

CLYST VALLEY NEWS

APRIL 2022



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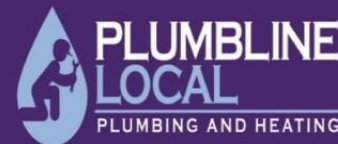
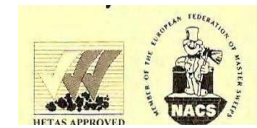
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MESSAGE FROM THE VICARAGE

Spiritual Pain



I learnt a new phrase the other day, which seems appropriate in a (post-)pandemic age: it is 'spiritual pain'. I had, of course, known about it before, I'd just not used that name for it. It seems appropriate too for those of us who are accompanying those who have terminal illnesses.

I went on an excellent Zoom course run by Sarum College in the cathedral close in Salisbury – worth a visit. On the course were various people engaged in caring from a Christian perspective. In my small group everyone was either supporting someone who was dying, or had had a close brush with death themselves.

This spiritual pain affects old and young alike – one example was of a ten-year-old whose father was rushed into hospital with Covid, who couldn't see him. The whole family regularly attended church, but the mother couldn't answer the question as to why this was happening; all she could do was to hold her child.

We talked briefly about the age-old problem as to why God allows pain and suffering. The seminar leader quoted C S Lewis, who said this about pain: 'We can ignore even pleasure. But pain insists upon being attended to. God whispers to us in our pleasures, speaks in our conscience, but shouts in our pains: it is his megaphone to rouse a deaf world.' (*Pleasure of Pain*, 1940) Not all will find this quotation helpful; I read it to my mother who wasn't sure about it. It speaks to me, however, as one who has a low pain threshold.

C S Lewis, like us responding to the crisis in Ukraine, would have known what the effect of war had on people, but he could see beyond the simple resource of blame – to blame either the aggressors in war, or the creator God. A response, which notably is not an answer, is found in the Psalms and in the book of Job. It is that of 'lament'. It might be helpful for us to rediscover the act of lamenting. One way to do this is to try and write our own psalm, crying out to God. Don't restrict your language(!); the original psalmist didn't – 'Why are you letting this happen, God?', for example.

I'm going to finish this article by quoting a powerful story of an Anglican priest I once knew, whose young son, aged about two, had been wrongly diagnosed with a terminal illness, but he didn't yet know that the diagnosis was wrong. He tried asking God why, but got nowhere in his prayers. Then once, when out on a walk, he swore at God: 'Why the whatever are you allowing this to happen?' After that, he felt that he was at least being real in his conversation with God. I can't recommend the swearing; but I can one hundred percent endorse being real before God in our prayers.

So, if you believe in God, or even in a powerful force out there somewhere, even if you struggle to pray – try to be real, and shout out to our God, even in pain. The answer might not be what we want, or in the timescale we want; but rest assured, God hears. Amen.

Bill and Daff Lemmey, Woodbury Vicarage revbillwhitecross@gmail.com 01395 232161

WHITE CROSS MISSION COMMUNITY

Please see the schedule of services within the WCMC for April at the back of the magazine.

SUBSCRIBE TO THE CLYST VALLEY NEWS NOW! IT'S COMPLETELY FREE!

If you'd like to receive your own copy of the CVN (in full colour!) direct to your email address every month, completely free of charge, all you have to do is email the Editor, Peter Skelton, at clystvalleynews@gmail.com with the following message: **I am happy to receive the Clyst**

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EDITOR'S NOTE



Hello and welcome to this April Easter edition of the Clyst Valley News. I'm writing this looking out over a stunning sunlit vista, from my (still temporary) editorial office -- fields, hedgerows, daffodils and trees dripping with blossom. Spring is springing and I find that so uplifting after what feels like an interminably dark winter of Covid, storms, energy price hikes and now, the desperately sad plight of Ukraine.

It's difficult to comprehend what is happening to our peace-loving European neighbours in Ukraine. One moment life for them is rolling along in its normal, unassuming way; the next, families are being relentlessly and terrifyingly bombed from the skies and on the ground, forced to leave their menfolk behind, pack a few essentials and take to the road seeking some sort of way out of the horror. Unimaginable. (I expect many of you have tried to envisage how we would cope should the UK suddenly be faced with a similar invasion...What's that absolutely essential item that would have to go with you, no matter what?)

Sadly, Ukraine is not the only country that has been plunged into the terrors of war in recent years as a result of the deranged bloodthirsty ambitions of dictators and extremist groups and governments. Let's not forget Syria, Afghanistan, Yemen, the Rohingya people of Myanmar – to name but a few. The resulting refugee crisis has affected us all. Of course, Ukraine seems so much closer to home but, at the end of the day, all the victims from around the world are human beings, like us. They need understanding and kindness in their hour of need. And, thank the Lord, in times of adversity the human spirit comes to the rescue. The response from ordinary people in so many countries, including our own, to offer a welcoming hand to so many people finding themselves homeless and stateless, has been generous and humbling. (As of today, over 130,000 Brits have offered temporary homes to Ukrainian refugees.) Let's keep hold of that and, like with the onset of spring, look to a time of hope, optimism and new beginnings in the months and years to come.

Have a very Happy Easter. Enjoy the magazine. I hope to be back at CVN Towers by the time the next issue goes to press. Fingers crossed! Best wishes. Peter Skelton

YOUR PHOTOS ALWAYS NEEDED FOR THE COVER OF THE CVN!



There must be a lot of photographers out there snapping away around our villages. After all, our neck of the woods is rather photogenic. Why not share your results with our readers? Most months we aim to put one nice pic on the magazine cover and we need yours! So please do send in your efforts to the editor, Peter Skelton, who will choose one each month. Try to use relatively high-definition settings but that's not a must. Just email them across to clystvalleynews@gmail.com and we'll do the rest. Simple!

Contributions, photos and letters to the editor for the May 2022 issue of the Clyst Valley News should be sent by email, to the editor, Peter Skelton, at clystvalleynews@gmail.com by Friday 15th April 2022 at the latest, please. Please note that contributions may be edited.

If you experience any difficulty in receiving your copy of the CVN, please contact your local distributor, as follows:

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CLYST ST MARY



St Mary's Church

Church Services. The Family Service with Breakfast will be held on 3rd April, starting at 9.30 am. This is a very informal gathering for parents and children, lasting no more than an hour (including breakfast!) so that you have the rest of the day for other family activities. On Good Friday, 15th April, we will be holding the Cross of Christ Service at 9.30 am. This is a service of lessons and hymns, similar in form to the Christmas Service

of Nine Lessons and Carols, but reflecting on the Easter story. Coffee and hot cross buns are served after the service. On Easter Day, 17th April, there will be a Holy Communion Service at 9.30 am followed by an Easter egg hunt and refreshments.

Easter Flower Arrangement. We had a successful session before Christmas where we were enabled by Margaret Stainfield to produce a Christmas decoration for the Christmas table. New skills were learnt, new friendships made and delicious Eccles cakes were eaten along the way.

We are now inviting you to come along to the church on Wednesday 6th April, 2 – 4 pm to join in and go home with something different for Easter. Margaret will be on hand to help and guide us through the two hours. Don't

be shy if you have not stepped into the church before or have never done anything like this before because we are all learning and you will receive a warm welcome. Please bring with you a container in which to do the arrangement and any flowers/greenery you have available. Margaret has many resources for us to use and the sum total for the afternoon will be £5 to cover expenses and refreshments.

It is always useful to know numbers so please let Margaret or Pat know you are coming and feel free to bring any friends along if they are interested. Pat is pat@cusa.org.uk and Margaret is elspethstainfield@gmail.com.

Easter Garden. On Saturday 16th April at 10 am we will be making the Easter Garden in the church and decorating the church with flowers and we would like to invite anybody who would like to come along and help with this.

APCM. The Annual Vestry Meeting and Parochial Church Meeting will be held in church on Wednesday 6th April at 7 pm in church. All parishioners are invited to attend.

We look forward to welcoming you along to the church which is tucked down at the bottom of Church Lane and has been since the 11th century.

Best Wishes and Easter greetings from the church PCC and Pat Cusa, Church Warden

Village Hall AGM



The Village Hall AGM was held on 7th March. We were pleased to welcome two new Trustees, David Bibby and Carol Price. Updating of the Trust Deed was discussed and the meeting agreed to commence the process to convert to a Charitable

Incorporated Organisation, which gives the committee greater flexibility of action. We also agreed to provide increased accommodation for the Parish Council.

Our website <https://www.clyststmaryvillagehall.co.uk/> gives details of hiring availability and prices but if there's anything else you'd like to know, please drop Ali West an email on: bookings@clyststmaryvillagehall.co.uk. We look forward to seeing you soon.

Clyst St Mary Primary School



Class 4 are enjoying their Forest School sessions, despite having had terrible weather.

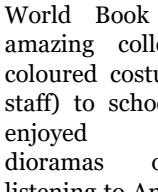
Pancakes cooked on an open fire clearly taste yummy even when you're soaking wet! Thanks to the staff of Outdoors Group who run these sessions for the children; the children love all the experiences this brings and benefit from the outdoor learning opportunities.

National Girls in Football Day was celebrated in style with every girl in school joining a football coaching session through the day. Thanks to our Premier Sport coach, Fletcher, for supporting us in achieving this and his encouragement to the girls to participate.

World Book Day brought an amazing collection of brightly coloured costumes (children and staff) to school. The children enjoyed making dioramas of their favourite books, listening to Anne Parsons, author of *Alfie Wait!* who visited school and were very excited and entertained by their Zoom meet with Michael Rosen.

Mrs Allen, our Federation lead on well-being and organised a week of activities to support children's mental health which culminated in a 'Bring Your Scarf to School Day'. Children were encouraged to bring a scarf that meant something special to them and to share why it was special with the classmates.

Supporting Those Affected by the Ukraine Crisis. The school community were invited to donate children's footwear, shoes, wellies and slippers to be sent to support families in Ukraine. They showed huge generosity and with Mrs Rose's help we have sorted and bagged over 20 large sacks of good quality footwear which will now be sent out to Ukraine - thank you everyone; this was an amazing effort.



really girl in school through the Lewis

really girl in school through the Lewis

mental health, support

with

Red Nose Day will soon be upon us and our School Council (student representatives from each class) have decided they would like donations from our non-uniform day on 18th March to be split equally between Comic Relief and the DEC Ukraine Appeal. This will be another colourful day in school as the children have been invited to come to school as superheroes or to wear red if they prefer. We wish you all a very Happy Easter.

Bishops Clyst Parish Council

Platinum Jubilee Celebration 2nd – 5th June 2022: Possible Road Closure. The Parish Council has enquired about closing Clyst St Mary Village Street on Sunday 5th June from 9 am to 7 pm to facilitate a street party. The road would be closed from Mills Stores up to just below the upper car park. It would be helpful for the street to be free of parked cars for the event which would mean moving them in advance. We would like to know how residents feel about this as it will inevitably cause some inconvenience. If you have any concerns or comments please contact the Clerk at Bishops Clyst Parish Council: bishopsclyst@gmail.com or 01392 874405.

Annual Parish Meeting. The Annual Parish Meeting will be held in Clyst St Mary Church on Wednesday 13th April at 7 pm, followed by the normal monthly Parish Council meeting.

Improvements to Lighting on Footpaths. The Parish Council is pleased to report that long-awaited pruning works have taken place on the footpath between the A3052 and Winslade Park Avenue and in the cul-de-sac to improve the lighting during darkness hours. It was necessary to acquire specialist advice and planning consent as one of the trees was subject to a Tree Preservation Order.

Community Grants. Community grants of up to £500 are available to groups, clubs and voluntary organisations based in the parish for non-commercial activities which benefit residents of the parish. Please see further details on our website (www.bishopsclyst.org.uk/community-grants/).

Parish Council Vacancies – Environmental Champion Required! There are still vacancies for Parish Councillors on the Bishops Clyst Parish Council. If you would like to represent the residents of Clyst St Mary and Sowton Village on the Parish Council, we would very much like to hear from you. We are particularly keen to recruit someone with an interest in the environment to be our Climate Change/Green Champion. If this appeals to you, or you have other areas of interest, please email the Clerk, Karan Bennett, at bishopsclyst@gmail.com, with a personal statement setting out what skills and experience you would bring to the Council.

Parish Council Meetings. Parish Council meetings take place each month and dates, agendas and minutes are posted on our website (www.bishopsclyst.org.uk) and on noticeboards in Clyst St Mary and Sowton Village.

Contact the Parish Council. Karan Bennett, PC Clerk, working from the PC office in Clyst St Mary Village Hall on Monday to Wednesday, 9 am to 1 pm. Call 01392 874405 or email bishopsclyst@gmail.com.

Clyst Valley Pre-School

We are now almost full at every session and are currently taking applications for the summer term and September 2022. Check us out on Instagram or visit our website, clystvalleypreschool.org. You can also contact us on 01392 876615 or by email to manager@clystvalleypreschool.org.



The Battle of Clyst St Mary - Now Remembered



If you have recently walked or cycled across the old bridge you cannot have failed to notice the new metal device on the flood wall to deter access to would-be explorers. But this artwork has a dual purpose -- it is also a long due remembrance of those who fought here in the summer of 1549 during the Prayerbook Rebellion. What follows is a short account of those events in the village. (If you want the full, but somewhat biased account, as written at the time by Exeter theologian Richard Hooker, you can find it in his 'The Ancient History and Description of the City of Exeter'. Search in Google Books. The section relating to Clyst St Mary begins on page 41.)

But first, some brief background history: Henry VIII, when the Pope would not annul his marriage to Catherine of Aragon, broke the English Catholic Church from the control of Rome and styled himself Head of the Church in England. As Henry still considered himself to be a good Catholic this action really didn't change the church services very much. But his young son, Edward, was greatly influenced by his Protestant advisors. Sweeping changes were made within the church, including the introduction of a new prayer book to be used exclusively in all services. This was not liked by many in the conservative south-west. In Devon the first rebellious action was in Sampford Courtenay but in Clyst St Mary there was a very specific ignition point. Richard Hooker relates that incident in Church Lane involving Walter Raleigh, father of the illustrious Elizabethan seafarer:

'Walter was on his way to Exeter from his home nearby when he passed an old woman going towards the parish church with rosary beads [a very Catholic object] in her hand. He warned her that she would be punished if she showed disrespect for the religious reforms that were now enshrined in law. The old woman, not well understanding the matter, as soon as she came to the parish church began to make a great stir saying that she was threatened by the gentleman that, unless she would leave her beads, her house and all their houses would be burnt. She had no sooner spoken than she was believed; and in all haste the parishioners flung out of the church and began to dig trenches.' The ditch and rampart they dug would have run from the Grindle Brook to the main road, roughly following the line of Clyst Valley Road then across to Bishops Court Lane.

Obviously the powers-that-be, whose royalist army had already fought a battle with a rebel group at Fenny Bridges, were not going to take this new insurrection lying down. Hooker takes up the story: *'Accordingly, on Saturday 3rd August, he [Lord Russell, who commanded the royal forces – hence the lion and Fleur de Lys on the right shield of the bridge artwork] set out from Honiton, and marched in good order, towards Exeter; but leaving the direct high road, he came over the down towards Woodbury, and there pitched his camp that night by a windmill [sited on the hill near Greendale]. When the rebels of St Mary Clyst heard thereof, they forthwith assembled all their force, and marched forward. They came to the aforesaid mill, where they gave battle; and notwithstanding they fought most valiantly, at length they were defeated, and a great number of them slain.'* They retreated back behind their barricade where they were joined by part of the rebel army from Cornwall commanded by Lord Arundell



(whose heraldic martlet emblem appears on the left shield). *'On Sunday, Russell pushed forward, and the army entered the village. His Lordship was inform'd that every house therein was fortified, and full of men. Upon this, order was given to set fire thereto.'* It is said that no building in Clyst St Mary was not destroyed

by fire. Hooker goes on: *'But the rebels, who now assembled themselves in the middle of the village stood upon their defence; when a very fierce, cruel, and bloody fight began so that there fell that day about a thousand of these obstinate and foolish men.'*

With Russell's army in control of the village, *'the surviving rebels made good their escape onto the bridge which was blocked with felled trees and defended by a cannon, taken from a ship at Topsham, which was manned by a solitary gunner.'* Blocking the bridge would have been easier then than now as it was originally only about two-thirds its present width. Hooker continues: *'Nevertheless, it was necessary to clear the bridge to allow the infantry to cross. Proclamation was now made, that whoever should pass first over the bridge, should have 400 crowns as a reward. Immediately hereupon one of the company, more respecting the gain than forecasting the peril, gave the adventure; but the gunner, discharging his piece, slew him.'*

But the River Clyst could be forded upstream (near where Mill House now stands), and this proved crucial to the outcome of the battle: *'Lord Grey desired to get over the river to be in the open fields of Clyst Heath, but the river was very deep by reason of the flowing off the sea. Nevertheless one John Yarde, a local man, led them up a lane [Frog Lane] and passed over the river near unto a mill above the bridge and others followed. But before he [the gunner] could again charge his piece, one of the company who before had passed over the water, entered the bridge at the farther end, and, coming behind him, slew him; and the timber and trees then removed, the whole army passed over the bridge to the heath [Clyst Heath].'* It was all over for the men of Clyst St Mary. Those taken prisoner were taken to Clyst Heath (now just the small wooded area by the side of the Chiefs Ground). Here, for fear of a counter-attack by those who had escaped, Russell had their throats cut – a violent action even in Tudor times!

There was a failed counter attack where the rebels: *'... fought most stoutly, nor would give out as long as life and limb lasted; so that few or none were left alive. Great was the slaughter, and cruel was the fight; and such was the valour of these men, that the Lord Grey declared, that he never, in all the wars that he had been, knew the like.'* What more is said by Hooker of Clyst St. Mary? Nothing. With the village burnt to the ground and the male population slain what else was there to be said? Ironically within four years Edward was dead, to be succeeded by his half-sister Mary, a devout Catholic, who reinstated the old church services!



So were the inhabitants the rebels they were proclaimed to be by the State - or the heroic but failed revolutionaries they set out to be? Hooker's *'obstinate and foolish men'*; or men that the Lord Grey *'noted for their valour that he never knew the like'*? That I leave to you. Clyde Bish

Table Tennis Club



Please come and join us! New members always welcome. We play at the Village Hall every Thursday, 4- 6 pm. The minimal fee of £20 for a 10-week session includes use of all equipment and refreshments. Alternatively, fees may be paid on a weekly basis if preferred. For further details please contact Pam Gardner on 07714 097220 or by email to pamelamgardner@gmail.com.

	BADMINTON CLUB The Club plays every Tuesday evening in Clyst St Mary Village Hall from 8-10pm.	
We are a friendly & a mixed ability group, of varying ages, so come along and join us		
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Anne on: annecurrver@gmail.com if you have any questions. Thank you.		

CLYST ST GEORGE AND EBFORD



CSG Parish Council Chairman's Notes, April 2022

Community Speed Watch is a scheme run by the police, enabling locals to monitor the speed of traffic on their local roads, and report drivers for excessive speed. Interested? Then please search online; if you want to become involved then contact our Clerk. If we have your support the Council will start the process of setting up a local group with the police.

I am pleased to report that the Parish Council are supporting the organisers of an event on Sunday 5th June to celebrate the Queen's Platinum Jubilee. More details nearer the time, when plans are firmed up.

Thanks to DCC Highways who have cleared mud and grass off the pavements along the A376 and down toward Darts Farm, making it easier to get around on foot. Our contractors will be weed killing on the pavements, hopefully keeping them clear for this season. All the best.

John Manser

john@jmanser.co.uk

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Norman's Weather Report



Rainfall at Ebford for the month only amounted to 45 mm (1.8 inches), definitely not heavy nor liable to fill 'dykes' and reservoirs. This was very much in contrast to other parts of the country, where the attention of storms Dudley, Eunice and Franklin produced much wind damage and floods. Our local situation, sheltered by Dartmoor and the Haldon hills, tends to keep us on the dry side.

In terms of averages, that for between 2011 and 2020 was 74 mm and the local average here at Ebford over the last five years is 71 mm. (However, there was a recent exceptional February in 2020 when 156 mm (6.1 inches) was recorded here in Ebford.) Norman Cann

Lady Seaward's Are Now Dancing to the Moon!



As you may now be aware, we are sponsoring Ryan in Uganda to go to school. We were going to be walking to the moon; however, after an in-school vote the children have decided that they would rather *dance* to the moon. It took Apollo 11 astronauts 4,549 minutes to travel to the moon, so we will be seeing how many minutes we can dance and if this will get us to the moon in the same time as Apollo.

This is an exciting event that we will be holding at school to raise money to contribute to Ryan's education. The children have already had the opportunity to meet Ryan and some of his friends via *Zoom* and we hope to do this again in the future. We were able to talk to him and find out more about his life and what his school in Uganda is like. Children at Lady Seaward's will be dancing on the playground daily and we will noting down how many minutes each child dances over a period of time, but also how far we dance together as a school. We will then see how far we get to the moon! This shows children that if we work together and work as a collective we can make a real difference!

Children can be sponsored for this event via this link and money will go straight to the *Edukid* charity: www.justgiving.com/fundraising/ladyseawardswalktothemoon. We hope you agree we are raising money for a great cause and as a school we can really make a difference! Get dancing, Lady Seaward's!



Clyst St George Parish Hall



The Committee of Cyst St George Parish Hall is looking for some keen new members to boost their numbers - no special qualifications necessary apart from a desire to help the community in which you live. We would love you to help in the future proofing of the village hall and assist in building up some more community activities. We would welcome anyone from Cyst St George or Ebford and wanted to include all areas particularly Cyst Road or Odams Wharf for example, that may be interested in helping. We have approximately five meetings a year. For more information please contact one of our existing committee members who are Paul Bragg, Helen Cragg, Colin Pilcher, Claire Marks, Alan Marks or Donna Pagliero in Cyst St George or Pamela Diffey, Anna Smith or John Manser in Ebford; or ring our Chairman, Pamela Diffey on 01392 877497 or Vice Chairman, Paul Bragg on 01392 874599 for more information.

Nature Garden

Cyst St George has a delightful nature garden by the side of the parish church. The aim of the garden is to grow local Devon indigenous plants and trees and to encourage a Devon meadow with local wild flowers. Should you wish to help develop this 'green' facility, you can come along on the first Saturday of every month from 9.30 to 11 am. (PLEASE CHECK IN ADVANCE.)

Little Dragons Pre-School

We would like to say a big THANK YOU to all of our parents and staff for supporting us throughout this difficult year. We have limited space at the moment but if you are looking to start your child from September 2022 you may want to contact us now! We are based in Lady Seaward's School and open four days a week, from Monday to Thursday, 8.45 am - 3.15 pm during school term times. For more information please telephone Elly on 07939 995486 (in school hours), email littledragons@live.com or visit our website www.littledragonsclyststgeorge.com.

WOODBURY SALTERTON



Church APCM

The Annual Parochial Church Meeting is our church AGM. It will be held in church on Tuesday 12th April at 2.30 pm. This is a legal requirement but also an opportunity for members of the congregation to hear how the church is doing, to learn about our financial situation and to make plans for the future. All are welcome - and it would be encouraging if church members would come and support the PCC at what is usually a short meeting but none the less an interesting one. Please support your PCC.

Ukraine



The church set up an appeal for the people of Ukraine and acted as banker to give a focal point for anyone unsure of where to send their donation. Some people had already donated online to various charities, such as the Disasters Emergency Committee and Christian Aid but the sum of £365 was nevertheless collected. It was decided to send this money immediately to the Red Cross as we were advised that they have the infrastructure to get the aid quickly to the most vulnerable.

The church fund will remain open and further donations would be warmly welcomed. Payment could be made by cheque to Woodbury Salterton PCC, directly to Debbie Jung (Churchwarden) or Nigel Dupain (Treasurer) or by BAC – bank transfer -- by emailing Nigel at dupain@hotmail.co.uk to ask for the church bank account details. Many thanks to all those who have given to this appeal.

Coffee After Services



Coffee following the morning Communion services will be served after the service on 3rd April. This will be exactly two years after we were last able to do this. An opportunity to stay and chat after the service.

Monthly Coffee with Bacon Butties – or Crumpets



The April monthly coffee morning will take place on the 2nd from 9.30 till 10.30 am in church. Many thanks to Debbie Jung for running these and to Geoff for cooking the bacon. These events bring in a steady income for our church funds and are very happy social occasions.

Woodbury Salterton C of E Primary School



The last month has been such a lovely and busy month; we have enjoyed taking part in the NSPCC Number Day, Safer Internet Day, Children's Mental Health Week, Wearing Red, White and Blue to celebrate our Queen's 70 years on the throne and our KS1 children took part in an Aesthetics Festival at Exmouth Tennis Centre. We have also been lucky enough to have Rev'd Bill and the ICE Team visit us to support our collective worship. In addition, the whole school enjoyed celebrating World Book Day with some great costumes to link with favourite stories.

Class One Update. KS1 attended the Aesthetics Festival at the tennis centre and took part in various activities practising their balancing, jumping and movement skills. During the morning the children learnt a short dance and then performed it alongside other schools from the area. As the weather is getting nicer, we have spent more time outside and have enjoyed playing in the mud kitchen and creating cake and ice cream shops. The children have been writing menus and paying for their cakes using money. In music, we have been learning about pitch; during continuous provision, some children decided to make their own instruments.

Class Two Update. Class Two have been continuing their theme of Rocks, Relics and Rumbles and have been learning about Mary Anning. Music has been very exciting this month as we have been reading, writing and performing using our own graphic scores. We started by listening to the sounds of a volcano and then experimented by making our own. As part of our RE unit on Judaism, we have been learning what 'repentance' means and the times that Jewish people ask for forgiveness. We thought of our own 'sorry' messages for something we have said or done and wrote these on to cardboard boats to float away. It was Mental Wellbeing Week this month so we have been doing extra mental health activities to remind us how to keep our bodies and minds healthy. Some of our activities including sending each other compliments, writing thank you messages and doing some yoga.

Class Three Update. Class Three have enjoyed designing and making their own pieces of wallpaper in the style of William Morris. The children have also created some fantastic pieces of art in the style of Andy Goldsworthy whilst at forest school. It was lovely to watch the children work in small teams to create these natural masterpieces. During our mental health sessions,

we have been learning how important it is to have a growth mindset rather than a fixed mindset. We put all this learning into practice during one forest school session where the whole class worked together to solve a problem that involved transporting a ball and then water across the field using only some pieces of guttering.

Collective Worship. This half term's value is FORGIVENESS. During our collective worships we will be exploring what it means to forgive and listening to Bible stories such as 'The Prodigal Son' and 'The Unforgiving Servant'.

Nursery. Due to our nursery numbers growing rapidly, we have increased the sessions that we are able to offer and are now open every weekday. Please email/telephone the office to check availability and pick up an application form. Thank you.

Next month we will update you about...

- Red Nose Day -- £1 donation – please come to school wearing red!
- 10th March – KS2 Dance Festival
- 17th March – Church cake stall (outside school gates)
- 24th March – Years 3, 4, 5 and 6 cross country event – more details to follow

Would You Consider Being a School Governor?


Being a school governor is an exciting opportunity to make a very worthwhile contribution to your local community. The duties of a governor are not onerous, but do require commitment and a willingness to take an active role in supporting the work of each of our five schools. The Governors of the Jubilee with Pebblebed Federation are responsible for the Church of England primary schools at Broadhembury, Branscombe, Farway, Littleham and **Woodbury Salterton**. We are a friendly team, committed to ensuring each of the five schools flourish within the Federation.

Apart from the staff governor and the Executive Head Teacher, most of the Federation's governors are parents, come from the local community (co-opted governors) or are representatives from the Church. Governors can come from any walk of life, and consequently have a range of skills to complement one another in supporting the school's main functions. We are particularly looking for new governors with skills in finance/accounts or some experience of education (curriculum), but it is not essential.

The governing body has specific statutory responsibilities and its main tasks are: to provide a sense of direction for the work of the school; to support the work of the school as a critical friend; and to hold the school to account for the standards and quality of education it achieves. Training is provided and all governors are subject to the usual safeguarding checks. The role is a voluntary (unpaid) one.

If you are interested in joining our governing body, please contact our Clerk, Dr Helen Ryland: HRyland@woodbury-salterton.devon.sch.uk or me (01297 553180).

Rev'd Dr Steven Martin, Chair of Governors and Rector of the Holyford Mission Community



YOUR VILLAGE NEEDS YOU



SAVE THE DATE

To coincide with the Platinum Jubilee celebrations, Woodbury Salterton are planning a Garden Party for all the family on Bank Holiday
FRIDAY 3RD JUNE
Events are planned for the afternoon and evening.

There is a Jubilee Celebration meeting at the Digger's Rest on Monday 21st March at 6pm. We would love to see anyone who would like to be involved, no contribution too small. Please contact Arwen Beaton at the Digger's Rest 01395 232375 or Jane Angus 07779 168381 with any questions.

If you aren't able to make it, don't worry, there will be other opportunities for you to help out over the coming months.

Woodbury Salterton Jubilee Art Exhibition: Call for Contributors



Thursday 1st – Sunday 4th June at Holy Trinity Church
 Over the Jubilee Bank Holiday, Woodbury Salterton is celebrating local artists with an exhibition in the church – a beautiful space with lovely natural light. We want to celebrate all local talent in a variety of mediums including good quality photography, small sculptures and crafts. We have already signed up a number of

local artists and would welcome other creatives interested in exhibiting and/or selling.

If you are interested in participating or helping out, please contact Debbie Jung on 07903 345683 for more information. Please also look out for more publicity in the next couple of months.



~~~~~  
**POETRY CORNER**

*On poetry*

by John Smith (of Clyst St Mary)

Thoughts form into words  
 And on paper have a barrier  
 Built around them, and often forming  
 An impenetrable wall for some.

And for others a tempting hedge  
 With gaps of insight to lure them,  
 Exploring the thread through the opening,  
 To find that the thoughts are their own.

The prize is understanding  
 Of the feelings of another,  
 To see the world through their thoughts,  
 And dare to open the mind.

©John Smith



~~~~~  
AND FINALLY...

Exmouth Mobile Library Timetable 2022

Day	Village	Stop	Arrive	Dates
Monday	Exton	Station	09.45	7/2, 7/3, 4/4, 6/5, 27/6, 25/7, 22/8, 19/9, 17/10, 14/11, 12/12
Tuesday	Clyst St Mary	Winslade Park	14.50}	15/2, 15/3, 12/4, 10/5, 7/6, 5/7
Tuesday	Clyst St George	Layby B3179	15.20}	2 & 30/8, 27/9, 25/10, 22/11
Friday	Aylesbeare	Nightjar Inn	09.50}	4/2, 4/3, 1 & 29/4, 27/5, 24/6
Friday	Woodbury Salterton	Kennels	12.50}	22/7, 19/8, 16/9, 14/10, 11/11, 9/12
Friday	Woodbury	White Hart	14.00}	

Disclaimer: Due to operational circumstances, the mobile library may need to be off road and unable to visit on some dates. Details will be publicised closer to the time. These timetables may be subject to change.

Lasting Powers of Attorney and Why They Are So Important



Often when I ask someone if they know anything about *Lasting Powers of Attorney (LPAs)*, I'm usually met with either some uncertainty or a straight up 'no'. It's a fact that public awareness is very low and this isn't helped by a few misconceptions. But LPAs are incredibly important documents to have in place and they provide you and your family with ultimate protection and control.

An LPA is a legal document which enables you to appoint people you implicitly trust (called attorneys) to act on your behalf for any property and financial and/or health and welfare decisions. Your attorneys can be family, friends or a professional (eg will writer or solicitor).

There are two LPAs to consider: **1) Property and Financial Affairs** You can choose to activate this LPA straightaway when you are fit and healthy, if you perhaps need some help with your finances or property. Or you can activate it only if you lose your mental capacity.

2) Health and Welfare It can only be activated if you lose your mental capacity. If you lost your mental capacity (temporarily or permanently), your LPAs would allow your attorneys (people you trust) to look after you and your assets. Attorneys must adhere to any instructions (legally binding) and do their best to accommodate any preferences (not legally binding). Your attorneys must always act in your best interests and make decisions based on how you would think, rather than how they themselves would react.

'LPAs don't apply to me.' The following misconceptions might change your mind...

I only need to think about LPAs when I'm much older. It's a sobering statistic, but every 90 seconds there's a hospital admission with an acquired brain injury (source: www.headway.org.uk).

I'll sort out my LPAs if I get to a point where I really need them. Leaving it until you have a problem can be leaving it too late. And if you've lost your mental capacity, then an application has to go through the Courts, which takes time (months) and can be very expensive.

If anything happens to me, my spouse/civil partner can sort everything out. I'm afraid joint bank accounts can be frozen without a Property and Financial Affairs LPA.

If I'm seriously ill, my next of kin will make the final decisions regarding my treatment. Unfortunately, your next of kin have no legal rights to make any decisions for you without a Health and Welfare LPA in place.

I would always advise that you use an LPA specialist/will writer/solicitor to take your instructions and register your LPAs. But there is no legal requirement for you to do so and you are perfectly entitled to complete and register the LPA forms yourself. However, to avoid your application being rejected by the Office of the Public Guardian (OPG), you will need to take the time to understand what you can and can't do when completing the forms. It takes very little for the OPG to reject applications, which results in having to reapply and pay another fee (albeit most likely a reduced fee).

So what are the fees? Well, the standard OPG fee is currently £82 per form. For anyone on an annual income of less than £12K per year or in receipt of certain benefits, a reduced fee of £41 per form (or in some cases no fee) can apply. If you use an LPA specialist/will writer/solicitor, their fees are separate and in addition to the OPG fees.

Take care. 😊 Alix Francis /alix@quinnwills.co.uk /01392 984 964

Exmouth Shanty Band's Show Offer



The Exmouth Shanty Men, Devon's 'original buoy band', have developed a stage show which they think will be a winner for village fundraisers. Called *Tall Ships and Tavern Tales – a Voyage in Song from the High Seas to a Dockside Ale House*, it is presented in two

halves, usually of 45 minutes each with a 30-minute interval. The first is of traditional sea shanties, with the audience invited to help hoist sails or lift an anchor; after a change of setting and costume, the second is set in a tavern, under the watchful eye of a strict landlady. 'Village halls are the perfect setting for our show', says Ship's Bosun Curly Quill, 'and we're happy to offer it for a share of ticket sales to up to ten Devon communities next winter. Fundraisers keep their bar and raffle profits – and we'll all have a fun evening.' The show has already been presented with success at Alphington, Cheriton Fitzpaine, Ipplepen and Whitestone village halls, as well as Starcross Fishing and Cruising Club. A double album *Tall Ships and Tavern Tales*, featuring songs from the show, has recently been released on Wild Goose records. For further information go to www.exmouthshantymen.com.

Save The Date -- and Get Involved with a New Activity!



Love Topsham's *Join the Club* is back on Sunday 8th May. With over 20 clubs on board looking for members and volunteers from inside and outside Topsham, this is a day not to be missed. There will be stalls in Matthews Hall for all the participants, and exhibitions and demos elsewhere in Topsham on the day. This is a great opportunity for people to come to their favourite estuary town and see how active the community is -- living within Topsham is not a necessity and most of our groups love the thought of new members with new energy and ideas.

Whether it's bowls or walking rugby, joining the Estuary Players amateur dramatic group or becoming a volunteer at Topsham Museum -- or whether it's just to see all that's on offer, 8th May is a definite diary date for you.

And if you are already involved in a group within Topsham, and haven't already signed up for a free stall on the day, then please email lovetopsham@gmail.com and check out more details of *Join the Club* on our website, lovetopsham.co.uk.

Thanks for reading this month's update and have a great April. From your Love Topsham Team.



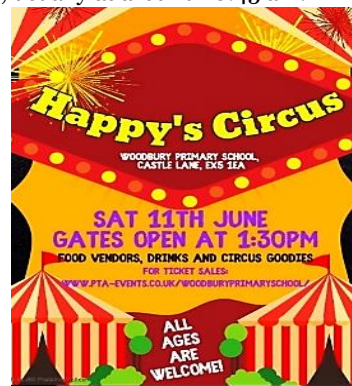
Photo credit Nick Hook

The Exeter Forum Talks Programme: 6th and 13th April 2022



The Exeter Forum weekly talks take place on Wednesdays at the Mint Methodist Church in Fore Street, Exeter. Members get together from 10.15 am. After time for coffee and socialising, the talk starts, usually at around 10.45 am.

Date	Speaker	Title
6 th April	Keith Walton	<i>Exeter's Historic Churches and Their Roles in Mediaeval Times</i>
13 th April	Martin Young and Jonathan Smith	<i>Chernobyl and its Effect on the Local Environment</i> Martin and Jonathan will look at the legacy of the Chernobyl nuclear accident in 1986 and particularly its on-going effects on the local environment.



Estuary League of Friends



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09:30am mins 12months
10:30am Preschool 2 yrs - 5yrs
11:30am Babies Breath - walking

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Mail: friends@robodog.co.uk
Find us on Facebook: <https://www.facebook.com/PhonicswithColourBags/>

Baby Massage

To find out more or book in for a session please email Sally: sallybabymassage@gmail.com

What are the benefits of infant massage?
• Encourage interaction between you and your baby
• Help your baby relax and sleep
• Positively affect infant hormones that control stress.
• Reduce crying

Shopping Trips

The next shopping trip dates will be:

Monday 17th January
Monday 31st January
Monday 14th February
Monday 28th February

If you would like to attend these shopping dates, please call us on 01392 879009 and we will get you booked in with George.

Thank you.

It's Tea Time!

Please join us for a 'socially distanced' friendship group. We will be offering a 2 course meal and take home afternoon tea for £9 per person.

21st January
27th January
3rd February
10th February

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RDVP 01392 879009

VOLUNTEER TODAY

Estuary League of Friends are in search of volunteers who are willing to help with:

Transporting clients to hospital appointments
Providing assistance with IT
Hot Meal Deliveries

If you are interested in the rich and rewarding experience of volunteering for a charity, look no further than Estuary!

Call us today on 01392 879009, we're eager to hear from you.

Jigsaw PUZZLES

Choose from our catalogue of 60+ puzzles and book them out for either 1, 2 or 3 weeks for only 50p a time!

Please ask the receptionist at Nancy Potter House to browse our puzzle catalogue.

We have a range of large piece puzzles available!

theWI INSPIRING WOMEN Topsham

All ABOUT

Come and join us on Tuesday 11th January Nancy Potter House 7pm to meet Rachel Dunn.

Rachel designs and hand-creates bespoke fascinators, hats and bags in a range of styles, colours and fabrics. Each item is individually crafted to ensure a perfect colour match to complement and enhance any outfit. All her accessories are handmade to order in Devon using only the highest quality, locally-sourced materials.

Needle Craft Group

Held in the Bradbury Cafe at Nancy Potter House, Topsham.

Wednesday mornings from 10:00am - 12:00pm.

Why not come along and join in?

New members welcomed!

THE BRUNCH CLUB

Come along to our Brunch club and enjoy a freshly cooked full English breakfast!

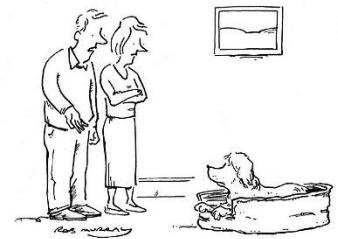
Served with a choice of tea or coffee and a glass of juice.

£7.00 per person.

Held every Friday in the Bradbury cafe 10am - 12pm

Monthly Giggle

I ordered a glass of wine with dinner and the waiter asked for my ID. I replied, 'Do I look that young?' The waiter said, 'No, I just wanted to see if you qualify for the senior citizen discount.' [Thanks to Lesley Richardson.]



Every weekend my relatives come round to our house and we make sweaters - you could say that we're a very close-knit family.

"You've been living here rent-free for 18 years; we just think it's about time you got a job."

Man: Little girl, I'm looking for a small black and white dog with only one eye.
Little girl: If he's small, perhaps you should use both eyes.

I'm getting fed up with constant complaints about high prices: £3 for a coffee, £2 for a tea, £1.75 for a slice of cake, £2.50 car parking, etc. Well, if it continues, I'm going to stop asking my friends to visit!

I met a man carrying two heavy suitcases full of prosthetic ears. I said, 'That's a lot of luggage.'

Chris Isaac
Carpenter

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WCMC SERVICES APRIL 2022

Sunday 3rd April

11-15 AYL Morning Worship
 09-30 WST Holy Communion
 09-30 CSM Breakfast family service
 11-15 WBY Holy Communion
 16-00 EXT Evening Worship

Sunday 10th April: Palm Sunday

09-30 EXT Holy Communion
 11-15 FAR Holy Communion
 09-30 CSG Family service
 18-30 WBY Cross of Christ

Thursday 14th April: Maundy Thursday

14-00 EXT Washing of Feet with Holy Communion
 19-00 FAR Stripping the Altar Tenebrae

Friday 15th April: Good Friday

09-30 CSM Cross of Christ
 09-30 WST Good Friday Play (children's activity)
 15-00 CSG Meditation

Sunday 17th April: Easter Sunday

06-00 EXT Dawn Service
 11-15 AYL Holy Communion
 09-30 CSM Holy Communion
 09-30 FAR Holy Communion
 11-15 WBY Holy Communion
 09-30 CSG Holy Communion

Sunday 24th April

11-15 CSG Holy Communion
 15-00 CSG Nones
 09-30 FAR Morning Worship
 10-30 WBY Café Church

Week 1

Carolyn Keep
 Rev'd Margaret
 Christine Grist
 Rev'd Bill
 Rev'd Roz Harrison

Week 2

Rev'd Margaret
 Rev'd Bill
 TBA
 Lay Led

Rev'd Bill and Rev'd Margaret
 Rev'd Bill

Lay Led
 Lay Led and Rev'd Bill
 Rev'd Bill and Carolyn Keep

Week 3

Rev'd Bill
 Rev'd Margaret
 Rev'd Bill
 Rev'd Margaret
 Rev'd Sid Humphries
 Rev'd Peter Nickols-Rawle

Week 4

Rev'd Peter Nickols-Rawle
 Lay Led
 Carolyn Keep
 Lay Led

AYL Aylesbeare FAR Farringtondon EXT Exton WST Woodbury Salterton

WBY Woodbury CSG Clyst St George CSM Clyst St Mary

For all pastoral matters please ring Rev'd Bill on 01395 232161. For anything else, please contact Admin Officer, Jill at dupain@hotmail.co.uk.

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