# CLYST VALLEY NEWS NOVEMBER 2021











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#### WHITE CROSS MISSION COMMUNITY



#### **Churches Open Again!**

We are delighted to say that all seven churches in the WCMC are now fully open! For details of the scheduled services for November, please see the programme at the end of the magazine. There will also be a Zoom service this month: *Sunday 28th November, Family Service, at 9.30 am.* Please email Jill at dupain@hotmail.co.uk for the Zoom address.

Contributions, photos and letters to the editor for the December 2021 issue of the Clyst Valley News should be sent by email, to the editor, Peter Skelton, at <u>clystvalleynews@gmail.com</u> by Monday 15<sup>th</sup> November 2021 at the latest, please. Please note that contributions may be edited.

If you experience any difficulty in receiving your copy of the CVN, please contact your local distributor, as follows:

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#### EDITOR'S NOTE



Hello and welcome to this November edition of the Clyst Valley News. Suddenly, Christmas is just around the corner and you'll see a number of references to upcoming festivities in the magazine. Wasn't it only yesterday that we were complaining of the heat wave? What's going on?...

My grateful thanks once again to Gordon Haime from Ebford for this month's cover photo of harvesting in full flow. Enchanting light.

I thought I'd share with you this month a lovely little story that happened quite recently and which I hope may warm the cockles of your hearts too. I'm not going to name names but one or two of our readers will know who I'm referring to. I suppose it demonstrates in a modest way the power for good a community magazine like ours can exert.

A few weeks ago I was contacted by email by a reader in the USA – yes we actually have a far-flung readership, you know! This gentleman, who used to reside in the area, asked if I could help to put his elderly mother back in touch with a very old friend of hers – of similar vintage – with whom she had lost contact a long time ago. At that juncture, he only had the friend's maiden name but he knew that both ladies had lived in Clyst St Mary. The big breakthrough came when he (or his mum) remembered the friend's married name. I went on to the village group page on Facebook appealing for any information and in no time at all the lady friend was identified, other family members came forward with more fascinating background information and the upshot was that, a few weeks later the ladies, both in their nineties, were reunited, swapping photos and chatting over the 'phone, reminiscing about the times when they were working together towards the end of WW2! Such a lovely ending to the story in which our very own little CVN played a part. Thanks to everyone else who helped out. Have a good read. And be careful with those fireworks! Best wishes. Peter Skelton

#### WHY NOT ADVERTISE IN THE CLYST VALLEY NEWS?

All our advertising slots this year are filled but if you are interested in advertising your business or organisation in the Clyst Valley News in 2022, please get in touch - with no obligation. Contact the Editor, Peter Skelton, at <a href="mailto:clystvalleynews@gmail.com">clystvalleynews@gmail.com</a> or on 01392 879857.

#### YOUR PHOTOS ALWAYS NEEDED FOR THE COVER OF THE CVN!



There must be a lot of photographers out there snapping away around our villages. After all, our neck of the woods is rather photogenic. Why not share your results with our readers? Most months we aim to put one nice pic on the magazine cover and we need yours! So please do send in your efforts to the editor, Peter Skelton, who will choose one each month. Try to use relatively high-

definition settings but that's not a must. Just email them across to <a href="mailto:cluster) cluster will do the rest. Simples!</a>

#### SUBSCRIBE TO THE CLYST VALLEY NEWS NOW! IT'S COMPLETELY FREE!

If you'd like to receive your own copy of the CVN (in full colour!) direct to your email address every month, completely free of charge, all you have to do is email the Editor, Peter Skelton, at <a href="mailto:clystvalleynews@gmail.com">clystvalleynews@gmail.com</a> with the following message: 'I am happy to receive the Clyst Valley News at this email address once a month. I understand that the CVN will not pass on my email address to any third party without my written permission.' Please do sign up! You can cancel at any time. Thank you.

#### CLYST ST MARY



#### **News from Clyst St Mary Church**

Church Open Again! We do hope those of you who are attending the services at the church are enjoying being back in situ and for those of you who may be thinking about it, you will always be welcome. The church is open every day so please pop in when you are around and see our lovely 11th century building.

Services. The Family Service with Breakfast will be held on 7<sup>th</sup> November, starting at 9.30 am. This is a very informal gathering

for parents and children, lasting no more than an hour (including breakfast!) so that you have the rest of the day for other family activities. There will be a Family Communion Service on 21<sup>st</sup> November, at 9.30 am as usual. We welcome new families who would like to bring their children to join us in these services.

Coffee Mornings. We have decided to move our coffee mornings to the third Saturday in the month. So, for November, this will be held on Saturday 20<sup>th</sup> at 10 am. And every third Saturday afterwards. Please come along and join us for coffee and a chat.

Christmas Bazaar. On Saturday 4<sup>th</sup> December we are holding a Christmas Bazaar Coffee Morning from 10 am to 12 noon. We will be having refreshments, stalls and hopefully you will find a little something to add to your Christmas buying. All proceeds to the church and everyone welcome, as always.



Christmas Flower Arrangement. On Wednesday 8th December from 2



pm we are holding a new event in the church. Margaret Stainfield, judge of flower arranging and all things arts and crafts, has kindly agreed to show us how to achieve a simple but affective Christmas arrangement. But you will be doing this alongside Margaret and you can take it home with pride and have it ready for Christmas. Please look out for the December magazine, social media and flyers to find out what you will need to bring with you. Don't worry if you cannot find everything, because I am sure we can help on the day. Afternoon

refreshments including cake, etc will be there to help with your inspiration!! Thank you and we do so hope you can come along and relax for a couple of hours before the rush of Christmas. Best wishes. Pat Cusa, Church Warden and Margaret Stainfield

#### Coppers!



Shopping online means that there is not a lot of small change about but if you do have any that is weighing your pockets or purses down, it will be gratefully received in support of church funds. Either leave it in church at a service or with me, Don Axford, at 34 Frog Lane. Although I am no longer Church Treasurer, I am still willing to collect your loose change. If you find it difficult to deliver, I will collect, obeying social distancing rules, etc, if you ring me on

01392 873615.

#### **Church Cleaning**



Now that the church is being opened again, we are looking for volunteers to help with cleaning. It would involve about two hours of your time about every two months. If you feel you could help in this way, please contact Don Axford on 01392 873615.

#### **Christmas Concert**

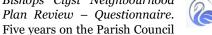


These will be a Christmas Concert in church on Monday  $6^{th}$  December, starting at 7.30 pm. This will be a festive concert with music from St David's Singers and readings to celebrate the Christmas season. Mulled wine and mince pies will be served in the interval. Tickets are £6.00 payable on the door. To reserve a seat call Pat on 01392 877708 or Rob on 01392 874305.



Send in your ideas for celebrating the Bank Holiday, 2<sup>nd</sup> - 5<sup>th</sup> June 2022 bishopsclyst@gmail.com

Bishops Clyst Parish Council Bishops Clyst Neighbourhood Plan Review – Ouestionnaire.



has decided that it is time to review the Neighbourhood Plan to see what effect it has had on local development decisions and consider whether parts of it need to be updated.

We want to hear the views of everybody in the parish about the type and scale of development that you think is appropriate for our area and amenities that you would like to see in the parish. **This is your chance to influence what goes into the Review.** There is still time to share your thoughts on the Bishops Clyst Neighbourhood Plan by completing a

questionnaire. We need your response **by 8 November**. The Neighbourhood Plan Questionnaire can be found online at <a href="mailto:bishopsclyst.org.uk/neighbourhood-plan-questionnaire/">bishopsclyst.org.uk/neighbourhood-plan-questionnaire/</a>. If you prefer, paper copies can be requested from the Parish Council at <a href="mailto:bishopsclyst@gmail.com">bishopsclyst@gmail.com</a>, collected from The Stores at Clyst St Mary, the Cat and Fiddle Inn or Sowton Church (when open). Completed paper questionnaires should be returned to the post box at Clyst St Mary Village Hall.

Queen's Platinum Jubilee - Thursday  $2^{nd}$  June to Sunday  $5^{th}$  June 2022. There will be a fourday Bank Holiday to celebrate this momentous occasion and the Parish Council would very much like to know what you would like to do to mark it. If you have any suggestions please email the Clerk at bishopsclyst@gmail.com. [See panel]

Big Energy Saving Network. Devon Communities Together is offering to visit communities to carry out workshops on Domestic Energy Efficiency between now and 31st March. If you would like the Parish Council to arrange a bespoke workshop and/or you have any events you would like them to present at, please email the Clerk at <u>bishopsclyst@gmail.com</u>.

Contact the Parish Council. Karan Bennett, PC Clerk, working from the PC office in Clyst St Mary Village Hall on Monday to Wednesday, 9 am to 1 pm. Call 01392 874405 or email bishopsclyst@gmail.com.

#### **Clyst St Mary Wombles**



It's good news to report that, albeit slowly, the Clyst St Mary Wombles are coming out of enforced hibernation! Rubbing their eyes, they reflect with amazement on the fact that whilst on furlough, the world continued to work as hard as ever at producing litter and dropping it all over our village. So, if you'd like to join in the on-going clear up of Clyst St Mary, please let

me know and I'll add your name to our list to be advised of the next 'sweep'. Normally these are undertaken about once a month (over a weekend in an attempt to find quieter traffic times (2) ...and we do try to avoid wet weather  $\circ$ . Many thanks for your interest and we look forward to hearing from you. Roger Norman, rogernorman@clyststmary.net, 01392 874597

#### **Clyst St Mary Primary School**



The evenings are now drawing in and soon our thoughts will move from celebrating Harvest to celebrating

Christmas. We have had some exceptionally warm weather in October and our Year 5s and 6s were lucky enough to be on residential during one of the really warm weeks. They had a wonderful trip to PGL Osmington Bay (near Weymouth) testing and challenging themselves to complete zip wires, abseiling,



climbing and much more. They should all be very proud of their achievements and we were all thrilled that the trip could go ahead after a two-year gap. The highlight was raft building and testing at the Olympic Aquatic Centre at Portland, a stunning legacy of the 2012 Olympics. The trip culminated with a visit to We The Curious in Bristol, where the children were fascinated by the many aspects of science they could interact with.



We are pleased to announce that, due to the dedication and PSQM hard work of a group of our teachers, our school has been awarded the Primary Science Quality Mark (PSQM). The Primary Science Quality Mark is led by the University of Hertfordshire, School of Education in collaboration with the

Primary Science Teaching Trust and looks at the way science is led and taught in schools and the impact on engagement and learning in science. Over the period in which the school received support from the local PSQM team much



was learned and reviewed so that we are now really well placed to deliver an outstanding science curriculum and inspire the scientists of the future. Associate Professor Jane Turner, PSQM National Director said: 'There was never a more important time for primary children to have a high-quality science education. The Coronavirus pandemic has made everyone aware of the impact of science on our daily lives. Primary schools have an important role to ensure that children understand how science works and keeps us healthy and safe. Schools that have achieved a Primary Science

Quality Mark have demonstrated a significant commitment to science teaching and learning, even at this challenging time for schools. The profile and quality of science in each awarded school is very high. Children are engaging with great science both in and outside the classroom, developing positive attitudes towards science as well as secure scientific understanding and skills. Science subject leaders, their colleagues, head teachers, children, parents and governors should be very proud.'



#### **Clyst St Mary Village Hall**



It's a great pleasure to see that the bookings for the Village Hall are again building as hirers find that they are able to operate within the guidelines particularly given that the Hall is spacious and can be well ventilated. Our new

website https://www.clyststmaryvillagehall.co.uk/ gives

details of availability and prices but if there's anything else you'd like to know, please drop Ali West an email on: bookings@clyststmaryvillagehall.co.uk. We look forward to seeing you soon.

#### **Table Tennis Club**

Please come and join us! We resumed play at the Clyst St Mary Table Tennis Club in May. New members always welcome. We play at the Village Hall every Thursday, 4-6 pm. The minimal fee of £20 for a 10-week session includes use of all equipment and refreshments. For further details please contact Pam Gardner on 07714 097220 or by

email to pamelamgardnero@gmail.com.





8-10pm. We are a friendly & a mixed ability group, of varying ages. We need new and old members to come to enable the club to continue. So do come and give it a go.

Please contact either Hilary on 01392 874722 or

Anne on: annecurryer@gmail.com if you have any questions. Thank you.

#### **Clyst Valley Pre-School**



Clyst Valley Preschool has remained open throughout the pandemic for all our children and is now full at almost every session. We are currently taking applications, with sessions available on every day. Sadly we are not yet able to hold open days or taster sessions but hopefully this will change as things return to a new normal! To apply, or for more information, check our website

www.clystvalleypreschool.org. You can also call us on 01392 876615 or email us on manager@clystvalleypreschool.org.

#### CLYST ST GEORGE AND EBFORD



#### Clyst St George Church Autumn Clean-Up

Clyst St George Church 'Autumn Clean-Up' will be held on Sunday 7<sup>th</sup> November, 2 – 4 pm when we give the interior a de-cobweb, dust and polish; a team also works outside clearing the gutters, paths



and general tidying. The annual clean-up is vital to keep the

building in good condition and welcoming, for it enables the Parochial Church Council to offer a church which provides a place for the whole community to access on a daily basis for those important stages of our lives and a place for contemplation and peace during difficult times. If you can spare an hour or two on  $7^{\text{th}}$  November to help keep this beautiful  $13^{\text{th}}$  century community building open, do join us on the day or 'phone Jacquie on 01392~874861 for more information.

#### CSG Parish Council Chairman's Notes, November 2021

The PC discussed EDDC's update to the Local Plan with Mike Howe, our District Councillor. The status of Clyst St George as 'in open countryside' will change, so building could resume in and around the parish. The CSG Neighbourhood Plan may need updating, and we will discuss this at our next meeting.

You might have noticed that the grass cutting has been done correctly this month and the Council will be looking to next year's contract now. Stay safe. All the best.

John Manser john@jmanser.co.uk 01392 874861

#### Lady Seaward's C of E Primary School



Ethos and Values Certificate. Thank you to all children who entered our certificate design competition. All entries were

fantastic and we saw some super designs. It was a tough decision to choose a winner but





we have chosen these two designs for our school Ethos and Values certificate this year. Well done to Lauren and another Class 3 pupil who created the winning designs.

Open Afternoon for Children Starting School in September 2022. Please join us on Thursday  $25^{th}$  November 2021 from 1.30-2.30 pm for drop-in sessions to meet the Head of School, class teacher and the pupils. Lady Seaward's is a small rural primary school set in a beautiful location on the outskirts of Exeter providing a nurturing environment in which children develop and flourish.

- <u>Love of learning</u>. Children are encouraged to be intellectually inquisitive with the aspiration that our pupils become learners for life. Children are encouraged to become 'reflective learners' so that they can develop their own preferred learning styles and independence.
- <u>Learning fulfilment</u>. Our learning topics are relevant and inclusive for all, providing a platform for educational, physical, emotional and social growth. Learning journeys are mapped out so that each child progressively builds a body of knowledge, skills and understanding across core concepts.
- <u>Learning friendships</u>. Pupils are led to see the shared value of their learning by participating in shared learning pursuits and enrichments which support their local community. Learning opportunities are designed so that pupils can collaborate together, share ideas and develop effective teamwork, enterprise skills and creativity.
- <u>Learning opportunities</u>. Learning is pitched at a level so that pupils are encouraged to thrive on a sense of challenge and demonstrate perseverance towards individual and shared goals. Pupils are encouraged to take their learning outside the classroom and into the wider school community allowing them to see first-hand the impact of their achievements.



Please email us at <u>admin@clyst-st-george.devon.sch.uk</u> to confirm your place (please could we ask that all visitors wear a mask and complete a lateral flow test to ensure that we are keeping everyone safe).

#### Norman's Weather Report for September



The first week of September outshone August with higher temperatures and plenty of sunshine; these conditions only ended around Thursday 9<sup>th</sup>, with 24 mm of rain here at Ebford. The days still remained warm and dry until Sunday 26<sup>th</sup>. Autumn

really started on Monday  $27^{th}$ , a mere four days after the official autumn equinox of Wednesday  $22^{nd}$ .

From then the weather became colder, windy and very wet; the last five days of the month were blessed with 38 mm of rain. So the month's total here at Ebford became 66 mm or 2.6 inches. This is on a par with the average over the last five years of 70 mm. Septembers have now definitely become wetter over recent years; the average between year 2001 and 2010 was only 35.7 mm. Could this be a local manifestation of climate change? Norman Cann

#### **Clyst St George Parish Hall**



Clyst St George Parish Hall is open once more to anyone who wants to hire the Hall. We are not making the Ethel Cann Room available at the moment as it is too small to adhere to the social distancing rules. The Hall has been redecorated and is looking splendid.

There are hand sanitising units at strategic points in the building for the use of the hirers and hirers are asked to be responsible for making sure that they adhere to the government guidelines for holding gatherings in a COVID-safe way. Our cleaner will use PPE when working in the Hall and he has special cleaning fluids to make the area as safe as possible. We are confident we will resume the coffee mornings (see above), Big Breakfast and the quiz evenings, hopefully soon. Watch this space!

Enquiries to Claire Marks at <u>clyststgeorgeandebfordvhall@outlook.com</u> or 'phone o7834 234546. Pamela Diffey (Chairperson) 01392 877497

#### Nature Garden

Clyst St George has a delightful nature garden by the side of the parish church. The aim of the garden is to grow local Devon indigenous plants and trees and to encourage a Devon meadow with local wild flowers. Should you wish to help develop this 'green' facility, you can come along on the first Saturday of every month from 9.30 to 11 am. (PLEASE CHECK IN ADVANCE.)

#### **Little Dragons Pre-School**

We are pleased with the outcome of our Ofsted inspection in April 2018, where we were judged to be 'good'. We have now re-opened and have been operating at full capacity from September. We are based in Lady Seaward's School and open four days a week, from Monday to Thursday 8.45 am – 3.15 pm during school term times.

For more information please telephone Elly on 07939 995486 (in school hours), email <a href="mailto:littledragons@live.com">littledragons@live.com</a> or visit our website <a href="mailto:www.littledragonsclyststgeorge.com">www.littledragonsclyststgeorge.com</a>.

#### WOODBURY SALTERTON



#### **Family Service**

Debbie Jung led the September Family Service. She talked about women in the Bible (93 are mentioned by name) and gave out a written quiz of stories and asked everyone to name the women in each story. Debbie moved on to women who had had great influence in their local communities and spoke about

Marianne Pidsley who founded our church. It was consecrated 177 years ago on  $24^{th}$  September. She also paid for the school and the vicarage and the well, which was once the water supply for the village.

#### **Harvest Thanksgiving**



This festival was celebrated at the beginning of October. Our Sunday service was taken by Rev'd Chris Cant and the school had their first service in church since March 2020 on the following Tuesday.

It had been decided that all Harvest gifts should be donated to the Exmouth Food Bank which not only supports local people in need but is working with

Exmouth Town Council, East Devon District Council and other local agencies to support the twelve Afghan families during their temporary stay in Exmouth. The Food Bank had provided a list of the most desired items. The schoolchildren brought their gifts in early so that they could be used to decorate the church for its Harvest service. Three children from Class 3 arranged these on the table in front of the altar and it was interesting to see packets of nappies, wipes, bottles of shampoo and toiletries among the gifts of food.

Members of the church congregation brought gifts which were taken to the altar during the singing of a hymn. Special thanks to Debbie Jung who made two trips to take 17 bags and a box of tins to the Food Bank.

#### **School Harvest Service**



Because of continuing concern about the spread of Covid the school reluctantly decided that parents could not attend the Harvest Service. Christine Grist conducted the school service. The children had made the letters of the word Harvest and held up one each. As Christine read a story, the seven children spelled out all the different words which could be found in the word Harvest. The classes presented their work on

Harvest and caring for God's creation. They have all been thinking of what we could do to prevent further damage to our planet and possibly repair it and restore.

Class 3 are leading the project to recycle plastic and are going to make eco-bricks which they will make into a sofa in the playground. You start with a plastic bottle (Coke, etc) and fill it as full as possible with soft



plastics. Soft plastics are lightweight plastics that often cannot be placed in the recycling bin, eg the plastic film on soft fruit, yoghurt pots and ready-made meals, plastic crisp packets, pasta bags and chocolate or biscuit wrappers. These must be clean and dry. You can test if it is a soft plastic by scrunching it and if it pings back it is soft plastic. This is a national initiative to recycle and use to build.

#### **Monthly Coffee Mornings with Bacon Butties**

The November coffee morning with bacon butties will be on Saturday 6<sup>th</sup> from 9.30 till 10.30 am in church. During the winter months our coffee mornings become a monthly event. The weekly coffee mornings over the summer brought in a steady income and the PCC would like to thank all who helped by running the stalls, making cakes and all those who turned up so faithfully to support them.

#### **Interment Of Ashes**

The ashes of Jenny Miles were brought back from Tasmania to be buried in the grave of her husband, Justin. Both Justin and Jenny served the church for many years and Jenny played a part in village life, being a member of the WI and opening her lovely garden in aid of church funds. After Justin's death she moved to Tasmania to live near her daughter Fiona and four granddaughters.

#### **Remembrance Sunday**

Graham Gerdes will lead the Act of Remembrance at the lych gate on Sunday 14<sup>th</sup> November, starting just before 11 am. Weather permitting, there will be a short service outside – but inside the church if it rains.

#### **Church Christmas Bazaar**



This will be held in the Village Hall on the first Saturday in December, the 4<sup>th</sup>, from 10 am till noon.

#### **New Choir Members**

Welcome to Luca, Panka and Ellie who have come along to join our church choir.

#### Beetle Drive.



We are running this popular fun evening on Saturday 13<sup>th</sup> November at 6 pm in the Village Hall in aid of church funds.

#### Ouiz

My church quiz this year is entitled *Feathered Frie*nds and is all about birds. I launched this towards the end of October. Entry forms cost £2 from me or from Lin Ashby in Woodbury or can be requested by email. Contact me at  $\underline{avmx79@dsl.pipex.com}$ . Thank you. Katharine Wheeler.



#### **Woodbury Salterton Stream Clean**



Woodbury Salterton Stream Clean happens every year in October. We put up the posters, send out the letters and flyers asking for volunteers and every year the residents do not disappoint. This year, like most years, we had a crew of 24 people who just quietly turned up and got on with the job. Strimming, clipping, sweeping, raking until the job was done. We had four crews working; one at the bottom of the village in Honey Lane keeping the culvert clear, one

group behind the church working on clearing the overgrown plants and weeds to keep that part of the stream clean. Then the biggest group working on the stretch behind the bus shelter up to the Post Office, clearing nettles and weeds. Finally, we had the group that worked behind the houses in Village Road clearing overgrowth and any obstructing plants.



The atmosphere is always great and it also becomes an event when

people can just work and chat and enjoy being together again and doing their bit for the village; without their efforts we are in no doubt that the village flood resilience would not be so great and the problems of previous years would reoccur. So thank you to everyone who turned



out, whatever your contribution. It was greatly appreciated. I did promise to give a special mention to our youngest crew member, Noah, who worked with Daddy James as Crew Leader for his group. You can see pictures of him with his haul. Once again thank you on behalf of the village residents.

......

#### AND FINALLY...

#### **Making Good Use of Your Spare Time**



September brings us around, once again, to another seasonal 'tipping point', the autumn equinox. As the evenings start to draw in, and the days slowly shorten, now is the time to ask an important question: how to make the very best use of

our spare time and energy as we switch focus from outdoors to indoors, from summer sun to autumn leaves?

For members of the Exmouth and District u3a Association, there are a host of handy answers to that key question readily available. Situated at the western end of the spectacular Jurassic World Heritage Coastline, beautiful coastal communities such as Exmouth Town, Budleigh Salterton, Topsham, and the surrounding villages, are home to a host of vibrant, successful, locally run, interest groups serving the leisure time and social needs of the local population. Here, right in the heartland of the East Devon community is a local, low-cost, social, friendly organisation that helps people who are retired, semi-retired, or no longer in full-time work, to make the very best use of their precious spare time and energy. The u3a offers all kinds of activity groups for all kinds of interests and passions. Whether your fancy is for something indoors or outdoors, cerebral or unashamedly active, there is an appropriate interest group here for you.

Founded in 1982 (and originally called the University of the Third Age), the u3a is a nationwide organisation with one strategic vision or purpose - to encourage the creation and operation of independent, locally run, 'mutual aid' bodies that will

support and facilitate life-long learning;

- help individuals stay active for longer;
- create opportunities for people to have fun whilst doing so.

Learn, Laugh, and Live is the u3a 'mission' and that is exactly what it delivers.

Clearly, the u3a movement, currently managed by The Third Age Trust, is getting something right. Across the UK there are around 1000 local u3a bodies, with over 450,000 members, delivering a wide range of high-quality leisure, recreational, and educational programmes. In Exmouth and Budleigh Salterton, for example, the Exmouth and District u3a has 850 members, about 100 operational interest groups, and yes, the list does actually start at A (art appreciation) and end with Z (Zoom short films). Meetings are held wherever appropriate, eg sport centres, halls, or people's own homes. Members draw on their individual knowledge and skills to teach and learn from each other. This is a volunteer movement that operates from the grass roots, meeting, organising, making things happen.

At the Budleigh Salterton Bowls Club, for example, a new u3a Bowls Group was formed this summer and currently has around 20 new members. Some have now joined the Club as full members, so this is clearly a win-win situation for the Bowls Club, the u3a, and the community.

So, if you are no longer in full-time employment and wondering what to do with your precious spare time, contact your local u3a, <a href="https://u3asites.org.uk/exmouth/welcome">https://u3asites.org.uk/exmouth/welcome</a>; there will be a warm and friendly welcome waiting for you. John D Smith



Photo courtesy of Christine Chittock

#### **Exmouth Mobile Library Timetable 2021**

Day	Village	Stop	Arrive
Friday	Aylesbeare	Nightjar Inn	09.50
Friday	Clyst St Mary	Cat and Fiddle	12.10
Tuesday	Clyst St Mary	Winslade Park	14.50
Tuesday	Clyst St George	School	15.20
Monday	Exton	Station	09.45
Friday	Woodbury Salterton	Kennels	12.50
Woodbury	Woodbury	White Hart	14.00

Dates for Friday stops: 12<sup>th</sup> November and 10<sup>th</sup> December; Tuesdays 9<sup>th</sup> November and 7<sup>th</sup> December; Mondays 1<sup>st</sup> and 29<sup>th</sup> November.

Disclaimer: Due to operational circumstances, the mobile library may need to be off road and unable to visit on some dates. Details will be publicised closer to the time. These timetables may be subject to change.



#### Raddon Hill Clog Morris – Fun and Friendship!



If you are up for fun, learning a new skill and making new friends why not give Clog Morris a try? If you haven't heard of clogging before, it originated in the cotton mills and factories of North West England where factory workers would perform dances for fun and on feast days, holidays and during carnivals.

Formed in 1991 Raddon Hill Clog Morris are based around Exeter, and dance out all over Devon, the UK and Europe, keeping the tradition alive and bringing it to new audiences. Their costume is based on the clothes worn by the factory workers in and around Lancashire up to the 1930s. This includes bowler hats for the men and voluminous skirts for

the women - not forgetting the hard-wearing clogs which give this style of dancing its name. The side takes its name from Raddon Hill, near Crediton where the side was formed in 1991 and its logo features the tree, which still sits on top of the hill.

Dance outs take place, generally within a 20-mile radius from Clyst St George, during the summer and the side is a frequent visitor to festivals across the UK and Europe. In the past these have included dancing at the annual champagne festival in Aÿ, France, the annual wine festival in Besigheim, Germany, and the annual Folk Festival in Swanage, Dorset. The winter months are used to practise existing dances and learn new ones, as well as welcoming new dancers, be they novices or seasoned veterans, into the side.

The side is currently looking for more dancers as they prepare for their 2022 season. It doesn't matter if you haven't danced before or are an experienced dancer, all are welcome. So if you like dancing, making new friends and visiting new places, why not get in touch? Newcomers

are welcome any Tuesday at 8 – 9.30 pm (excluding 9<sup>th</sup> November), throughout the winter, at The Parish Hall (easy parking), Clyst St George, EX3 ORE. All you need to bring is a pair of trainers and your enthusiasm!

Please take a look at our website www.raddonhillclogmorris.org.uk or Facebook/Raddon Hill Clog Morris. Telephone 01626 367173 to make contact or leave a message.



#### **Clyst Valley Choral Society News**



CVCS are now back rehearsing after what seems an eternity! The choir began their first rehearsal having a beetle drive and quiz followed by a fish and chip supper from Littleham fish and chip shop, at Holy Trinity Church Exmouth. The evening was enjoyed by all and

gave us the opportunity to catch up before starting the serious business of rehearsing the following week.

Our next concert is Saturday 20<sup>th</sup> November 2021 at Holy Trinity Church at 7.30 pm. We will be singing Fauré's *Requiem* and Handel's *Messiah*. Please save the date for what promises to be an enjoyable evening.

We welcome new members. We rehearse Thursday evenings at St Mary's Church, Clyst St Mary. For more details, please ring Barbara Scales on 07950 021006 or visit our website www.clystvalleychoral.info and contact via email.

We have completed a Covid risk assessment that informed our actions in developing a Covid prevention policy.

#### **New Exeter Cathedral Stained Glass Book**



'Stained and painted glass has for over a thousand years transformed the light and atmosphere which enters religious buildings in this country and throughout the continent. It has effectively put colour to the Bible and our well-known Gospel stories. The early years saw this as a way of teaching the Bible to those less well versed, as well as edifying the Church to the

glory of God. This in turn gives a real appreciation of the works and skills of the craftsmen and women down the ages who created these beautiful works of art.

'Exeter Cathedral has a great historical collection of stained and painted glass, much documented in the Cathedral Archives. Up until now there has been no overall guide to this wonderful collection of stained and painted glass, readily accessible to worshippers and visitors.

Examples are glass dating from the 14<sup>th</sup> century in the Great East Window, by Master Walter and Robert Lyen through to the mid-18<sup>th</sup> century enamel painted glass by William Peckitt of York, now in the cloisters, and then the highly decorated mid-19<sup>th</sup> century Victorian glass, up to the post-war period and beyond, all reflecting the fashion and age in which they were created. This has now been brought together in a wonderful guide which will help visitors and all those with a keen interest in stained glass to look, appreciate, and understand this collection of glass. I wholeheartedly commend this guide, carefully put together by Dr Stuart Bird [of Ebford], and beautifully illustrated with William Finnigan's photography, to all who enter Exeter Cathedral, whether to worship and pray, or simply admire the skills and craftsmanship of stained glass throughout the building. All will no doubt be greatly inspired.' (Rev'd Andrew Johnson, Master Glazier AMGP)

The guide costs £5 (to include a guided trip around the Cathedral if you wish), obtainable from the Cathedral shop or directly from Stuart at  $\underline{stuart.r.a.bird@gmail.com}$ . The profits will go to Cathedral funds.

#### The 'Strictly' Experience



With *Strictly* on our TVs every weekend now, so many people watch and say, 'I would love to dance like that!' The fact is that Ballroom and Latin dance is very much out there in all communities – from social dances in village halls to championship-level competitions held around the country and dance fitness classes based on Ballroom and Latin where no partner is required.

The Ballroom dances – Waltz, Tango, Foxtrot, Viennese Waltz and Quickstep - are known for their elegance and graceful steps, whilst the Latin dances – Cha Cha Cha, Samba, Rumba, Paso Doble and Jive - mainly faster tempo. The different tempos for the dances lend themselves naturally to cardio work, strength and toning - fitness gained through the

joy of dancing. *Strictly* has brought to our attention the level of work required to make these dances look easy and shows how people's fitness levels soar through regular practice. It is also now well documented that all forms of dance improve mental health, lift one's mood and are as good a brain work out as for the body.

Ballroom and Latin are also a style of dance that has no age barriers. Children learning from a young age might go on to perfect their craft and become world champions and someone in their latter years learning a new skill to enjoy the social side of Ballroom and keeping moving around a dance floor. The same joy of dancing and moving to beautiful music is felt by all, whatever age.

I have been a Ballroom and Latin dancer for many years and have competed across the country with my husband and dance partner (see picture). This passion for dancing brought about an unexpected change in career later in my life when I trained to teach a dance fitness class based on the Ballroom and Latin dances. I already knew the fitness benefits and joy of moving across

a dance floor, but not everyone is able to find a partner, so to be able to bring this joy to others and improve their fitness feels a very special job. People often say they cannot dance – I believe everyone can, you just have to find the dancer inside. I am Linda and I teach local community dance fitness classes - FitSteps - based on the Ballroom and Latin dances, as seen on Strictly. For further information you may email me at: fitstepslindaexeter@gmail.com.

#### **Christmas Shopping? Put Topsham at the Top of Your Tree!**



We know and we feel the same: we're all just aching to get out and do some Christmas shopping, in person, for the first time for two years! And have we got festive news for you - for Christmas 2021 there's no place better than Topsham whether you're after unique

artisan gifts, indulgent food and drink, a little something just for yourself, or simply to gaze in Yule-themed windows. Full details, updated throughout the build-up, are on lovetopsham.co.uk but here's a glimpse of what we have planned:



The Big Switch On Takes Place on Friday 26th November. The switch is being thrown at 5 pm with live music, then there's a procession to Topsham Quay to admire the town's festive lights. Don't eat beforehand! There's mulled wine and other seasonal treats on the route plus your favourite cafés, pubs and restaurants will be open and ready to welcome you.

Late Night Shopping and a Christmas Market on Tuesday 30th November. From 5 pm. Once



is never enough so even if you've visited us for the Big Switch On, visit us again for what promises to be a unique event. Most of the town's shops will be open and at St Margaret's Church there will be a market of craft and food stalls, many of them brand new to Topsham.

Christmas Trail on Wednesday 8th December. From 3 pm. If you're around the town for this once-in-a-Christmastime event, there will

be a route for local kids and adults to dress in festive gear and follow as they bag some festive treats. It all ends at Topsham Museum's snow-garden and Topsham Quay - check our website for details.

Residents and Shop Windows Competitions. The shops will be dressed to impress by 26th November and residents will be decking their own halls by 5<sup>th</sup> December - so whenever you

come to Topsham, linger until darkness to see the town's windows at their most tinsel-tastic.

Christmas Saturday Specials. On 4th, 11th and 18th December, street musicians will tell you it's beginning to look a lot like Christmas while you shop, and on 18th



December - the final Saturday before

the Big Day - stand by for the annual mistletoe sale for Hospiscare.

Now you know what we're going to say - there's plenty more to a Topsham Christmas, and you'll find all you need to know on lovetopsham.co.uk.

Before you go online, a hint about a gift for the Topsham-lover in your life. The Love Topsham Card unlocks 50 different offers around town and vour contribution goes back into keeping Topsham attractive and vibrant for

visitors and residents alike. Watch out for more Christmas updates as Santa puts them on the website - and in the meantime all good wishes from the Love Topsham team.



#### **Estuary League of Friends**

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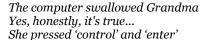


Monday: 9.00am - 4.00pm Tuesday: 9.00am - 4.00pm Wednesday: 9.00am - 4.00pm Thursday: 9.00am - 4.00pm Saturday: 9.00am -12.00pm PLEASE WEAR A FACE MASK WHEN 1 ...

**Topsham Post Office Is Open** 

**Our Opening Davs & Times:** 

#### **Monthly Giggle**



And disappeared from view. It devoured her completely The thought just makes me squirm She must have caught a virus *Or been eaten by a worm.* I've searched through the recycle And files of every kind, I've even used the internet But nothing do I find. In desperation I asked Jeeves My searches to refine. The reply from him was negative, *Not a thing was found online... So, if inside your inbox* My Grandma you should see Please 'copy', 'scan' and 'paste' her In an email back to me.

[Thanks to Lesley Richardson. Ed]

I was walking past a restaurant last night and in the window it said, 'Order anything you want and if we don't have it we'll pay you £500.' So I went in and ordered giraffe's kneecaps on toast. A short while later the waiter returned with £500 in cash and said, 'It's vour lucky day...we're out of bread.'



A ship carrying red dye collided with one carrying blue dye. The sailors were marooned.

Scientists have today announced they have invented a car that is fuelled by parsley. They are now working on a train that runs on thyme...

Just got back from the Faroe Islands. Waste of money: no camels. pyramids, nothing!



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#### WCMC SERVICES NOVEMBER 2021



Sunday 7th Novemb	ber: 3 <sup>rd</sup> .	Sunday before Advent	Week 1	
<i>11</i> · <i>15</i>	AYL	Morning Worship	Carolyn Keep	
09.30	WST	Holy Communion	Rev'd Margaret	
09.30	CSM	Breakfast Family Service	Christine Grist	
<i>11</i> · <i>15</i>	WBY	Holy Communion	Rev'd Chris Cant	
<i>18·30</i>	EXT	Evening Worship	Christine Grist	
Thursday 11th November: Remembrance Day				
10.45	WBY	Act of Remembrance on Village Green	Rev'd Bill and British	
Sunday 14 <sup>th</sup> November: Remembrance Sunday Week 2				
09.30	EXT	Holy Communion	Rev'd Margaret	
11.00	FAR	Holy Communion	Rev'd Peter	
10.50	C5G	Remembrance Sunday	Lay Led	
10.50	WST	Remembrance Service outside	Graham Gerdes	
10.45	WBY	Act of Remembrance	Rev'd Bill	
14.24	WBY	British Legion Remembrance - Green		
Sunday 21st November: Sunday before Advent			Week 3	
11-15	AYL	Holy Communion and Baptism	Rev'd Sid	
09.30	CSM	Holy Communion	Rev'd Bill	
09.30	WST	Breakfast Family Service	Mark Lovett	
<i>18·30</i>	WBY	Evensong	Christine Grist	
Sunday 28th November: Advent			Week 4	
11-15	C5G	Holy Communion	Rev'd Bill	
09.30	Zoom	Family Service	Zoom Team	
09.30	FAR	Morning Worship	TBA	
Tuesday 30th November: St Andrew's Day				
09.30	EXT	Holy Communion	TBA	

AYL Aylesbeare FAR Farringdon EXT Exton WST Woodbury Salterton
WBY Woodbury CSG Clyst St George CSM Clyst St Mary

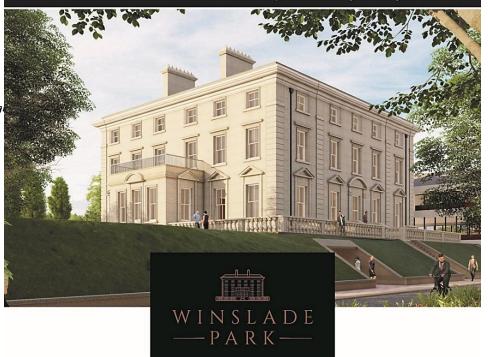
For all pastoral things please ring Rev'd Bill on 01395 232161.

For anything else, please contact Admin Officer, Jill at

dupain@hotmail·co·uk or on 01395 232953.

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