

CLYST VALLEY NEWS

SEPTEMBER 2021



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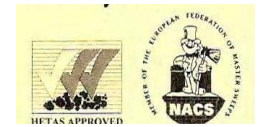
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THE VICAR WRITES

'The Way under our Feet'



The above title is an apt title for a book I strongly recommend by Graham Usher, former Bishop of Norwich. It is subtitled, a little more helpfully 'A spirituality of walking'. Unfortunately I only found a copy after my dissertation had been written; but it is what I was writing about, with reference to the poetry of Coleridge and Wordsworth. No doubt I will be writing more on this theme at another time; but I used one of his anecdotes last weekend when Daff and I went back to Porlock for our somewhat late 'leaving-do'!

It appears under the chapter heading of *Remembering*. He is writing about the merits of walking in front of the hearse, when there is a short distance to go – it helps him 'remember' in a helpful way in his body; I agree with him about the value of walking here, but, like him, I also remember slightly inappropriate conversations with funeral directors (not from around here of course!).

Here is his anecdote: Having left the church door with the commendation, the funeral director and he walked with the coffin on a somewhat squeaky trolley (not everyone's favourite, it has to be said). Graham, then a vicar, says:

'Which way are you going to the crem?'

After the reply, Graham says: 'Go slow, and I'll pop into Greggs so I can get some lunch – I'll be at the crem before you.'

'I always go slow,' says the funeral director, 'only 20 mph. What are you getting?'

'Only a sandwich.'

'Those Christmas-flavoured pasties are nice.'

'My mind boggled,' thought the vicar, as he contemplated the e-numbers in a Christmas-flavoured pasty. But then he said more generously, 'Why, do you want one?'

At this moment, one of the churchwardens charged down the church path at speed, overtook the coffin, and – yes, you've guessed it – said: 'Do you realise you've left your radio-mike on!' Unsurprisingly, the vicar then decided he had little appetite for lunch, and none whatsoever for Christmas-flavoured pasties! Well, it happens to us all, if not so spectacularly. At least to those of us who take funerals, that is.

So - an amusing story; but is there a point? Yes – we need to walk alongside those who grieve, if possible, with some sensitivity. And know when to laugh at ourselves, and not take ourselves too seriously. Let's hope we can all be in the right place, at the right time, for someone who needs support – whether bereaved or otherwise. And let's learn how to go at walking pace in our lives, and not rush everywhere. Perhaps that way there'll be a positive post-Covid legacy.

With my thoughts, prayers and blessings.

Bill and Daff Lemmey, Woodbury Vicarage revbillwhitecross@gmail.com 01395 232161

WHITE CROSS MISSION COMMUNITY

Churches Open for Private Prayer

Aylesbeare: Sundays, 10 am – 12 noon

Clyst St George: Closed due to building work

Clyst St Mary: Closed

Exton: Wednesdays, 10 am – 1 pm and Sundays, 2 - 4.30 pm

Farringdon: Thursdays, 2 – 5 pm

Woodbury: Wednesdays, 10 am – 1 pm

Woodbury Salterton: Wednesdays, 3 – 6 pm and Saturdays, 9 am – 12 noon



Church Services in the White Cross Mission Community

We are pleased to be able to say that we are scheduling a programme of services in all of the WCMC churches in September – full details at the end of the magazine.

There will also be a Zoom service this month: *Sunday 26th September, Family Service, at 9.30 am.*

Please email Jill at dupain@hotmail.co.uk for the Zoom address (it is the usual Rev'd Bill Zoom address for those who have been on Zoom before).

Contributions, photos and letters to the editor for the October 2021 issue of the Clyst Valley News should be sent by email, to the editor, Peter Skelton, at clystvalleynews@gmail.com by Wednesday 15th September 2021 at the latest, please. Please note that contributions may be edited.

If you experience any difficulty in receiving your copy of the CVN, please contact your local distributor, as follows:

CSG & Ebford	Lizzie Parkinson	01392 877249
CSM	Ivor Spriggs	01392 874382
WS	Debbie Jung	01395 232328

EDITOR'S NOTE



Hello and welcome to this September edition of the Clyst Valley News. It's difficult to take in that we are entering autumn already. Where has the time gone? Can anybody explain why time appears to move more quickly post-retirement? It does, doesn't it?

A big thank you to Lizzie Parkinson, one of our longstanding supporters from Clyst St George, for this month's intriguing cover photo of John Langabeer taking part in a worldwide event by chiming the Clyst St George Church's bells using the apparatus invented in the 19th century by Rev'd H T Ellacombe, a previous rector at the church. You can read all about it in the CSG and Ebford section of the magazine. It's a great story!

I wonder how many of you are experiencing the slightly mixed emotions that I am as we negotiate our way back into post-pandemic normality? I find myself often in that strange limbo-land where I really want to get back into the swing of things, mask-free and up close and personal but still feel a bit hesitant. Then there's all that do we or don't we hug old friends and family we haven't seen for what feels like decades. And, though it's a pleasing sign of normality to be able to welcome back the hordes of tourists to our green and pleasant land, I'd sort of got quite used to our lanes and highways not being clogged with vehicles and their exhaust fumes.

While I really appreciate the buzz and 'craic' of a pub or restaurant back to bursting at the seams (and I know how exciting this must be for the business owners who must have felt they were on the brink at times), or needing to reserve seats on trains again, I can't help myself worrying a little bit about whether that bloke up close to me in the queue or in the adjacent seat has had his jabs...

I'm also thrilled to see the football stadia full to capacity once again, with all that that means in terms of atmosphere, vocal support – even the fruity chants! – but am I ready to join them at my beloved Tottenham Hotspur Stadium? I'm not sure. (Though I have to admit, beating the Premier League champions in our first match tends to support the view that real spectators at a match can make a difference!)

I know I sound like a typical old, cautious geezer and maybe these are the stages we all have to go through before we can fully embrace the return to normality. I wonder what Victor Meldrew would make of all this?

Enjoy the magazine. Best wishes and take care. Peter Skelton

YOUR PHOTOS ALWAYS NEEDED FOR THE COVER OF THE CVN!



There must be a lot of photographers out there snapping away around our villages. After all, our neck of the woods is rather photogenic. Why not share your results with our readers? Most months we aim to put one nice pic on the magazine cover and we need yours! So please do send in your efforts to the editor, Peter Skelton, who will choose one each month. Try to use relatively

high-definition settings but that's not a must. Just email them across to clystvalleynews@gmail.com and we'll do the rest. Simple!

SUBSCRIBE TO THE CLYST VALLEY NEWS NOW! IT'S COMPLETELY FREE!

If you'd like to receive your own copy of the CVN (in full colour!) direct to your email address every month, completely free of charge, all you have to do is email the Editor, Peter Skelton, at clystvalleynews@gmail.com with the following message: **'I am happy to receive the Clyst Valley News at this email address once a month. I understand that the CVN will not pass on my email address to any third party without my written permission.'** Please do sign up! You can cancel at any time. Thank you.

WHY NOT ADVERTISE IN THE CLYST VALLEY NEWS?

All our advertising slots for this year are now filled but if you are interested in advertising your business or organisation in the Clyst Valley News in 2022, do please get in touch - with no obligation. Please contact the Editor, Peter Skelton, at clystvalleynews@gmail.com or on 01392 879857.

CLYST ST MARY



Clyst St Mary Church

Please see the September rota of services at the end of the magazine; we will not, however, be offering the private prayer arrangements for the time being.

We are restarting the Family Service with Breakfast on 19th September. Starting at 9.30 am, these are very informal gatherings for parents and children, lasting no more than an hour

(including breakfast!) so that you have the rest of the day for other family activities. We welcome new families who would like to bring their children to join us in this service.

Please contact the Churchwarden Pat on 01392 877907 for more information.

Church Coffee Mornings



We are pleased to announce that the regular coffee mornings will be restarting with the **September coffee morning** on Saturday 11th September from 10 to 11.30 am in church. We look forward to welcoming you there again. All the usual stalls; contributions for the cake and produce stall will be much appreciated.

St David's Singers at Clyst St Mary Church

St David's Singers will be giving a light-hearted musical evening in church on Monday 27th September at 7.30 pm. Tickets, £10 to include interval refreshments, from Pat on 01392 877907 or Rob on 01392 874305.



Devon Historic Churches' Trust Annual Bike Ride or Stride



The Devon Historic Churches' Trust Annual Bike Ride or Stride will take place on Saturday 11th September. This is a fun day out and a good way of helping the church. Get as many sponsors as you can and see how many churches you can visit on the day. Money raised goes to help the Trust and your local church. Sponsor forms are available in the church.

Bishops Clyst Parish Council



Winslade Park Housing Developments. The consultation website for the proposed housing developments at Winslade Park has been updated to reflect the current scheme and can be found at www.winsladepark-consultation.co.uk. Comments can be made via comments@winsladepark-consultation.co.uk.

Clyst Bridge Footpath Access Temporary Closure - Footpaths 10 and 11 Sowton. The Parish Council has received notification from Public Rights of Way (PROW) Office, Devon County Council, of the temporary closure of the two access points on the historic Clyst Bridge for safety reasons. It is necessary for PROW to consult with Historic England regarding suitable access solutions because the bridge is classed as an ancient monument, and it will therefore take a little time to resolve. Please accept our apologies for this situation and don't hesitate to advise the Parish Council by emailing the Clerk (bishopsclyst@gmail.com) if this is proving inconvenient.

Parish Council Vacancies – Environmental Champion Required! You may be aware that there are vacancies for Parish Councillors on the Bishops Clyst Parish Council. If you would like to represent the residents of Clyst St Mary and Sowton Village on the Parish Council we would very much like to hear from you. We are particularly keen to recruit someone with an interest in the environment to be our Climate Change/Green Champion. If this appeals to you, or you have other areas of interest, please email our Clerk, Karan Bennett, at bishopsclyst@gmail.com, with a personal statement setting out what skills and experience you would bring to the council.

Parish Council Meetings. Parish Council meetings take place each month and dates, agendas and minutes are posted on our website (<http://www.bishopsclyst.org.uk>) and on noticeboards in Clyst St Mary and Sowton Village.

Contact the Parish Council. Karan Bennett, PC Clerk, working from the PC office in Clyst St Mary Village Hall on Monday to Wednesday, 9 am to 1 pm. Call 01392 874405 or email bishopsclyst@gmail.com.

Clyst St Mary Walking Group



Tuesday 21st September - we will be meeting as usual in the Village Hall car park at 10 am. The walk will be determined nearer the time and of course all new members are very welcome to join us and then you can see what you think! pat@cusa.org.uk is the email to use. Or 01392 877907. Look forward to seeing you on the 21st. Pat and Peter Cusa

Clyst St Mary Village Hall



It's a great pleasure to see that the bookings for the Village Hall are again building as hirers find that they are able to operate within the guidelines particularly given that the Hall is spacious and can be well ventilated. Our new website <https://www.clyststmaryvillagehall.co.uk/> gives details of availability and prices but if there's anything else you'd like to know, please drop Ali West an email on: bookings@clyststmaryvillagehall.co.uk. We look forward to seeing you soon.

Clyst St Mary Primary School



Welcome to the new academic year - we hope to be operating in a much more familiar way this year and that will include welcoming parents and

other members of the community back on to site in a much freer way that better reflects our desire to be an integrated part of our wider community.

We anticipate starting this with our Art Picnic on Wednesday 15th September when families will be invited to visit school in the late afternoon/early evening, with their picnics, and view all the artwork the children created as part of our Japan project at the end of last term. For some of our parents this will be an exciting and welcome first opportunity to explore their children's school environment.

There will of course be many more events in the first half of the autumn term; Harvest celebrations, a visit from Theatre Alibi with their new production 'Stand Up! (And Boogie)' and a residential trip for Years 5 and 6 to name a few. See you all soon!

Clyst Valley Pre-School



Clyst Valley Preschool has remained open throughout the pandemic for all our children and is now full at almost every session. We are currently taking applications for September 2021 and beyond with sessions available on every day. Sadly we are not yet able to hold open days or taster sessions but hopefully this will change as lockdown is eased and things return to a new normal! To apply, or for more information, check our website www.clystvalleypreschool.org. You can also call us on 01392 876615 or email us on manager@clystvalleypreschool.org.

On Tuesday 7 th September 2021	BADMINTON CLUB	At 8 pm.
The Club plays on Tuesday evenings in Clyst St Mary Village Hall from 8-10pm. We are a friendly & a mixed ability group, of varying ages. We need new and old members to come to enable the club to continue. So do come and give it a go.		
Please contact either Hilary on 01392 874722 or Anne on: annecurryer@gmail.com if you have any questions. Thank you.		

Table Tennis Club



Please come and join us! We resumed play at the Clyst St Mary Table Tennis Club in May. New members always welcome. We play at the Village Hall every Thursday, 4-6 pm. The minimal fee of £20 for a 10-week session includes use of all equipment and refreshments. For further details please contact Pam Gardner on 07714 097220 or by email to pamelamgardner9@gmail.com.

[For the tennis and short bowls clubs please look out for notices in subsequent issues of the CVN as to when activities will resume.]

CLYST ST GEORGE AND EBFORD



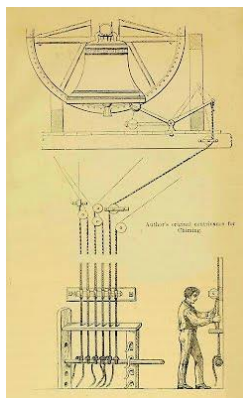
Clyst St George Church

Please see the September rota of services at the end of the magazine; and contact Jacquie Manser at jacquie@jmanser.co.uk for more information.

Ellacombe Chimes Celebrations Worldwide

The six bells of Clyst St George Church were proudly chimed on 26th June as part of the worldwide *Ellacombe Chimes* celebration. Henry Thomas Ellacombe, a previous rector here, had invented an apparatus in 1821 whereby several bells could be chimed by one person. The chiming started at noon in New Zealand and over the next 17 hours continued in churches around the world ringing at noon local time. Clyst St George church was one of over 100 churches in England and Wales to participate in the bicentennial celebration. Sadly, the intended village picnic had to be cancelled due to the Covid restrictions but within the pandemic guidelines about 30 people gathered in the church to watch John chime at 12 noon. He and Tony Williams, another regular bell ringer, then supervised the chiming efforts of the onlookers who were strengthened with a glass of 'bubbly'. A big thank you to John and Tony and to all the participants but also to dear H T Ellacombe whose invention has allowed church bells to be heard throughout the pandemic. Traditional full circle ringing was banned under the Covid restrictions.

[Please see our cover photo this month. Ed]



CSG Parish Council Chairman's Notes, September 2021

The Council have a vacancy; we will co-opt someone at our next meeting on Wednesday 8th September. If you are interested, please contact Cathryn, our Clerk, at clyststgeorgeparishcouncil@googlemail.com before Monday 6th September.

The recent wet then warm weather has really made the hedges grow, so if yours is alongside a highway please cut it back sooner than later.

The coffee mornings will restart on Wednesday 1st September, 10 am – 12 noon, barring any flare-ups. Come for a chat and a catch-up. Stay safe. All the best.

John Manser

john@jmanser.co.uk

01392 874861

Norman's Weather Report



July was a month of considerable extremes with a very wet second week, 44 mm of rain; followed by a third week heatwave from Thursday 15th to Friday 23rd. A cooler, more pleasant but showery nine days, including the gale force storm 'Evert' on the 30th, brought the month to a close.

Total rainfall was 78 mm (3 inches) here at Ebford, which was well above the recent 20-year average of 55.6 mm (2.2 inches). Norman Cann

Clyst St George Parish Hall



Clyst St George Parish Hall is open once more to anyone who wants to hire the Hall. We are not making the Ethel Cann Room available at the moment as it is too small to adhere to the social distancing rules. The Hall has been redecorated and is looking splendid.

There are hand sanitising units at strategic points in the building for the use of the hirers and hirers are asked to be responsible for making sure that they adhere to the government guidelines for holding gatherings in a COVID-safe way. Our cleaner will use PPE when working in the Hall and he has special cleaning fluids to make the area as safe as possible. We are confident we will resume the coffee mornings (see above), Big Breakfast and the quiz evenings, hopefully soon. Watch this space!

Enquiries to Claire Marks at clyststgeorgeandebfordvhall@outlook.com or 'phone 07834 234546. Pamela Diffey (Chairperson) 01392 877497

Nature Garden

Clyst St George has a delightful nature garden by the side of the parish church. The aim of the garden is to grow local Devon indigenous plants and trees and to encourage a Devon meadow with local wild flowers. Should you wish to help develop this 'green' facility, you can come along on the first Saturday of every month from 9.30 to 11 am. (PLEASE CHECK IN ADVANCE.)

Little Dragons Pre-School

We are pleased with the outcome of our Ofsted inspection in April 2018, where we were judged to be 'good'. We have now re-opened and have been operating at full capacity from September. We are based in Lady Seaward's School and open four days a week, from Monday to Thursday 8.45 am – 3.15 pm during school term times.

For more information please telephone Elly on 07939 995486 (in school hours), email littledragons@live.com or visit our website www.littledragonsclyststgeorge.com.

WOODBURY SALTERTON

Church Services

Please see the September rota of services at the end of the magazine; and contact the Churchwarden, Debbie Jung, on 01395 232328 for more information. The church will continue to be open for private prayer on Wednesdays, 3 – 6 pm and Saturdays, 9 am – 12 noon.



Holy Baptism

Rev'd Margaret Scrivener baptised twins Faye and Luca Smale during the service on 1st August. With the easing of restrictions a large group of family and friends were able to be present. The choir sang a special song of welcome and in addition to the baptismal candles Margaret presented each of them with a baptismal bear.

We pray for them as the newest members of our church family.

Weekly Saturday Coffee Mornings



These continue throughout September, outside in the churchyard or inside if wet (current guidelines being observed). Please join us from 9.30 till 10.30 and enjoy a cuppa and a cake. A good social occasion and we raise some much-needed funds for the church.

Sale Trail



On Saturday 11th September you are invited to participate in a Sale Trail. This will be a chance to try and sell any unwanted items which you may have turned out during lockdown – or to grab a bargain! Those wishing to have a table of items to sell should register with Mark Lovett (01395 232494) with a £5 donation. Tables can be placed by your gate or on the Plantation or in the churchyard and a map will be available showing the various locations.

POETRY CORNER

Captain McLennan

by John Smith (of Clyst St Mary)

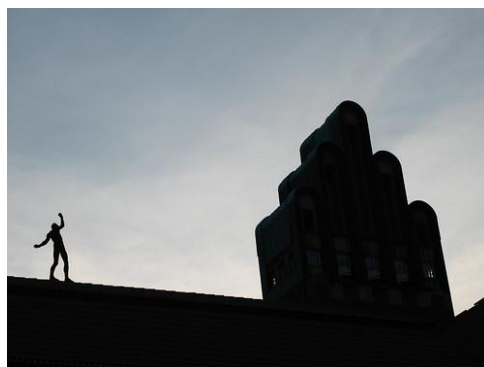
Captain McLennan said, 'Don't look down,
Your feet will find their way'
And so my feet found streams and mud
And tussocks galore to trip me up,
But 'Look Up' became a habit.

Captain McLennan said, 'Keep your eyes
On the target on distant hill,'
And so I stumbled in many pitfalls
Tripped by the frequent siren calls
Of false promises of success.

Captain McLennan said, 'Keep pressing on,
To stop makes a sitting target,'
And so I searched for my own new way
Learning to ignore when others would say,
'Settle for tried and tested.'

Captain McLennan repeated his mantra
Unaware of the lifestyle metaphor,
All life is a chance to refuse the chafe
Of commonplace where feet are safe,
In place of the challenge of living.

©John Smith



AND FINALLY...

Exmouth Mobile Library Timetable 2021

Day	Village	Stop	Arrive	Depart
Friday	Aylesbeare	Nightjar Inn	09.50	10.10
Friday	Clyst St Mary	Cat and Fiddle	12.10	12.30
Tuesday	Clyst St Mary	Winslade Park	14.50	15.10
Tuesday	Clyst St George	School	15.20	15.40
Monday	Exton	Station	09.45	10.05
Friday	Woodbury Salterton	Kennels	12.50	13.10
Woodbury	Woodbury	White Hart	14.00	16.00

- Disclaimer: Due to operational circumstances, the mobile library may need to be off road and unable to visit on some dates. Details will be publicised closer to the time. These timetables may be subject to change.*



Public Toilet Review - East Devon: Consultation Now Live



The consultation will now remain open until 5 pm Friday 1st October, following which the results will be reviewed by our Overview Committee as well as Cabinet, prior to any decisions being made and any future agreements, transfers or negotiations resulting.

We'll be using this email address publictoiletreview@eastdevon.gov.uk for any queries related to the survey and supporting information and will respond to queries within five working days.

An automated response has been set up for this address as follows:

'Thank you for your email. The public consultation for the public toilet review is now underway, we are currently seeking your comments on our ideas and proposals through our online questionnaire: www.eastdevon.gov.uk/publictoiletreview.

All your comments on these ideas and proposals need to be made using this online questionnaire so they can be included in the subsequent results, analysis and reports in a meaningful way. If your email contains comments on our ideas and proposals, please fill in a copy of the questionnaire instead.

If your email is a query that requires an answer or a request for a copy of the consultation in an alternative format, we will get back to you with our reply within five working days.'

We all understand this is an emotive subject, and there are many opinions related to this review. Please help us by completing the survey and encouraging residents and other groups to respond through the online survey so their voices can be heard. As we outlined in the Cabinet report, we don't believe we can afford to continue as we currently are, and at the same time we recognise the need to invest heavily in our facilities. To that end we need to find out what people think of the proposals, or alternatives which will deliver the same investments and savings.

Andrew Hancock, Service Lead – StreetScene, East Devon District Council,
www.eastdevon.gov.uk.

Volunteers Needed at the Greendale Vaccination Centre!



As you may be aware, the vaccination programme will be transitioning into Phase 3 (the booster programme) over the coming weeks. Here at Greendale we too will press on into the Phase 3 element of the programme and

therefore will continue to rely on volunteers' generous support to ensure the success of this throughout the remainder of 2021! We have lots and lots of available shifts every day! (Remember we have shifts 8-12, 12-4 and 4-8.) Any time that volunteers are able to give is very much appreciated, and although our shift leaders are brilliant at ensuring each shift runs smoothly, we do need to ensure that we have sufficient numbers of stewards booked on to each shift.

If you would be interested in signing up to volunteer with us, please go to our registration page through this link: <https://ourplymouth.co.uk/volunteer-opportunity/covid-19-vaccination-program-volunteers-needed/> and we will look forward to welcoming you to the team.

As always, a huge thank you to all of you supporting us with this journey; it simply wouldn't be possible without you! Jorga, NHS Admin Line Manager

Reader Susie Boyland adds: *I am a shift leader (and a marshal at times). I only do twice a week now. Each shift is four hours (8 - 12, 12 - 4 or 4 - 8). We have a shift pattern depending on how many people turn up and we move positions, ie car park, front door, etc every 30 minutes). We have people who only do once a week and some only occasionally but every little helps! I am happy to try and respond to any queries prospective volunteers might have (susieq721@outlook.com).*

PS We have started vaccinating anyone over 16 now, so drop-ins of any age 16 and above are welcome.

100s of New Courses for Adults | Free GCSE Courses | SMART SKILLS | Health and Social Care Skills Accelerator Programme



Our new autumn programme is now live with over 200 free courses for adults in Devon. In this programme we return to some limited face to face learning whilst continuing with a large selection of online courses.

Whether you are looking to pick up a new hobby, increase your wellbeing and combat social isolation, or trying to improve your English, maths or job prospects, we have got you covered. Be quick, though, as courses are filling up fast!

Browse our courses and workshops and enrol in the below subject categories:

- [art and craft](#)
- [wellbeing and mindfulness](#)
- [creative writing and poetry](#)
- [modern foreign languages](#)
- [digital skills and IT](#)
- [learning for work](#)
- [English](#)
- [maths](#)
- [courses for adults with learning difficulties and disabilities](#)
- [family learning](#)

We are here to help, so if you have any questions about our courses or the enrolment process please [get in touch](#). Time is running out for those interested in enrolling on one of our free GCSE maths or English courses. Don't wait until it's too late.

[Find out more and start your enrolment today!](#)

SMART SKILLS supports businesses and individuals across Devon to upskill and advance their businesses and careers with no-cost training solutions; funded by the European Social Fund.

Learn Devon is offering free practical maths and English courses, digital and IT skills courses and employment related skills courses.

[Fill in our SMART SKILLS form to find out more!!](#)

Are you a health or care worker looking to further your skills or someone looking to join the health and care sector? The Health and Social Care Skills Accelerator Programme, funded by the European Social Fund, may be just right for you!

[Fill in our contact form to find out more!](#)

Action-Packed Topsham as Summer Swings to Autumn



Some say September is the start of autumn but we're trying to cling on to the final glimpses of summer here in Topsham - even if we have one eye on a packed calendar of events in the coming months.

First up, a reminder about two ongoing activities: Our *Choose to ReUse* campaign is urging visitors and residents to bring a reusable cup into town for that daily caffeine fix. Not got a

smart reusable cup yet? Most of the cafés in Topsham are supporters - buy one for just £5 and get a coffee free!

And if you're visiting on Saturdays, remember that until the end of September we're running our *Summer of Sounds* music between 10 am and 1 pm at The



Meet Topsham's entrepreneurs at the Business Fair

Quay and on Fore Street, making shopping in Topsham's unique Indies even more fascinating.

Now let's look a little further ahead. We have something special at the start of October - *Topsham's First Business Fair*, 3rd October, Matthews Hall, 10.30 am – 2 pm. Until now you may have known Topsham for great food, shops and those wonderful estuary views. But next month we're lifting the lid on Topsham's entrepreneurial talent - stalls and demos galore, from massages to food-makers, reflexology to bootcamps! Entry is free and we bet you discover skills and enterprises you didn't know existed: there are more details on our

website, lovetopsham.co.uk.

If you're already having an occasional festive thought - and we are - here's a save-the-date for your diary. It's *Topsham's Christmas Switch On at 5 pm on 26th November*. There will be plenty of details to follow but we promise

it's going to be an irresistible mix of the traditional and the delightful - live music, Santa, a spectacular street procession and surprises galore. Oh - and closer to Christmas there will of course plenty of shopping opportunities including a festive market and late-night shopping on 30th November. More on lovetopsham.co.uk now and updates throughout autumn.

So there's plenty to look forward to, even as the nights draw in a little. If you like the sound of some or all of these events, why not be a part of things - even if you're a visitor rather than a resident?

A *Love Topsham Card* can be yours for just £3 a month, providing access to VIP events and discounts, and helping us do more to keep Topsham tip top. You've guessed it - please see lovetopsham.co.uk for details - thank you.

Best wishes for a last hurrah of summer this month. Have a lovely September, from the Love Topsham team.



Choose to Reuse cups available in Topsham



So many independent shops in Topsham

Estuary League of Friends



Working to improve the quality of life of those in need of care, comfort and support in our community since 1987.

Hiring a Space. Nancy Potter House is a bright, contemporary and disability-friendly venue in the heart of Topsham. We have a choice of spaces available to hire

Mondays to Fridays throughout the year. Whether this may be a friendly venue for a wedding anniversary, a community place for your local group meetings and social classes or a professional business training event. We have a friendly meet and greet team who will be on hand to welcome you and your visitors and will do their utmost to help your event run smoothly. Our chef is happy to cater for your event with a choice of sit-down meals, finger buffets, sandwich platters and cakes which are all freshly prepared in our on-site café. There is free-to-use WIFI throughout Nancy Potter House and we operate a photocopier and print service on-site.

Treatment Room. Our treatment room comes complete with a desk, chairs, sink and use of a nearby waiting area. This room is great for offering services like reflexology, physio, beauty treatments and chiropody.



Interview Room. The interview room is set up with an office desk and chairs; it also has a circular table with four extra chairs to help create a more relaxed but professional feel. This room is good for accommodating health clinics and confidential sessions such as

counselling.



Kirkham Board Room. The Kirkham Board Room is a light and contemporary room which can accommodate anywhere between one and 25 people. This room is ideally suited to formal meetings and training events. It has access to HDMI TV and a kitchenette.

Library Room. The Library Room is a warm community space that can easily be organised

to create a central meeting room which can hold anywhere between one and 50 people. This room is great for training events, art groups and even social meetings.

Bradbury Café. The Bradbury café is a bright and airy community café with an outside seating area and free WIFI. Meals and refreshments are prepared daily on-site. The café is able to accommodate 1-100 people. The café is a great room to hire out for special events like birthdays, barbecues, quizzes and wakes.



Contact. To find out more about holding your meeting or special event at Nancy Potter House, please contact our room booking co-ordinator Caron on 01392 879009 or email her on caron.woolley@estuaryleague.org.

Address. The Estuary League of Friends, Nancy Potter House, Nelson Close, Topsham, EX3 0DX

Have You Heard of the Exeter COSY Routes?



Exeter Dementia Action Alliance (EDAA) has collaborated with Dementia Carer and marathon runner Jo Earlam and cartoonist Tony Husband on their innovative, wellbeing project across Greater Exeter including Topsham. The

circular route created is made up of eight shorter loops taking the participant around Exeter and the surrounding area. The trails are called COSY routes ('circle of somewhere yours') and have been cleverly created to encourage people to get outside in the fresh air following familiar paths.

Walk or run it, the routes take the participant from Countess Wear swing bridge, and proceeding in a clockwise direction take in Exminster, just in neighbouring Teignbridge, Marsh Barton trading estate, Alphington, the edge of St Thomas and Exwick, Stoke Hill, the highest point at 550 feet, Pinhoe, and the city's eastern border fringes with East Devon, Sowton, Clyst St Mary, Clyst St George, back into the city boundary at Topsham and returning alongside the River Exe to the swing bridge.

Gina Awad, EDAA lead, explains: 'We feel this is a project that could become a real asset for the city. However at the heart of this project is our mission to raise dementia awareness and encourage people living with dementia and their families as well as the community to get out, enjoy nature and create a general sense of wellbeing as well as providing funds to continue our work.'

The good news is that anyone can join in. Karan Bennett, Alliance board member, said: 'As keen walkers we're very excited about the COSY routes and have already tried a couple! We thought we knew the Exeter locality well but discovered footpaths we didn't know existed, fantastic views and many points of interest.'

For more information visit www.exetercosyroutes.wordpress.com which includes the COSY Routes Challenge. The Challenge launching this September for World Alzheimer's Month gives an added incentive for people to do the full marathon distance in as many stages as they wish, with a medal on completion. The first 50 participants will receive a voucher for an afternoon tea for two at Topsham Museum, kindly sponsored by Rodney Spiller Wealth Management.



Bedroom to Business Programme September - November 2021

Business & IP Centre Devon The Business & IP Centre Devon (BIPC) is excited to announce the Bedroom to Business programme.

Do you want to make your business idea a reality? Not sure where to start? Our Bedroom to Business programme includes a Growth Accelerator course with sales trainer James White. In addition, our team of 30 experts will provide supplementary workshops covering topics including: mindset, visioning, profit/loss forecasting and writing a business plan. All the webinars are delivered online and all are FREE to access!

The 13-week programme includes all the steps and tools you need to make your dream a reality. For more details including the full programme see the BIPC Devon website: [Business & IP Centre Devon \(librariesunlimited.org.uk\)](http://Business & IP Centre Devon (librariesunlimited.org.uk))

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Monthly Giggle



Eating in the 50s

- Pasta had not been invented. It was macaroni or spaghetti.
- A take-away was a mathematical problem.
- Pizza was a leaning tower.
- Oranges only appeared during the winter.
- All crisps were plain.
- Oil was for lubricating; fat was for cooking.
- Tea was made in a teapot using tea leaves, and never green.
- Cubed sugar was regarded as posh.
- Chicken didn't have fingers.
- We hadn't heard of yoghurt.
- Healthy food consisted of anything edible.
- Cooking outside was called camping.
- Seaweed was not a recognised food, just found in the sea.
- Kebab was not a word, let alone a food.
- Prunes were medicinal.
- Muesli was available...It was called cattle feed.
- Pineapples came in chunks in a tin. We had only ever seen a picture of a real one.
- Water only ever came out of a tap. If someone had ever suggested bottling it and charging more for it than petrol, they would have become a laughing stock.
- We NEVER had on our table in the 50s elbows, hats and mobile phones...



Man: Little girl, I'm looking for a small black and white dog with only one eye.

Little Girl: If he's small, perhaps you should use both eyes.

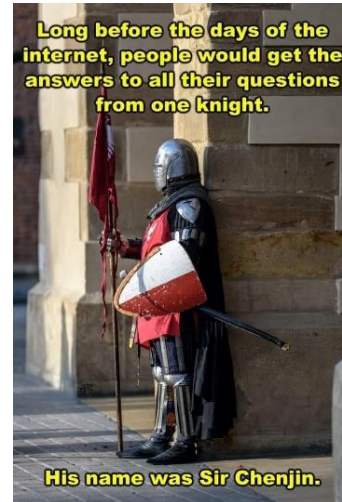
Judge: You are accused of stealing garments from the clothesline of a convent. What do you have to say for yourself?

Defendant: I promise I won't make a habit of it.

A local pig farmer has had to retire on medical grounds. He kept coming out in rashers.

A reader is looking for a mechanical device to warn pedestrians of his approach when he's cycling. If you'd like to help, please give him a bell.

A husband forgot their wedding anniversary and the wife was giving him a really bad time for forgetting!! She finally said to him that she wanted to see something very shiny on the driveway the next morning that goes from zero to very high in six seconds. The following morning she drew back the curtains, and there on the driveway was a big cardboard box. The wife goes down the stairs, out the door and on to the driveway. She very carefully opens the box and inside finds...some bathroom scales!! The husband hasn't been seen since last Friday...



A man bought some chips from his local burger joint. He was about to eat them when they spoke and said to him, 'A big change is coming up.' 'Did you have an Uncle John with a limp?' 'The number 47 will prove lucky.' They were medium fries.

I've spotted bank voles in my garden. If they are indeed bank voles I have no idea which company they are from. There is no sign of a black horse so not Lloyds. Initially I hoped TSB (less manure sans horse). HSBC doubtful, well I mean because they are not that old. Barclays? No sign of any cards 'playing' or otherwise. Midland or Scottish too far south, I would have thought and too north for Santander. Maybe they are ex-building society staff from Nationwide but none too friendly. Although I feed them and take some interest in their activities, they give little credit nor offer any financial aid...

I once had a date with a computer mouse and it went really well. We both clicked.

Tourist: Hello. Do you farm around here?

Farmer: Aye.

Tourist: Fantastic day, isn't it?

Farmer: Aye.

Tourist: Have you lived here all of your life?

Farmer: Not yet.

A man went into a local bookshop and asked the woman behind the counter, 'Do you keep stationery here?' 'No,' she said. 'Sometimes I move about a bit.'

Doctor: So, tell me, what has brought you to this hospital?

Patient: An ambulance.



Arnold saw an advertisement for a handyman for an apartment complex and decided to apply for the job. 'What do you know about plumbing?' was the interviewer's first question.

'Nothing at all,' said George.

'Well, what about electricity?'

'Not a thing.'

'How about gardening then?'

'Never cut a lawn in my life.'

'Then tell me,' said the confused interviewer, 'just what makes you so handy?'

'I live right around the corner,' said Arnold.

[Thanks, as ever, to Lesley Richardson and John Flitney for their contributions. Ed]

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WCMC SERVICES SEPTEMBER 2021



Sunday 5th September

Week 1

09:30	AYL	Morning Worship	Carolyn
09:30	WST	Holy Communion	Rev'd Bill
09:30	CSM	Holy Communion	Rev'd Margaret
11:15	WBY	Holy Communion	Rev'd Bill
18:30	EXT	Evening Worship	Rev'd Bill

Sunday 12th September

Week 2

09:30	EXT	Holy Communion	Rev'd Margaret
09:30	FAR	Holy Communion	Rev'd Peter Nickols-Rawle
09:30	CSG	Morning Worship	Rev'd Bill
11:15	CSG	Baptism	Rev'd Bill

Sunday 19th September

Week 3

11:15	AYL	Holy Communion	Rev'd Chris Cant
09:30	CSM	Breakfast Family Service	TBA
09:30	WST	Breakfast Family Service	Lay Led
18:30	WBY	Evening Prayer	TBA

Sunday 26th September

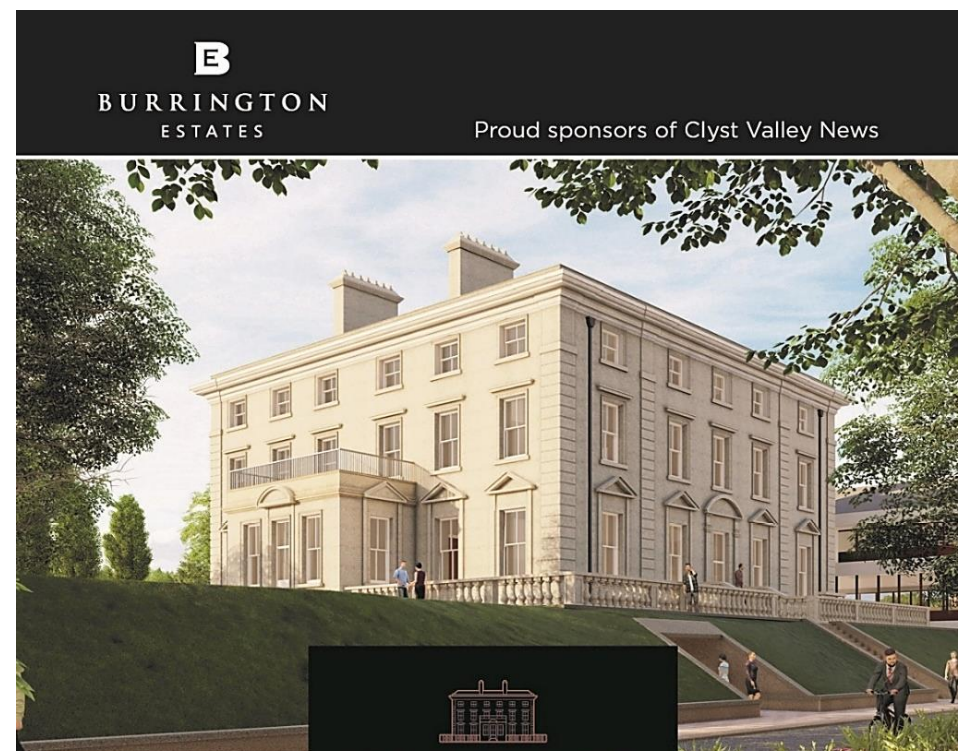
Week 4

09:30	CSG	Holy Communion	Rev'd Peter Nickols-Rawle
09:30	Zoom	Family Service	Zoom Team
09:30 TBA	FAR	Morning Worship	TBA

AYL Aylesbeare FAR Farringdon EXT Exton WST Woodbury Salterton WBY Woodbury

CSG Cyst St George CSM Cyst St Mary

If you would like a link to the Zoom service, or have any other queries, please email Jill, Admin Officer, at dupain@hotmail.co.uk or call 01395 232953. For pastoral matters, please contact Rev'd Bill on 01395 232161.



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