include a monthly cut around the Old Ebford Lane junction with the A376 by the traffic lights. Stay safe and get the vaccine if you can.

John Manser

john@jmanser.co.uk

01392 874861

Nature Garden

Clyst St George has a delightful nature garden by the side of the parish church. The aim of the garden is to grow local Devon indigenous plants and trees and to encourage a Devon meadow with local wild flowers. Should you wish to help develop this 'green' facility, you can come along on the first Saturday of every month from 9.30 to 11 am. (PLEASE CHECK IN ADVANCE.)

Greetings Cards



We are always grateful to receive cards (except Christmas ones) for remaking and they can be left in the church which is normally open between 9 am and 5 pm each day. Visitors will also find boxes of made up cards for sale covering birthdays, get well, sympathy, new home, thank you, anniversary, etc as well as cards with no message or cards with no message or wording suitable for any occasion. Do call in and enjoy a few quiet moments browsing and perhaps buy a card. Linda Wilkerson (01392 873699). SUSPENDED UNTIL FURTHER NOTICE.

Norman's Weather Report



We ended the year with a wet December here at Ebford, recording 139 mm (5.5 inches) – almost as much rain as in February. The 2020 annual amount was 876 mm (34.5 inches).

This curiously is roughly the same as the yearly average between 2011 and 2020 of 35.3 inches. However, the yearly average between 2001 and 2010 was only 29.7 inches. So our weather does seem to be getting wetter and also significantly warmer in the summer, according to the Met Office and local experience. However, the new year 2021 is decidedly chilly and quite dry. Norman Cann

Clyst St George Parish Hall



Clyst St George Parish Hall is open once more to anyone who wants to hire the Hall. We are not making the Ethel Cann Room available at the moment as it is too small to adhere to the social distancing rules. The Hall has been redecorated and is looking splendid.

There are hand sanitising units at strategic points in the building for the use of the hirers and hirers are asked to be responsible for making sure that they adhere to the government guidelines for holding gatherings in a COVID-safe way. Our cleaner will use PPE when working in the Hall and he has special cleaning fluids to make the area as safe as possible. We are not sure when we will resume the coffee mornings, Big Breakfast or the quiz evenings but we hope it will not be long before these things can resume. Watch this space!

Enquiries to Claire Marks at clyststgeorgeandebfordvhall@outlook.com or 'phone 07834 234546. Pamela Diffey (Chairperson) 01392 877497

Little Dragons Pre-School

We are pleased with the outcome of our Ofsted inspection in April 2018, where we were judged to be 'good'. We have now re-opened and have been operating at full capacity from September. We are based in Lady Seaward's School and open four days a week, from Monday to Thursday 8.45 am – 3.15 pm during school term times.

For more information please telephone Elly on 07939 995486 (in school hours), email littledragons@live.com or visit our website www.littledragonsclyststgeorge.com. PLEASE CHECK CURRENT POSITION DURING LOCKDOWN.

WOODBURY SALTERTON



Church Services

Along with the other six Mission churches, we have had to close Woodbury Salterton Church. Our usual services will not be taking place but the church will be open for private prayer on Wednesdays, 3 – 6 pm and Saturdays, 9 am – 12 noon. We will inform everyone as soon as we are able to re-open the church.

Christmas During COVID-19

Carol Service. An open-air carol service in the churchyard on 20th December at 4 pm proved very popular and was well attended. Appropriate risk assessments had been done and lights on the floor marked where people should stand to keep the prescribed distance apart. People were met at the lychgate and guided to where they should stand. Everyone wore masks but all were allowed to sing the carols. Rev'd Bill welcomed everybody, there were readings by Mark Lovett and Fiona Vessey, the choir sang a carol and Katharine Wheeler accompanied the singing on her keyboard.

Christmas Eve Communion Service. This was also led by Rev'd Bill and Judy Reeves kindly played the organ. The church had again been beautifully decorated by Sally Rawlings and Clinton Devon Estates had again donated a lovely fir tree.

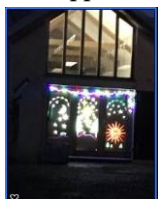
Donation to Hospiscare. A donation of £50 was sent to Hospiscare, being part of the collections at Christmas services.

Family Service. Jill Dupain led the Family Service in December and the story of the Nativity was read by members of the congregation from their spaced-out seats. As usual the children stole the show with two year-old Alfie Lee making a donkey noise and the children being sheep; they were so enthusiastic that the shepherds could not make themselves heard and had to repeat their lines! Everyone left the church with smiles on their faces.

Festive Windows. This new venture to brighten up the village in these sombre times was very well supported with 16 entries.



Lower Cooks. Debbie Jung, her prize at the Carol



The winner was Louise with her Twelve Days of Christmas at who organised the event, presented Louise with Service. £110 was raised for the church.



School Christmas Outreach Project. The school had a project to reach out to the community by making Christmas cards – each pupil made one. These were delivered to the older members of the community, anyone connected to the church and anyone who had ever served the school in any way such as past governors. A very kind thought which was much appreciated.

Britain in Bloom Quiz

The annual church winter quiz was very well supported and many people made very generous donations, which resulted in the quiz raising the amazing sum of £780 for church funds. Most of this sum however will have to be spent on the unexpected expense of a new Saniflow toilet (see below)!!

Monthly Church Coffee Mornings



These have been suspended until further notice.

Will You Help Our Village Church?



Like many other charities, our village church has had a significant reduction in income as a result of the coronavirus pandemic. However, the expenses have continued to come in and recent surveys of the fabric of the building have uncovered work that needs to be done on the lightning conductors, the roof and crumbling masonry, amongst other things. Despite the building being closed for most of the time, the church community has been there to help the vulnerable and needy in the village. If you would like to support our church and help financially to protect the fabric of the building for future generations please contact the PCC Treasurer, Nigel Dupain, for details. Single donations or regular giving would be very gratefully received and can be restricted to building repairs if you wish. Completion of a Gift Aid form would mean that we could claim a further 25 per cent of your gift from the government without any cost to you or the church. Bank details: 30-93-14, 02863238. Contact details: Nigel Dupain, Little Cannonwalls, Woodbury Salterton, Exeter, EX5 1PY. Email dupain@hotmail.co.uk or 'phone 01395 232953.

Masks

Fiona Vessey has been making and selling masks for church funds, for a suggested donation of £5. When the church is open, they will be available for purchase at the back of the church.

An Expensive Disaster



The church, in common with all the churches in the Mission Community, has been closed again because of the pandemic. Church Secretary Jill Dupain, went into church and was horrified to find pools of red liquid which looked so much at first like blood that she said she was looking for a body!! It turned out to be red dye from the carpet which was soaking wet up to the font. Something had gone wrong and the toilet had overflowed! The section of carpet between the toilet door and the font has had to be thrown away.

The Saniflow engineer called to look at the toilet and says it is irreparable and we need to buy another. Estimated cost is between £600 and £700. It is fortunate that the quiz proceeds will cover the cost - but that money was needed for running costs.

There will be another church quiz in the spring to try and raise more funds. The theme will be *Colours*. Copies available from Katharine Wheeler or any of the kind people in the other churches who help by selling copies. Thanks to Lin Ashby, Dawn Cowler, Liz Whittaker and Kath Charles for their help this time.

Farewell to a Former WI Member

WI members learnt of the death of former member Anne Marie Rouse just before Christmas. Unfortunately, with the COVID restrictions, no one was able to represent the WI at her funeral. The church is indebted to Anne Marie for making some of the choir robes. Anne Marie was trained in dressmaking in Paris and worked for *Givency*. She made clothes for Hollywood films but gave her time and skill freely to help the church choir.

We Have a Village Shop Again!



The Digger's Rest has opened a shop selling bread, milk, groceries, fruit and vegetables, etc. This is a valuable resource for the village and we encourage everyone to support it. The last shop in the village closed 22 years ago.

Village Hall Activities

Woodbury Salterton Village Hall



The Hall is a great asset to the village and is a great space for community and private events. We have a few regular groups open to all: community coffee morning, first Monday of the month, 9 to 11.30 am; Woodbury Salterton parent and toddler group, Monday mornings, 9 to 11 am; Woodbury Salterton WI, second Wednesday of the month, 7.30 pm; whist, third Tuesday of the month, 7.30 pm.

[Please check in advance when these activities will resume.]



LETTER TO THE EDITOR

Dear Peter
Lovely looking across our [temporary] lake this morning with the young swans and, I think, Canada Geese.
Best wishes
Ray Steer-Kemp, Clyst St Mary



AND FINALLY...

ATTENTION ALL POULTRY KEEPERS: Avian Influenza (Bird Flu)

Poultry and Other Captive Birds. An [Avian Influenza Prevention Zone](https://www.gov.uk/guidance/avian-influenza-prevention-zone) (AIPZ) was declared across the whole of England, effective from 5 pm on 11th November 2020. All poultry keepers in England (whether they have commercial flocks or just a few birds in a backyard flock) are required by law to take a range of biosecurity precautions.



If you keep poultry (including gamebirds or pet birds) or other captive birds, you must act now to reduce the risk of disease in your flock by following the relevant biosecurity measures required within the AIPZ. Your stock needs to be feed and watered under cover to prevent contamination from wild birds.

Good biosecurity improves the overall health and productivity of your flock by helping keep out poultry diseases such as avian influenza and limiting the spread of disease in an outbreak. All bird gatherings within the AIPZ are prohibited; therefore, the general licence that had permitted bird gatherings has been revoked.

For more guidance please visit <https://www.gov.uk/guidance/avian-influenza-bird-flu>. If you find dead wild waterfowl (swans, geese or ducks) or other dead wild birds, such as gulls or birds of prey, you should report them to the Defra helpline (03459 33 55 77).

Public Health England advises that the risk to the public's health is very low. Food Standards Agency (FSA) has said that on the basis of the current scientific evidence, avian influenzas pose a very low food safety risk for UK consumers. Avian influenza is unconnected with coronavirus (COVID-19).

Voluntary Registration. You can choose to register fewer than 50 birds, or birds you keep as pets. The Animal and Plant Health Agency (APHA) encourages you to register even if you do not have to by law. By registering,

- APHA will be able to contact you if there's a disease outbreak (such as bird flu) in your area;
- You'll help prevent the spread of disease and protect the national poultry flock.

Exmouth Mobile Library Timetable 2021

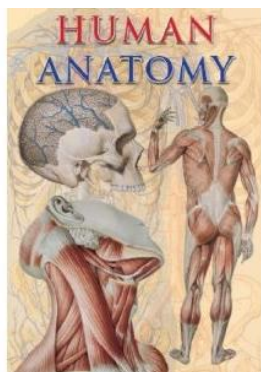
Day	Village	Stop	Arrive	Depart
Friday	Aylesbeare	Nightjar Inn	09.50	10.10
Friday	Clyst St Mary	Cat and Fiddle	12.10	12.30
Tuesday	Clyst St Mary	Winslade Park	14.50	15.10
Tuesday	Clyst St George	School	15.20	15.40
Monday	Exton	Station	09.45	10.05
Friday	Woodbury Salterton	Kennels	12.50	13.10
Woodbury	Woodbury	White Hart	14.00	16.00

- *Disclaimer: Due to operational circumstances, the mobile library may need to be off road and unable to visit on some dates. Details will be publicised closer to the time. These timetables may be subject to change.*



Cryptic Anatomy Quiz by Barbara Scales

Test your knowledge of our body parts! Answers after 'Monthly Giggle'.



1. Sounds like a racing venue is joining the latter part of the Swedish furniture store.....
2. Looks like the arrogant person joins the letter that marks the spot.....
3. Some people may smoke this.....
4. Sea food.....
5. Spotlight weather man's last name minus the end and a flower stalk.....
6. Goes well with bacon.....
7. Supplement at the end of a book.....
8. Sounds like a symbol joining the objective case of we.....
9. A sudden forward movement missing the letter.....
10. The movement of air and a hollow tube.....
11. Sounds like one's excessively proud of one's appearance.....
12. The male person mentioned is connected to paintings, sculptures, etc.....
13. First part of stretchy material with a knot of ribbon with loops.....
14. The snake initially is before the tree.....
15. It is as easy as __ C at the gathering for the males.....
16. Could be found in a church.....
17. These have it in Parliament.....
18. Strict before the start of the rain protector.....
19. Cooking utensil and a fold creating a line missing the last.....
20. Examine the beginning of the river mouth.....
21. The start of the storm with the end of the beginning of a large broad bladed knife.....

22. Relating to iron at the start with what sounds like a gift from a wise man.....
 23. A short Patricia gives Ms Fitzgerald a soft touch.....
 24. Laugh at this?.....
 25. Makes fun of?.....
- [Many thanks, once again, for compiling this quiz, Barbara. Quite a tough one, I think! Ed]

Poetry Corner

by John Smith (of Clyst St Mary)

Winter Morning

How still the air in this near-freezing time,
A breath-holding, body-stilling sort of morning,
As if to move sharply were to crack
The fragility of the moment.

And the silence, with nature's sound
And Man's sound stilled.

In this moment we are alone in the world,
The world that is a still picture
Beyond our window,
And the window of the mind.

©John Smith



Exmouth and District U3A Monthly Meetings



Meetings have been suspended because of the coronavirus crisis but will resume as soon as it is safe to do so. Look out for our announcement and stay safe.

The Exeter Forum



Meetings of the Forum have been suspended due to the coronavirus outbreak until further notice.



Estuary League of Friends

Working to improve the quality of life of those in need of care, comfort and support in our community since 1987

On Tuesday 15th December we took our first clients to the Westbank Practice in Exminster for their first coronavirus vaccine.

Our helpful volunteers are working extremely hard to get you to your appointments. If you or anyone you know are struggling to get to any appointments, please give us a call on 01392 879009 and we will be more than happy to help.

Thank you for everyone's support during 2020 and we hope that 2021 will settle down and be a more normal environment for us all. We have donated lots of food parcels over the last 10 months to families in need living in our community. Please if you are struggling call us.

Force Cancer Charity



The FORCE Cancer Charity Support & Information Centre is temporarily closed
but we are still here to help
Monday-Friday 09:30-16:30

For cancer support and information plus advice on claiming benefits ☎ 01392 406151 ✉ support@forcecancercharity.co.uk	For psychological and emotional support ☎ 01392 406168 / 406169 ✉ help@forcecancercharity.co.uk
--	--


www.forcecancercharity.co.uk

We are very keen to let as many people as possible in communities across the county know that FORCE is still offering support to people in Devon affected by cancer, despite the impact of COVID-19. The virus brings another layer of anxiety and distress for many of the people we support so we quickly adapted our services when the pandemic restricted our ability to offer the face-to-face contact so integral to our mission.

Our main Support Centre in Exeter was temporarily closed and our weekly outreach programmes in East, West and Mid Devon have been severely impacted. But our staff were on the end of a 'phone or video link to offer advice and information on all sorts of things like claiming benefits, accessing our counselling service, how to take exercise that can boost your immune system or just general guidance on coping at such a difficult time. They were able to answer many of the questions posed in these uncertain times - and not just by cancer patients. FORCE is also supporting families and carers - anyone impacted by a cancer diagnosis in someone they love. Those online

services are still available but we are delighted that our Support Centre is now open again, with strict COVID-safe measures in place to protect staff and visitors.

The nurses we fund at the Royal Devon & Exeter Hospital are also still able to deliver vital chemotherapy and we have worked closely with the RD&E to develop a new cancer hub in Ottery St Mary.

What has been considerably affected is our income. So many events have been cancelled or postponed and we have had to close our charity shop for significant periods. But we continue to get fantastic support from communities like yours. We still have a significant gap in our finances to plug, but every donation makes a difference and means we can continue to help local people affected by cancer. Thank you for your continued support.

Census 2021

**census
2021**

Households across the nation will soon be asked to take part in Census 2021. The census is a once-in-a-decade survey that gives us the most accurate estimate of all the people and households in England and Wales. It has been carried out every decade since 1801, with the exception of 1941. The Census is a snapshot of who we are and how we live our lives. The information is vital for assessing community needs for services such as schools and doctors' surgeries as well as how our communities are made up and changing.

Census weekend is 21st March. It is so important everyone takes part and we have made it easier for people to do so online on any device, with help and paper questionnaires for those that need them. Results will be available within 12 months, although personal records will be locked away for 100 years, kept safe for future generations.

For more information visit www.census.gov.uk and follow us on Twitter and Facebook at @census2021 or LinkedIn; just put Census 2021 in the search box and there is loads of useful information for you there.

How you can help now:

- Visit the social media pages for Census and add their links to your community social media site.
- Print off the posters attached and display on your community noticeboards.
- Stay in touch and send me any questions you may have about the census.
- Place a Census agenda item on your meetings and encourage everyone to look up the Census 2021 websites where possible.
- Let me know if there are any groups or people who may need a little extra help to complete the census.

I am really keen to ensure that this presents the best and most inclusive picture of our area and am more than happy to come along to your meetings either online or in person where possible. Thank you for your time reading this and I look forward to keeping you updated with Census 2021 news.

Steve Selley, Census Engagement Manager North and East Devon, Office for National Statistics.
Tel +44(0) 7452929055; email at stephen.selley83@field.census.gov.uk.

Topsham Still in Business - And in Love!



Are you missing coming to Topsham during the lockdown? Rest assured, we're missing seeing you just as much! The *Love Topsham* team is using this period to prepare a busy schedule of promotions and events for visitors and residents alike, to swing into action when restrictions allow - but in the meantime, there's still a lot to enjoy even from a distance.

Watch out for our website and social media channels announcing the arrival of a six-foot-tall **heart-themed artwork by local artist Willow Paterson**. It's a perfect spring fillip, serving as a reminder of those we care about - especially as we all need a little extra loving right now - and a symbol of our enduring respect for front-line workers giving their heart



Homewares from Lark



Country Cheeses

and soul to our safety. Just check in to www.lovetopsham.co.uk for images of it when it appears in town and, if Topsham is a part of your exercise or permitted travel during lockdown, keep watch for its appearance - we can promise you, it's not to be missed.

And please don't forget that many of your favourite businesses and shops are still operating via the internet. There's no need to miss out on those accessories for the home, food and drink supplies or those extra surprise treats! **Topsham online shopping** of

course concentrates on deliveries, collection by appointment, or mail order as appropriate. We also have a page dedicated to special gifts - whether to your Valentine or just to someone you wish you could sit with and chat to in person. It's difficult now, as we all know, but a surprise gift to someone we're thinking of could make all the difference.

And even many services such as physiotherapy, optical appointments and sports massages are operating, always within current health guidelines. Just check the shopping directory on the *Love Topsham* website for details.

At www.lovetopsham.co.uk you'll find the growing number of cafés, bars and restaurants in the town that are offering **terrific takeaways**, ranging from classic curry and fish and chips across the culinary spectrum to exotic lamb tagine with couscous and squid with oyster sauce (yes, really!).



GalleyToGo Takeaway



The Love Topsham Card

Before we leave, a reminder - if you need one - that all the activities, marketing and creativity from *Love Topsham* can happen only with your support, through contributions for a **Love Topsham Card**. If you love Topsham as much as we do, consider having a stake in the town's wellbeing with a £3 monthly contribution for a card. This gives you VIP discounts from many of our business supporters, and gives us the opportunity to promote the town and spread community cheer at these most difficult of times. Have a love-ly Valentine month, and see you in March with our diary of spring activities. The *Love Topsham* team

Recycle Devon

A trial to boost re-use of electrical items is taking place at five Household Waste Recycling Centres across Devon.

The project, funded by the electricals industry to encourage the re-use of electrical items, will initially focus on flat screen TVs, vacuum cleaners and lighting.

In 2018/19, over 7,200 tonnes of electrical items were recycled through Devon's recycling centres and the trial aims to go one step further and capture any items that are still in good working order to keep them in circulation for longer.

The participating trial sites are:

- Pinbrook Recycling Centre, Exeter
- Ivybridge Recycling Centre
- Brunel Road Recycling Centre, Newton Abbot
- Knowle Hill Recycling Centre, Exmouth
- Bideford Recycling Centre

Residents arriving at participating recycling centres with flat screen TVs, vacuum cleaners or lighting will now be asked by site staff if the item is still working and in good condition. Items that can be re-used will be PAT- and function-tested by trained site staff and then made available in the site's re-use shop for the public to buy, along with furniture, bric-a-brac and other re-usable household items. Non-working electrical items and any failing the testing procedure will be recycled.

It is estimated that following the testing process, 33 per cent of TVs, 50 per cent of vacuums and 72 per cent of lighting/lamps will be suitable to re-use, meaning an additional 48 tonnes of electrical goods will be re-used per year at participating sites.

Recycling centre resale shops are popular with the public as they offer a range of household items at affordable prices. Public demand for resale shops to include electrical items has grown as budget-savvy shoppers embrace the cost savings of buying re-usable goods, whilst also benefiting the environment.

The grant funding has helped provide workshop and testing facilities as well as staff training to allow re-usable items to be function and safety tested prior to resale. It is anticipated that the scheme will be self-financing going forward which will help keep it going.



Mental Health and Wellbeing Webinar, Tuesday 23rd February at 6 pm



We have another great line-up of speakers from CALM (Campaign Against Living Miserably): Gay Farmer Helpline, an Accredited CBT Therapist, Market Chaplin, FCN (Farming Community Network) and a very brave young lady from Kingsbridge Young Farmers.

To register for the event please following this link: www.mhwinfarming2.eventbrite.co.uk. If you register for the event but are unable to make it on the night, we will still forward you a recording of the event.

Nikki Rattenbury, Trading Standards Officer, Devon, Somerset and Torbay Trading Standards Service (01392 383000)

www.healthwatchdevon.co.uk
0800 520 0640

healthwatch
Devon

COVID-19 vaccine: what you need to know

Take a look about what you need to know about the COVID-19 vaccination programme including:

- How you will know when it's your turn
- Where to go
- ...and why it's important

You can also find local information about the COVID-19 vaccine on the Together for Devon website, managed by NHS Devon CCG [here](#)

We all have an important part to play to help the NHS deliver their vaccine delivery plan:

- Please do not contact the NHS to seek a vaccine, the NHS will contact you;
- When you are contacted, please book and attend your appointment(s);
- Turn up to your appointment on time, do not arrive early or late as the vaccination centres cannot accommodate you.

Regardless of whether or not you have been vaccinated, you must continue to follow the Government advice around COVID-19 restrictions. [Find out the latest Government guidelines here.](#)

For the latest information about the vaccine go to the [NHS website.](#)

[Find out more](#)

Every GP practice in Devon offering appointments to eligible patients as four more centres open their doors

Four more GP-led vaccination centres opened in Devon on Friday 15 and Saturday 16 January, meaning every practice in the county is offering appointments to eligible patients.

Last week, patients in priority groups were contacted to book appointments at new centres starting at:

- Culm Valley Integrated Centre for Health, Cullompton
- Lords Meadow Leisure Centre, Crediton
- Sherborne House, Newton Abbot
- St Thomas Health Centre, Exeter



[Find out more](#)

A poster for the East Devon District Council Local Plan consultation. It features a collage of images showing various landscapes and buildings in East Devon. The central text reads: 'We need your views to Help us SHAPE East Devon'. Below this, it says: 'Take part in the new Local Plan consultation at http://eastdevon.gov.uk/localplan'. It also mentions: 'Or post comments to Planning Policy, Blackdown House, Border Road, Heathpark Industrial Estate, Honiton, EX14 1EJ. Responses must be received by Noon on 15th March 2021'. At the bottom, it asks: 'Do you own land in East Devon which could be developed? We need to identify a supply of land in the District which could be developed. Find out more and submit your land at http://eastdevon.gov.uk/callforsites'.

Monthly Giggle



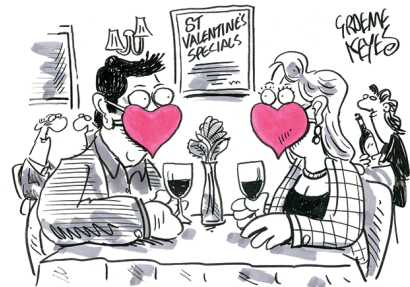
My neighbour looked over the fence and asked me what I was doing. I said, 'Planting my herbs in alphabetical order.' She said, 'I don't know how you find the time.' I said, 'That's easy. It's next to the sage!'

A priest was driving along a motorway and exceeding the speed limit. He was noticed by two police officers in a police car and they pulled him in. One of the officers noticed that the priest smelled strongly of alcohol so asked him what he had been drinking. 'Only water,' said the priest. The officer said, 'Let me look at that bottle on the seat beside you.' After examining the bottle, the officer said, 'This is wine.' The priest said, 'Oh Lord, he's done it again!!'

A man is booking a flight with a major airline. 'How many people are flying with you?' he is asked.

'I don't know,' he says. 'It's your plane!'

[Thanks to Lesley Richardson for these three. Ed]



I said to the gym instructor, 'Can you teach me to do the splits?'

He said, 'How flexible are you?'

I said, 'I can't make Tuesdays.' (Tommy Cooper)

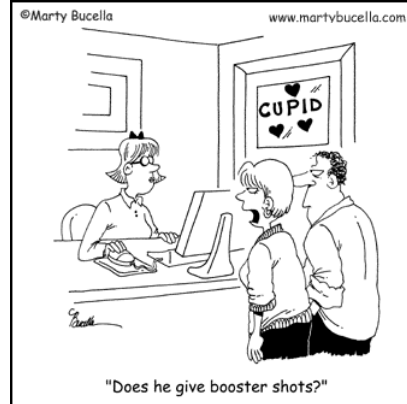
I went to the doctors the other day and I said, 'Have you got anything for wind?' So he gave me a kite.

A woman has twins and gives them up for adoption. One of

them goes to a family in Egypt and is named Amal. The other goes to a family in Spain who name him Juan. Years later, Juan sends a picture of himself to his mum. Upon receiving the picture, she tells her husband that she wished she also had a picture of Amal. Her husband responds, 'But they are twins. If you've seen Juan, you've seen Amal.'

Answers to the Anatomy Quiz

- | | | | |
|--------------|--------------|--------------|------------|
| 1. Trachea | 2. Coccyx | 3. Joint | 4. Muscle |
| 5. Brain tem | 6. Liver | 7. Appendix | 8. Sinus |
| 9. Lung | 10. Windpipe | 11. Vein | 12. Heart |
| 13. Elbow | 14. Spine | 15. Abdomen | 16. Organ |
| 17. Eyes | 18. Sternum | 19. Pancreas | 20. Testes |
| 21. Stomach | 22. Femur | 23. Patella | 24. umerus |
| 25. Ribs | | | |



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