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#### THE VICAR WRITES...



I read the following idea for an assembly: adapted it a bit and then used it. It uses some of the different messages found as potential explanations in each of the four gospels. What do you think? I wonder what the children will think?

Here it is – edited a little for space reasons: after the opening news headline, pause and ask yourself what your response would be.

The 'beeps' from the News sound.

Newsreader: Good morning and welcome to Lady Seaward's News. Our main headline today: a man has risen from the dead after three days. [Newsreader freezes.]

*Leader:* What do you think? Would you turn off the radio, or would you want to hear what the newsreader has to sav? [Pause.]

*Newsreader*: The disciples of Jesus of Nazareth, killed by the Romans, are claiming that he has risen from the dead. Our reporter in Jerusalem is at the site of the garden tomb.

**Reporter:** Amazing scenes here in Jerusalem where, as you can see, the tombstone has indeed been *rolled away*. No obvious sign of a body within. I am standing here, next to the empty tomb where, just three days ago, Jesus was buried, Jesus' followers are convinced that he has been resurrected and defeated death.

*Mary:* I saw him. I thought he was the gardener. But no! He knew my name; it was really him. **Peter:** It's true, I tell you! The body has gone; there is nothing left but grave clothes, and the huge stone has been *rolled away*!

**Reporter:** Not everyone believes that Jesus has risen from the dead, though, and the Jewish and Roman authorities are keen to dispel the dangerous rumour.

**Person 1:** I don't believe it. It's nonsense! No one can survive crucifixion! I think the women who came to anoint the body went to the wrong tomb!

**Person 2**: Well, I don't think Jesus really died on that cross. He probably survived, bribed the soldiers and then escaped. He simply pretended he was dead so that he could pull this stunt! **Person 3:** I'm not so sure you can trust those disciples, you know. I reckon they've stolen the

body and hidden it. Then, in order to cover their guilt, they've invented this story to say that Jesus rose from the dead. Whoever heard of someone coming back from the dead!

**Person 4:** I saw his followers after Jesus was crucified. They were full of grief, proper crazy! Grief can do funny things to people, you know; they've probably had hallucinations – seeing him when he wasn't there.

Person 5: Well, I can't think that they'd lie. Maybe Jesus could have risen from the dead. Maybe he was as powerful as he said.

**Reporter:** What do you think is the best explanation? We must each make up our own minds. Leader: The resurrection, the reason for Easter and a key tenet of Christianity - what for you is the best explanation? And...if you agree what this unlikely event is true...WHAT ARE YOU GOING TO DO ABOUT IT?

Bill and Daff Lemmey, Woodbury Vicarage 

revbillwhitecross@gmail.com

#### WHITE CROSS MISSION COMMUNITY



**Churches Open for Private Praver** Aylesbeare: Sundays, 10 am - 12 noon Clyst St George: Closed due to building work Clust St Mary: Closed Exton: Wednesdays, 10 am - 1 pm and Sundays, 2 - 4.30 pm *Farringdon:* Thursdays, 2 – 5 pm *Woodburu:* Wednesdays, 10 am – 1 pm Woodbury Salterton: Wednesdays, 3 – 6 pm and Saturdays, 9 am – 12 noon

#### Church Services during Lockdown in the White Cross Mission Community

We are pleased to be able to say that we are scheduling a programme of services in all of the WCMC churches in May – subject of course to Covid restrictions. Full details at the end of the magazine.

You will see that there will also be one Zoom service this month:

Sunday, 23<sup>rd</sup> May, Family Service, at 9.30 am.

Please email Jill at <u>dupain@hotmail.co.uk</u> for the Zoom address (it is the usual Rev'd Bill Zoom address for those who have been on Zoom before).

#### Thank You from Rev'd Chris Cant



In 2016 when I retired you kindly gave me money which I promised I would use for a greenhouse. Now after nearly five years it is finally ready for use. Thank you all so much. Chris Cant

#### WHY NOT ADVERTISE IN THE CLYST VALLEY NEWS?

If you are interested in advertising in the Clyst Valley News for 2021, now's the time to get in touch - with no obligation. We have a few spare slots still, at very reasonable rates! Please contact the Editor, Peter Skelton, at <u>clystvalleynews@gmail.com</u> or on 01392 879857.

Contributions, photos and letters to the editor for the June 2021 issue of the Clyst Valley News should be sent, <u>preferably by email</u>, to the editor, Peter Skelton, at <u>clystvalleynews@gmail.com</u> or to 3 Brockwells Court, Frog Lane, Clyst St Mary, EX5 1BX <u>by Saturday 15<sup>th</sup> May 2021</u> at the latest, please. Please note that contributions may be edited.

If you experience any difficulty in receiving your copy of the CVN, please contact your local distributor, as follows:

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#### **CVN DELIVERY VOLUNTEER NEEDED!**

Lizzie Parkinson is looking for a deliverer for the Clyst Road/Sandygate area and would be delighted to hear from someone. Please 'phone 01392 877249 or email her at <u>elizabethparkinson@mac.com</u>. Thank you.

#### EDITOR'S NOTE



Hello and welcome to this April edition of the Clyst Valley News. I'm excited to think some of you may be reading this from a paper edition of the magazine in your hands. Yay! That somehow makes me feel that the exit from this awful pandemic is just a little bit closer. Huge thanks to our volunteer teams of deliverers who are dropping the CVN on to your doormats. And commiserations to those of you who are not in our current distribution areas;

at least you're still able to view us online.

My warm thanks to Susan Platter for our lovely cover photo this month of a peacock butterfly on primroses. The splendour of nature at springtime.

Some of you will know, from previous musings in the CVN, that I'm quite a big football fan – and it's been great to have so many games to watch on the telly during lockdown, even if echoing, empty stadia have cast a slightly eerie atmosphere at times. As I write this, there has been a significant development on the football scene that is causing this fan – and thousands of others across the country - considerable consternation. It centres on the announcement yesterday from 'top' clubs across some European countries, including England, to set up a breakaway so-called European Super League, totally separate from UEFA-regulated European competitions and with an elitist, closed shop, no-promotion-or-relegation system; matches to be played alongside the clubs' domestic commitments. It seems that this initiative has been led by the very wealthy (mainly overseas absentee) owners of the clubs without any consultation with fans or even players! It would appear to have very little to do with enhancing the potential of football in this or other participating countries (especially at grassroots level); and everything to do with greed and increasing the profits of the clubs concerned.

There has been a very strong reaction to this news from people who care about our national game and I'm pleased to see now that the Government, who were also caught unawares by this announcement, is taking a hard line. I have also noted that no German or French clubs have signed up as yet. If ever there was a case for people power to exert its influence, now is the hour. It may seem to non-footie fans that this is all a storm in a teacup and hardly significant at the time of an unprecedented public health crisis. But it is worth remembering that football in this country probably plays a greater role in shaping our culture of diversity and cementing a sense of community cohesion than any other single aspect of our lives. As Bill Shankly, legendary manager of Liverpool FC from the late 50s to the early 70s, once so eloquently said: 'Some people think football is a matter of life and death. I assure you, it's much more serious than that.'

I hope this ridiculous, cynical venture bites the dust very soon. Rant over... Enjoy the magazine; and keep safe. Best wishes. Peter Skelton

STOP PRESS! All six Premier League clubs have now withdrawn from the ESL Yes!

#### YOUR PHOTOS ALWAYS NEEDED FOR THE COVER OF THE CVN!



There must be a lot of photographers out there snapping away around our villages. After all, our neck of the woods is rather photogenic. Why not share your results with our readers? Most months we aim to put one nice pic on the magazine cover and we need yours! So please do send in your efforts to the editor, Peter Skelton, who will choose one each month. Try to use relatively

high-definition settings but that's not a must. Just email them across to <u>clystvalleynews@gmail.com</u> and we'll do the rest. Simples!

#### SUBSCRIBE TO THE CLYST VALLEY NEWS NOW! IT'S COMPLETELY FREE!

If you'd like to receive your own copy of the CVN (in full colour!) direct to your email address every month, completely free of charge, all you have to do is email the Editor, Peter Skelton, at <u>clystvalleynews@gmail.com</u> with the following message: 'I **am happy to receive the Clyst Valley News at this email address once a month. I understand that the CVN will not pass on my email address to any third party without my written permission.**' Please do sign up! You can cancel at any time. Thank you.

#### CLYST ST MARY



#### **Clyst St Mary Church**

We are pleased that Clyst St Mary Church has resumed services from April, subject of course to social distancing and other Covid protection measures. Please see the May rota at the end of the magazine; we will not, however, be continuing with the private prayer arrangements for the time being. Please contact the Churchwardens Pat on 01392 877907 or Linda on 01392 875708 for more information. Notices and information on these

arrangements and on other matters are available at the church. Take care everyone, stay safe and God Bless.

#### **Church Coffee Mornings**



We hope to be able to resume these as soon as the Covid rules permit.

#### **Bishops Clyst Parish Council**



*Play Area*. The new play area opened on 2<sup>nd</sup> April 2021. We were absolutely



delighted to see that it was very busy over the Easter holidays and seems to have been a big hit with our local children!



our new website and we should be ready to launch by 1<sup>st</sup> May. The new website address will be www.bishopsclvst.org.uk.

Parish Council Vacancies. You may be aware that there are vacancies for Parish Councillors on the Bishops Clyst Parish Council. If you would like to represent the residents of Clyst St Mary and Sowton Village on the Parish Council we would very much like to hear from you. We are particularly keen to recruit someone with an interest in the environment to be our Climate Change/Green Champion. If this appeals to you, or you have other areas of interest, please email our Clerk, Karan Bennett, at bishopsclyst@gmail.com, with a personal statement setting out what skills and experience you would bring to the council.

Contact the Parish Council. Karan Bennett, PC Clerk, working from the PC office in Clyst St Mary Village Hall on Monday to Wednesday, 9 am to 1 pm. Call 01392 874405 or email bishopsclvst@gmail.com.

#### **Clyst St Mary Village Hall**



Having undertaken redecoration, repairs and improvements during the last six months, it's frustrating that our regular users are unable to enjoy the 'refreshed' facilities! However, we are open for business if your use is permitted within the government guidelines! If you know

that this is the case, our new Bookings Coordinator, Ali West, would be delighted to discuss and availability with vou can be contacted (preferably) through bookings@clyststmaryvillagehall.co.uk or on 01392 949088.

#### Walking Group



#### **Clyst St Mary Primary School**



Our summer term is starting with a rivers project and will involve all classes in trips out (on foot) to visit our local area and especially our local river, the Clyst, along with its

associated flood relief plain and the village's new flood defences. It is a great boost to children's, and staff's, morale that we can go back to enjoying our normally wide range of offsite activities that support the children's learning and produce the life-long memories of fun and laughter at school.

With the relaxing of lockdown, we are also now able to travel for sporting events and hope to be taking groups of children out to experience new environments and the fun offered by participating in events with other schools. Year 5 will be undertaking a week of cycle training with the Bikeability team and we are starting to plan for our Japanese Project, linked to the Olympic Games.

On site Year 4 are rounding off their Forest School sessions and Classes R, 1, and 5 will have at least one Forest School session with Melinda from Outdoors Southwest during this first half term. A visit from the Devon Waste Education Team will see Class R finding out about minibeasts in compost!

The end of the spring term was marked with a day of sporting fun. All classes completed a session on the obstacle course which Mrs Rose set up with the support of some of the Premier Sport team. The children wore their own sports kit to school and really enjoyed this relaxed day - thank you to all those who helped make this happen; the children had a wonderful day.



Wishing our community well as summer approaches and we look forward to the continued lifting of restrictions.

#### **Clyst Valley Pre-School**



Clvst Valley Preschool has remained open throughout the pandemic for all our children and is now full at almost every session. We are currently taking applications for September 2021 and beyond with sessions available on every day. Sadly we are not yet able to hold open days or taster sessions but hopefully this will change as lockdown is eased and things return to a new normal! To

apply, or for more information, check our website www.clystvalleypreschool.org. You can also call us on 01392 876615 or email us on manager@clystvalleypreschool.org.

#### **Table Tennis Club**



Please come and join us! We are hoping to resume play at the Clyst St Mary Table Tennis Club from Thursday 20th May. New members always welcome. We play at the Village Hall every Thursday, 4- 6 pm. The minimal fee of £20 for a 10-week session includes use of all equipment and refreshments. For further details please contact Pam Gardner on 07714 097220 or by email to pamelamgardner@gmail.com.

[For the tennis, short bowls and badminton clubs please look out for notices in subsequent issues of the CVN as to when activities will resume.] 

#### **CLYST ST GEORGE AND EBFORD**



#### **Clyst St George Church**

We are pleased that Clyst St George Church has resumed services from April, subject of course to social distancing and other Covid protection measures. Please see the May rota at the end of the magazine; and contact Jacquie Manser at jacquie@jmanser.co.uk for more information.

Notices and information are available at the church and of course we hope that you will adhere to these and keep

vourselves and anyone else who may be there safe.

#### Clyst St George Parish Council Chairman's Notes, May 2021

We currently have a vacancy for the Parish Council; perhaps you can help the Parish Council make decisions that reflect your views and those of our community? We meet monthly for about an hour and a half normally in the Hall. Interested? Then contact our Clerk, Cathryn by email at clyststgeorgeparishcouncil@googlemail.com.

Two elections for May, Devon County Council and the Police and Crime Commissioner. We will have two votes for the Broadclyst seats and one for the PCC. The election is on 6th May, The polling station is the Parish Hall.

Stay safe, and hope to restart coffee in the Hall ASAP. John Manser iohn@imanser.co.uk

01392 874861

#### Norman's Weather Report



March was a very dry month, only 34 mm (1<sup>1</sup>/<sub>3</sub> inches) fell, of which 22 mm appeared in the second week here at Ebford. The recent ten-year average for the month is 69 mm (2<sup>3</sup>/<sub>4</sub> inches). March rainfall followed a relatively dry January and February, the three-month total being only 197 mm (7<sup>3</sup>/4 inches).

As I write in mid-April no significant rain/snow has fallen here since 25<sup>th</sup> March and none is really forecast for the next two weeks. Garden pots and transplanted items require steady, frequent watering; perhaps climate change includes the absence of April showers! Norman Cann

#### **RIP Andrew Williamson**



Mary, Alice, Tom and James would like to express their thanks to those who lined the route of the hearse through the village on Friday 26<sup>th</sup> March to pay homage to Andrew on his final journey.

Andrew died peacefully at home on 15<sup>th</sup> March, aged 73, from bowel cancer which was diagnosed last July. The funeral took place at Clyst St George Church; the service was officiated by Rev'd Bill Lemmey, assisted by Jacqui Manser and Lizzie Parkinson with 30 mourners of family and close friends. Having lived in Victoria House (part of the original rectory) for ten years, Andrew and Mary felt the lovely parish church was almost part of their

garden so it was fitting to have the funeral there. Andrew loved watching the evening sun on the tower and walking round the delightful churchvard, full of spring flowers at this time of vear.

Following a long career in social care, in his retirement Andrew continued to offer his experience and expertise by being on the boards of various local organisations, including Exeter Primary Care, Colab and Estuary League of Friends, where he was elected Chair early last year. He also served on the Clyst St George and Ebford Parish Council and occasionally remembered to turn up on the first Saturday of the month to help in the nature garden!

Andrew will we hope be remembered as a smiling, convivial member of this community, always keen to support village events. He enjoyed nothing more than a chat over a drink at the cricket club on sunny summer evenings or conversing with people whilst out cutting his front hedge or walking his springer spaniel, Marley, around the village.

He will be much missed by his family who would like to reiterate their thanks to Bill, Lizzie, Jacqui and Linda (for the beautiful flowers) and to all his friends in the village and those who were close by on 26th March. Mary and Tom Williamson; Alice, James and Olivia Clark.

#### **Clyst St George Parish Hall**



Clyst St George Parish Hall is open once more to anyone who wants to hire the Hall. We are not making the Ethel Cann Room available at the moment as it is too small to adhere to the social distancing rules. The Hall has been redecorated and is looking splendid.

There are hand sanitising units at strategic points in the building for

the use of the hirers and hirers are asked to be responsible for making sure that they adhere to the government guidelines for holding gatherings in a COVID-safe way. Our cleaner will use PPE when working in the Hall and he has special cleaning fluids to make the area as safe as possible. We are confident we will resume the coffee mornings (see above), Big Breakfast and the guiz evenings, hopefully soon. Watch this space!

Enquiries to Claire Marks at clyststgeorgeandebfordyhall@outlook.com or 'phone 07834 234546. Pamela Diffey (Chairperson) 01392 877497

#### Nature Garden

Clyst St George has a delightful nature garden by the side of the parish church. The aim of the garden is to grow local Devon indigenous plants and trees and to encourage a Devon meadow with local wild flowers. Should you wish to help develop this 'green' facility, you can come along on the first Saturday of every month from 9.30 to 11 am. (PLEASE CHECK IN ADVANCE.)

#### Little Dragons Pre-School

We are pleased with the outcome of our Ofsted inspection in April 2018, where we were judged to be 'good'. We have now re-opened and have been operating at full capacity from September. We are based in Lady Seaward's School and open four days a week, from Monday to Thursday 8.45 am – 3.15 pm during school term times.

For more information please telephone Elly on 07939 995486 (in school hours), email littledragons@live.com or visit our website www.littledragonsclyststgeorge.com.

#### WOODBURY SALTERTON

# **Church Services**

We are pleased that Woodbury Salterton Church has resumed services from April, subject of course to social distancing and other Covid protection measures. Please see the May rota at the end of the magazine; and contact the Churchwarden, Debbie Jung on 01395 232328 for more information. The church will continue to be open for private prayer on Wednesdays, 3 - 6 pm

and Saturdays, 9 am - 12 noon. Notices and information are available at the church and of course we hope that you will adhere to these and keep yourselves and anyone else who may be there safe.

#### Easter Day: Back in Church!

It was a joy to be back in church to celebrate Easter Day – as we were unable to do last year. Rev'd Bill conducted the service of Holy Communion at which a group of four singers in the choir were able to sing the Easter hymns. He blessed the Easter garden in church and two small ones made by children. At the end everybody went outside into the churchyard where all were allowed to sing the final hymn 'Thine Be the Glory'.

#### Katharine Receives Maundy Money from the Queen



We were all thrilled to hear that Katharine Wheeler had received a letter from Her Majesty the Queen awarding her the honour of receiving Maundy money. Her nomination was for Christian service. She was recommended by the Bishop but sadly could not go to Westminster Abbey to receive it in person due to the lockdown. Only 95 men and 95 women in the whole of the country received the money this year – the number relates to the age of the queen.

Katharine has been the organist at Woodbury Salterton for over 29 years, often helping out at other churches in our Mission Community. She also runs the church choir, has made many of their robes and is very active in

the school, being a governor for 20 years and linking the school and the church. Katharine raises hundreds of pounds for the church every year with her very popular quizzes

and numerous knitted animals.

Maundy money comes in two leather purses. The red purse contains  $\pounds$ 5.50 including a special  $\pounds$ 5 coin to commemorate the Queen's 95<sup>th</sup> birthday and a 50p coin to mark the 50<sup>th</sup> anniversary of Decimal Day in 1971. The white purse contains Maundy coins - silver pennies, twopences, threepences and fourpences totalling 95 pence. All coins are newly minted.

Congratulations Katharine, so well deserved.

[I'd like to add my congratulations to the wonderful Katharine on this special honour. Katharine has also been the main CVN correspondent for Woodbury Salterton for many years. Ed]

#### Woodbury Salterton Church of England Primary School



A Belated Happy Easter From Us All!

The continued Covid-safe school restrictions prevented us from having our usual Easter service in church with our children's parents and carers. We want to share with you all that we have been learning about this month in the lead up to this very

#### special time of year.

Class 1 listened to the Easter story and created an Easter garden. Class 2 have been learning about the Easter story and painted pictures to show the life of Jesus and wrote about why he was such an important person. The art work has been fixed to the perimeter fence so can be seen by all walking or driving past our school.

Class 2 also wrote an EASTER acrostic poem: Everybody can celebrate because Jesus rose from the dead, All on earth are loved by God, Spending time with family and friends, This is a time

for new beginnings, **E**aster is a time for reflection towards God, **R**emember that God loves everyone, let's pray for today. Learning has continued in both the classrooms and in the newly refurbished Forest School that we told you about last month; highlights for the children have included Bikeability training for the Year 5s with a trainer from Devon County Council. The children learned how to check that their bicycles are roadworthy and safe for



use, mastered some tricky manoeuvres and how to stay alert and safe when cycling on the roads in the village by paying attention to important road signs.

Class 2 and 3 took part in learning with Becky Mason, (School Sport Co-ordinator from the Dartmoor School Sport Partnership) about being 'sugar smart'. All the children were really interested and engaged in learning how to become more aware of the 'good' and 'bad' sugars in our food. They learned all about increasing the amount of good sugars that occur naturally in our fruit and vegetables and how to limit the bad sugars in the many products we consume every day. The children learnt about the effects of too much bad sugar on our bodies, teeth and our behaviour. Did you know that the recommended amounts of bad sugar a day are: 5 cubes for 4 - 6 year olds; 6 cubes for 7 - 10 year olds; and 7 cubes for 11 + year olds (1 cube = 1 teaspoon = 4 grams)? Did you know that research has shown that some children in the UK are having ten times their daily recommended amount of bad sugar a day!?!

The children were very surprised at the amount of sugar in the everyday food products they looked at and learned how important it is to check the labels of the products we buy to be aware of what we are consuming. The children also looked at the importance of exercise and that they need a minimum of 60 minutes' activity a day to achieve an energy balance. Our energy balance is our input of food to our output of energy we use...trying to make it balance out!

The children learned about sugar swaps: swapping bad sugars for good ones. After Easter the children will share how they got on at home over the holidays. Some additional information to look at can be found on the government website: Sugar Swaps for Kids | Make a Swap | Change4Life (www.nhs.uk).

In March the children in Class 2 celebrated Red Nose Day by creating giant red noses with funny faces and an inspirational message to spread happiness and joy. Class 3 joined in the fun on Comic Relief day and created red noses with a smile. The children thought of inspirational quotes to pass on to our community which can be found on our school website on the *Latest News* page. We hope you enjoy them too!



Also in March, Class 3 celebrated the work of great scientists during British Science Week, including Alan Turing, Helen Sharma and Jane Goodall. They discussed the importance of scientific discovery and imagined how they could one day be involved – from studying animals in the wild to flying to the moon!



This month we have said farewell to two very special teachers who are moving on to new careers. Mrs Turner and Mrs Shepherd both are leaving and the children gave a special outdoor assembly for Mrs Shepherd to say thank you and goodbye. Mrs Shepherd has been with the school for ten years and Mrs Turner has been with us for 9 years. They have both made an enormous contribution to the school, to the children they have taught and to the team they have been part of. They will both be sorely missed and we offer them our thanks and warmest wishes as they move on in the next phase of life.

Mrs Milford, Head of Learning, shared a message for children and parents on our website and we wanted to share it with you all. *We have reached the end of this term but it is fair to say* 

that the last few months have been a bit of a rollercoaster! We have felt incredibly supported by all of you and the children have shown such resilience in the face of many changes. It has been a relief for all of us to be able to get back to a relatively normal school routine and it has been lovely to see the children laughing, playing with their friends and enjoying their learning. We hope you and your family have a wonderful break and can find some time to rest and catch up with friends and family.



#### Suspension by Zoom - But a Chance to Say Thank You



The formalities of the suspension of Woodbury Salterton WI were carried out at a Zoom meeting led by DFWI Adviser, Jenny Roberts. A few WI members joined the three officers, Gil Bricknell (President), Terrie Newman (Secretary) and Gill Scott (Treasurer) online.

Valerie Davieson wished it to be recorded that our branch is very appreciative of and grateful for all the work that our three officers have put in to keep our

Institute going for so long. Gill has served two terms as a very popular and active President, Terrie has been an excellent Secretary for many years and Gill Scott an extremely efficient Treasurer. In normal times we would have thanked them all at our AGM but in the present circumstances have to do this through the magazine.

*Gill Bricknell writes:* As lockdown ceases we all hoped to return to normal life (as it was pre-Covid). Sadly, in many cases this will not happen and we have had to adapt to a 'new normal'. Woodbbury Salterton WI has maintained contact with members as best we could during lockdown but we reluctantly voted to suspend our Institute taking effect from 31<sup>st</sup> March 2021. This does not mean 'the end' of our Institute - suspension means just that. WI records of importance will be held by Devon Federation of Women's Institutes for a period of three years. If anyone should want to reinstate the WI within this period there will be a record of our history and funds to start again.

We have an exceptional group of ladies and we have had offers of joining nearby WIs if required. We thank both Woodbury and Aylesbeare for offering a hand of friendship to us.

Our WI was started in 1954 and according to the records we have there were 42 members. Some of us were privileged to know two founder members - Doris Eveleigh and Margaret Smith. There were many Christmas shopping trips - group meetings with the competitions and the debate after about who and what won!! We visited Highrove Royal Gardens with a bus driver who did not know the way - many a Christmas service was enjoyed at Exeter Cathedral and to hear 'Jerusalem' being sung by a congregation mainly consisting of ladies was unforgettable and we were pleased to see two of our members in the choir. There are so many happy memories.

Now is the time to move forward and we hope to start the lunches at The Digger's Rest as soon as we are able. We would like to think that we could evolve into an all-inclusive group of people who want to get together and have a chat over a cup of coffee or a meal. Thank you. Gill Bricknell

#### Village Hall Activities



The Hall is a great asset to the village and is a great space for community and private events. We have a few regular groups open to all: community coffee morning, first Monday of the month, 9 to 11.30 am; Woodbury Salterton parent and toddler group, Monday

mornings, 9 to 11 am; Woodbury Salterton WI, second Wednesday of the month, 7.30 pm; whist, third Tuesday of the month, 7.30 pm.

[Please check in advance when these activities will resume.]

#### **POETRY CORNER**

by John Smith (of Clyst St Mary)

#### Coast Path

I have missed my old friend, the coast path, Caressing the edge of the cliff, And the wildflowers of the season, Celandine will be there now.

Yet the path asks nothing from me But waits and gives all I ask, Unchanging peace and serenity To escape the worried world.

And when the walk is over And the tiredness leaves the limbs, Nature will keep the vigil -Celandine will be there now. ©John Smith

#### AND FINALLY...

#### Exmouth Mobile Library Timetable 2021

Day	Village	Stop	Arrive	Depart
Friday	Aylesbeare	Nightjar Inn	09.50	10.10
Friday	Clyst St Mary	Cat and Fiddle	12.10	12.30
Tuesday	Clyst St Mary	Winslade Park	14.50	15.10
Tuesday	Clyst St George	School	15.20	15.40
Monday	Exton	Station	09.45	10.05
Friday	Woodbury Salterton	Kennels	12.50	13.10
Woodbury	Woodbury	White Hart	14.00	16.00

• Disclaimer: Due to operational circumstances, the mobile library may need to be off road and unable to visit on some dates. Details will be publicised closer to the time. These timetables may be subject to change.





#### Hymns Quiz by Barbara Scales



All solutions are the titles of hymns. Answers in the 'Monthly Giggle' section.
1. Inspect this amazing emblem used by Christians......

- Everything is clever and delights the senses......
   Holy City.....
  - We have a holy companion.....
  - Outstanding prayer before a meal.....
- 6. A base on which to build a place of worship.....
- 7. Start of a letter to the Almighty and male parent of all.....
- 8. The period Jesus fasted.....
- 9. High achieving male offsprings before noon.....

4.

5

- 10. Followers of Christ, wake up.....
- 11. Glorify the centre of one's spiritual being, the monarch of a place of supreme happiness.....
- 12. Christ's army marches forward.....
- 13. Adorable affection above all other affections.....
- 14. The keeper of the sheep is my master.....
- 15. Would you be honest and brave?
- 16. The travellers to the holy place are a cheerful lot.....
- 17. Sing about a devotion that is not recognised.....
- 18. Allow everyone in the universe to use their vocal chords to produce music.....
- 19. Come and live with me.....
- 20. Pendle, for example is the colour of grass and very distant.....
- 21. It is now night after the gift of day.....
- 22. Present me with fuel to enable me to light up the room.....
- 23. Old boulder that was split for you.....
- 24. Make a solemn promise to one's nation.....
- 25. Make a path for calm and tranquility to travel.....

[Many thanks, once again, for compiling this quiz, Barbara. Ed]

# **U3A** Exmouth and District U3A Celebrating National U3A Day

Wednesday, 2<sup>nd</sup> June, 10.15 am for 10.30 start, via Zoom. 'Celebration of Connection'. If you'd like to attend, please email <u>secretary@exmouthu3a.ork.uk</u> for the Zoom link. Lots of fun/interesting activities and presentations. You will be most welcome!

## Come to Your Senses in Topsham This May!



You can fill up your senses in Topsham this month with plenty to taste, hear,

see and even smell - and we think you'll have taken leave of your senses (sorry!) if you don't pay us a visit.

First something for the tastebuds, and what more can you ask for than a mix of perfect coffee and award-winning food? Love Topsham's new *Choose to ReUse* campaign aims to help

our many coffee and tea drinkers keep down the litter problem and keep up their eco-credentials. You can buy one of our new reusable cups for £5 from many of the town's participating cafés and, for a limited time, enjoy the first hot drink free of charge! From then on you'll get a discount off each hot drink you buy but most importantly you'll be helping us to keep Topsham as beautiful as can be. Look out for posters in town or, if you're already a Love Topsham



And from 17<sup>th</sup> May our tastebuds will be working even harder as Topsham's cafés, restaurants, pubs and bars resume normal business, inside and outside, in line with government guidance. We have all our existing favourites reopening plus one or two new places to eat and drink - again, it's all on our website.





Also in the second half of May, we have a visual feast in the shape of hanging baskets courtesy of Love Topsham. Expect to see (and smell) these along High Street and Fore Street, the main re

High Street and Fore Street, the main retail areas of the town. Long-standing visitors will recall that Topsham had many floral displays each summer in the distant past and we aim to recreate that, 2021-style, with no fewer than 80 baskets offering a

cavalcade of colour through the town. Our team of volunteers will be out each day (or at least each dry day) watering the baskets - they'll be wearing Love Topsham hi-vis jackets so please say hello!

If you're a regular visitor to Topsham and want to make the most of summer 2021, why not help support what we do by becoming a Love Topsham Cardholder? For a donation of £3 a month you will directly help us keep the town vibrant, attractive and clean, all within Covid-safe guidelines. You'll also be entitled to discounts in some shops and invitations to VIP events we'll be revealing later in 2021. And don't forget that free *Choose to ReUse* recyclable cup too! Please see <u>lovetopsham.co.uk</u> for details about the card and all our activities - thank you.



Have a great month, and we'll see you in town soon! Best wishes from the Love Topsham team.

# we are open

and can see you safely - Monday-Friday 09:30-16:30

For cancer support and information plus advice on claiming benefits TO 01392 406151 Oncology physiotherapist TO 01392 403094 Support@forcecancercharity.co.uk

For psychological and emotional support 죠 01392 406168 / 406169 점 help@forcecancercharity.co.



# **Estuary League of Friends**



Working to improve the quality of life of those in need of care, comfort and support in our community since 1987.

We are proud to have taken over 100 local people on return journeys to their GP or vaccination centres so that they can access the much-anticipated Covid-19 vaccination.

Our friendly team are helping people with limited mobility or those who don't have their own vehicle to attend health appointments at their GPs, at the RD&E and other local healthcare settings through our Covid-secure assisted transport service. We can provide a car or a wheelchair-adapted vehicle depending on



your needs. If you or anyone you know needs help getting to an appointment give us a call and we will be more than happy to help.

If you have some free time on your hands and feel you would like to help us transport people to their appointments, we are always needing more volunteers! Volunteering is the perfect way to keep active and help others in your community! We have volunteer opportunities for people of all ages and from any walk of life. To find out more please give us a call.

Great News! From Monday 12<sup>th</sup> April we have been able to open up our café for outside table



service. We look forward to welcoming you back to the Bradbury Café where hot, delicious meals are freshly prepared every weekday by our resident chef. The menu changes daily to include fish & chips, chicken curry and rice and delectable desserts like apple pie and custard. Light refreshments

including tea, coffee, juices, cake and snacks are also available. The café is open Monday to Friday from 10 am to 2 pm. *Even though lockdown restrictions are lifting we will still be offering our hot daily meal delivery service.* 

We know that sometimes people need a helping hand to live independently at home. Our *Home Help* is available to local people of all ages and is tailored to your individual needs. We can help with cleaning, ironing, laundry or general housework. We can collect your groceries and prescriptions from the local shop, supermarket or pharmacy and deliver them to your door. We can help with sorting mail, filling in forms, paperwork or banking.

Our subsidised **Sitting Service** is available for carers. Take a break from your caring responsibilities during the day or the evening while a friendly member of our team takes your loved one for a walk, visit or drive. Our dedicated team is ready to help. Call us today on 01392 879009 to find out more.

From 12<sup>th</sup> April we have been offering our *Hair at Home* service. If you are housebound and are in need of some styling we can offer a basic hair at home service; we can do anything from a dry cut to a wash cut and blow-dry. To book in for an appointment just give the office a call.



The Estuary League of Friends offers a wide range of services and activities

from our Topsham-based community hub, Nancy Potter House. One of the services that we offer is *Nail Cutting*. Our friendly nail technician Louise is on hand to keep your nails trim. We have nail clinics on certain days at the hub so give us a call to get booked in.

Don't forget our puzzle club is still running - we now have over 150 puzzles to choose from. Pop on down to Nancy Potter House to have a browse at our catalogue. Each puzzle can be booked for one, two or three weeks for just 50p a time.

We now have a new website which is up and running why not take a look: <a href="https://www.estuaryleague.org/">https://www.estuaryleague.org/</a>



Charity Shop Opening Hours Starting From Monday 12<sup>th</sup> April:

Monday: 10am – 3:30pm Tuesday: 10am – 3:30pm Wednesday: 10am – 3:30pm Thursday: 10am – 3:30pm Friday: 10am – 3:30pm Saturday: 9am – 1:30pm Sunday: Closed





Topsham Post Office Is Open For 1 To 1 Appointments.

Our Opening Days & Times:

Tuesday: 9.15am – 3.45pm Wednesday: 9.15am – 3.45pm Thursday: 9.15am – 3.45pm Saturday: 9.00am – 11:45am To book your appointment please call 01392 879009.

No appointment, No entry! 🗲

PLEASE WEAR A FACE MASK WHEN





#### **Monthly Giggle**

One day a little boy said to his mother, 'Is it true we all come from dust?' His mother said that was what the Bible says. The little boy then asked if it was true that when we die we all go back to dust. His mother said, 'Yes, that is what the Bible says.' The little boy looked at his mother and said, 'Well, I just looked under my bed and someone is either coming or going...'

Did you know that on the Canary Islands there's not one canary? It's the same on the Virgin Islands...Not one canary there either! [Thanks to Lesley Richardson for these two good 'uns. Ed]

#### Now That I'm Older...

Coronacoaster: noun; the ups and downs of a pandemic. One day you're loving your bubble, doing work outs, baking banana bread and going for long walks and the next you're crying, drinking gin for breakfast and missing people you don't even like.

Ate salad for dinner. Mostly croutons and tomatoes. Really just one big round crouton covered with tomato sauce, and cheese. Fine, it was a pizza...OK, I ate a pizza! Are you happy now?

I see people about my age mountain climbing; I feel good getting my leg through my underwear without losing my balance. [Thanks to John Flitney for these. Too close for comfort! Ed]

*My* local supermarket was broken into last night, and 20 pallets of eggs were stolen. Police suspect poachers.

#### Answers to the Hymns Quiz

1. When I Survey the Wondrous Cross 2. All Things Bright and Beautiful 3. Jerusalem 4. What a Friend We Have in Jesus 5. Amazing Grace 6. The Church's One Foundation 5. Amazing Grace 6. The Church's One Foundation 7. Dear Lord and Father of Mankind 8. Forty Days and Forty Nights 9. Brightest and Best Are the Sons of the Morning 10. Christians Awake 11. Praise My Soul the King of Heaven 12. Onward Christian Soldiers 13. Love Divine All Loves Excelling 14. The Lord's My Shepherd 15. Who Would True Valiant Be? 16. O Happy Band of Pilgrims 17. My Song Is Love Unknown 18. Let All the World in Every Corner Sing 19. Abide with Me 20. There is a Green Hill Far Away 21. The Day Thou Gavest Lord is Ended 22. Give Me Oil in My Lamp Keep It Burning 23. Rock of Ages Cleft for Me 24. I Vow to Thee My Country 25. Make me A Channel of Your Peace





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\*subject to eligibility





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#### WCMC SERVICES MAY 2021

<b>•</b> • • • • •			
Sunday 2 <sup>na</sup> Mag	y: 5™ Sı	ınday of Easter	
Week 1			
09.30	AYL	Morning Worship	Christine
09.30	WST	Holy Communion	Rev'd Mar
09.30	CSM	Holy Communion	Rev'd Bill
11.15	WBY	Holy Communion	Rev'd Bill
18.30	ΕΧΤ	Evening Worship	Rev'd Bill
Sunday 9th May	y: 6 <sup>th</sup> Su	nday of Easter	
Week 2			
09.30	ΕΧΤ	Holy Communion	Rev'd Mar
09.30	FAR	Holy Communion	Rev'd Pete
09.30	CSG	Morning Worship	Christine
Sunday 16th Ma	ny: 7th 5	unday of Easter	
Week 3			
09.30	AYL	Holy Communion	Rev'd Bill
09.30	CSM	All Age Worship	ТВА
09.30	WST	Breakfast Family Service	ТВА
18.30	WBY	Evening Prayer	Rev'd Pete
Sunday 23 <sup>rd</sup> M	ay: Pent	ecost	
Week 4			
09.30	CSG	Holy Communion	Rev'd Jani
09.30	Zoom	Family Service	Zoom tear
09.30	FAR	Morning Worship	ТВА
Sunday 30th M	ay: Trini	ity Sunday	
Week 5			
10.30	CSG	Mission Community	Rev'd Bill

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Combined Holy Communion

AYL Aylesbeare FAR Farringdon EXT Exton WST Woodbury Salterton WBY Woodbury CSG Clyst St George CSM Clyst St Mary

If you would like a link to the Zoom service, or have any other queries please email Jill at dupain@hotmail.co.uk. For pastoral matters, please contact Rev'd Bill on 01395 232161.

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